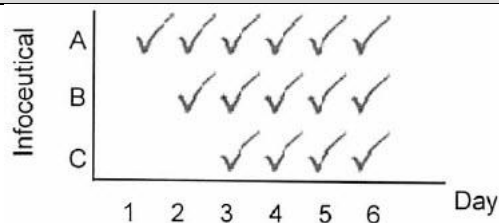


## Infoceutical Usage



### Time

Infoceuticals can be taken at any time of the day. Energizing Infoceuticals, such as Cell Driver, may be better suited to the morning or mid-day; others, like Nerve Driver or ES-8 (Chill), may be more efficient in the evening before bedtime. Review the help files and course materials for each Infoceutical in this regard.

### Drivers

When taking multiple Drivers, start with the lowest Driver number first and work up.

### Detox

The first 7 to 10 days of taking Drivers may produce detox reactions. During this time, introduce only one new Driver per day and get clients to drink plenty of water.

### Damaged Organs

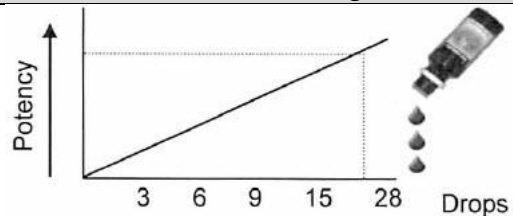
Do not directly target pathologically damaged organs. For example, with hepatitis, do not use Liver Driver.

### Integrators

When taking multiple Integrators, start with the lowest Integrator number first and work up.

### Number of Infoceuticals

Four Infoceuticals are usually sufficient, six is a maximum. A few appropriate Infoceuticals are far more effective. Each Infoceutical has multiple actions.



### Golden Rule

If a client notices a reaction at any dosage rate, then stay at that rate and do not exceed.

### Mixing

Mixing Infoceuticals together can produce unpredictable results, so do not do so.

### Drops/Dosage

Optimum dose is 3, 6, 9, 15, or 28 drops. The more drops, the more potent the effect. Start with a low number of drops and slowly increase. Use the help files, course materials, and Infoceutical Summary Charts for formulating dosage rates.

### Water

Put drops into a glass of spring water and drink at once.

### Alcohol

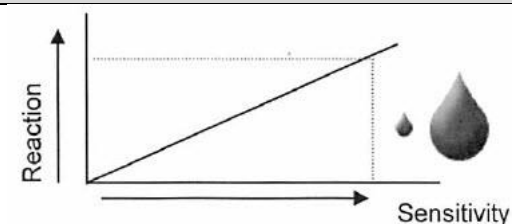
If alcohol (as a preservative in the Infoceuticals) is an issue, place the drops in a glass of warm water (one glass per Infoceutical) and leave for two hours. The alcohol will evaporate.

### Waiting Between Infoceuticals

It is recommended to wait at least 2 minutes between taking each Infoceutical.

### Storage

Unopened bottles can be stored for two years. Once opened, they should be kept only for two months to avoid risk of contamination. It is preferable to refrigerate Infoceuticals.



### Sensitivities

Client sensitivities to NES Infoceuticals vary. You will not know how sensitive they are until they start taking them. If a client notices a reaction to an Infoceutical within ten minutes of taking it, consider them sensitive.

### Sensitive/Frail Clients

If the client is frail, weak, has a poor constitution, or is hypersensitive, then use only 1 or 2 Infoceuticals in a protocol. Infoceuticals can be applied topically to the inside of the wrist for extremely sensitive people.

### Children and Pregnancy

Caution. Only work with children under six years of age or pregnant women if you are qualified to do so. Infants: 1 drop only on skin. Children over six: 1, 3, or 6 drops. Pregnancy/breast feeding – do not use.

### Strong Reaction

If there is a strong reaction to an Infoceutical, stop taking it. ESR can be used to help the client feel better and reduce the stress effects of a strong reaction. ED-1 (Source Driver) can be used to re-energize the client if he/she has become weakened. Drink plenty of water. Restart Infoceuticals after three days.

### ED-11 (Liver Driver), ED-13 (Immunity Driver), and ED-15 (Pancreas Driver)

These Drivers have cautionary guidelines. Refer to help files and course materials for cautions when using these Infoceuticals.