



EPISODE #209

ALL ABOUT THE REVOLUTIONARY MIHEALTH PEMF HANDHELD DEVICE WITH CYRIL BOURKE

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Wendy Myers:

Hello, my name is Wendy Myers. Thank you so much for joining us for the Live to 110 Podcast. You can learn more about me at Liveto110.com and check out my detox program at MineralPower.com.

Today, we have a friend and very special guest, Cyril Burke. He's the CEO of NES Australia. And he helped develop a device called the MiHealth. This is a PEMF device, a pulse electromagnetic field device, which does a number of other things.

I've been using one since last August. And I've just been blown away by my results. And I recommend one and a NES health bioenergetic program to all of my clients.

He's going to be talking to us today about what it does, how it improves your health, and the number of different settings that the MiHealth device has on it and how they help your health. Very, very interesting program today.

But before we get into the show, we have to do the disclaimer. Please keep in mind this program is not intended to diagnose or treat any disease or health condition and is not a substitute for professional medical advice. Please consult your healthcare practitioner before engaging in anything that we suggest today on the show.

Our guests today, Cyril Burke, is the CEO of NES Australia. He became CEO in 2014. Cyril first



became involved with the complementary health industry after suffering a combination of long-term chronic and acute illnesses. After exhausting his options available within the mainstream medical system, he found dramatic health improvements from an energetic complementary alternative therapy. This so impressed him that he changed his career from engineering to energetic healthcare.

Cyril now brings his understanding of science and industrial and electronic engineering to the leading edge of healthcare, and delivers therapy and practitioner training with enthusiasm and passion. I've been to one of his advanced MiHealth trainings; it was fantastic.

Cyril is a SCENAR Institute recognized trainer from 2009 to 2014 as well as a NES Health practitioner and trainer. He's an inspirational teacher and motivator to therapists excelling in technical and practical delivery of therapy.

You can learn more about Cyril Burke at [NESHealth.com](http://NESHealth.com).

If you haven't bought it already, please check out my book, *Limitless Energy*, on Amazon. In this book, I talk about how certain metals called aluminum, arsenic, tin thallium, and cesium poison enzymes that transport nutrients into our mitochondria which make our bodies' energy. And if you have certain metal toxicities, you are going to be at a limited capacity to make the amount of energy your body is capable of. And I talk about this in the book. I go into detail about each metal, how they impact your body's health, and how to detox them from your body to improve your body's energy levels.

Please check it out at [Amazon .com](http://Amazon.com).

Cyril, thank you so much for coming on the show.

Cyril Bourke:

Good morning, Wendy. It's great to see you.

## 03:36 ABOUT CYRIL BOURKE

Wendy Myers:

Why don't you tell the listeners a little bit about yourself and how you got into bioenergetic.

Cyril Bourke:

Certainly! Well, I guess at the very beginning I had no interest in healthcare whatsoever. I was an



engineer for various industries, from the oil and gas industry to the electronics industry in the military. And I was just living my life, et cetera.

And I had an accident. I guillotined two fingers. They were reassembled, and they did a beautiful job. But unfortunately, from that point on, I started getting digestive tract failure and all sorts of metabolic process problems in my large intestine. And everything else went to pieces.

At that time, I didn't realize the link between energetics and the physical accident and the symptoms I was getting later. It took me about four years to really run out of options with the medical system, and then realized what actually helped me was a treatment to my hand directly where the scarring was and where everything had been damaged.

Within weeks, my digestive tract started to repair. [My] ulcerative colitis, Crohn's disease and all these things resolved within about three weeks. I suddenly realized that the gastroenterologists and the team that was supporting me really were very focused only on pharmacy, and they had no concept or even acceptance that energetics that had been observed for over 4000 years by the Chinese and others was actually the cause, the problem with the damage on my hands.

So, when my hand was treated specifically to connect up that pathway in my hand, suddenly my digestive tract repaired. And it opened an amazing new world for me.

I actually ended up rebelling against the, shall we say, traditional system. When I went to see the gastroenterologist and said, "Look, you've been treating me for four years, and you had no form of support other than just keep taking this pill," and when I provided him with the thing that resolved it for me, he didn't want to know. And the receptionist said, "Well, he's got over 400 patients on that one drug. He's never going to listen to anything else," the penny dropped, as they say.

I suddenly reapplied my engineering and technical background to healthcare and started studying and started providing it to others. I realized, just like me, lots of perfectly intelligent people are pigeonholed into a system that actually may not be the most suitable all the time for them.

And that's what happened. I ended up becoming a pain management therapist using biofeedback. And eventually, I became a NES practitioner. I actually was introduced to NES and trained and suddenly found the combination was phenomenal. It was working so well in the clinic; and it's been eight or nine years now.



I've been involved with NES and biofeedback in various manners—teaching, as well as providing in clinic.

## 06:49 THE MIHEALTH DEVICE

Wendy Myers:

So, you developed a PEMF (pulse electromagnetic field) device called the MiHealth. And this is a device used on NES Health bioenergetic program (it doesn't have to be used on the program, but it's certainly complimentary. And I use mine every single day). Can you tell us what exactly that is?

Cyril Bourke:

Well, the MiHealth, I was part of the team that put that together. And it was quite a comprehensive team of professors and doctors and engineers and the whole mixture of people globally. Harry Massey put that team together, and Peter Fraser's work, one of the original creators of NES, basically, they put this team together to build a biofeedback device.

Now, my experience was with the SCENAR (as you recognized). And that was a device that came out of Russia in about the late '80s. Now, that was an excellent starting point for biofeedback. It had some really great results for what it was doing. But we realized very quickly there were ways of improving that type of technology.

Instead of just a device that was mimicking the afferent and efferent nerve, we were able to apply additional information too. We were using the NES information. We realized we could apply global scaling information. So you have corrected frequencies. You could apply a PEMF, a pulse post electromagnetic field.

So, the Russians I guess had found one portion of useful electrical therapy. And what we did is we added more and more tools to it. So it was a stepping stone—and rightly so. It was a significant one. They did a very good job., And for the late 1980s, that was tremendous. But now, there's certainly more technologies and knowledge related to how the body interacts. And NES basically put it all together into one package. And even most recently, that one package is able to now do remote scanning globally.

So, I was very, very lucky to be part of the team that developed the MiHealth device. And I actually had the honor of presenting it for the first time in Dusseldorf in Germany when it was released to the European public. So I actually was able to stand onstage and do the practicals and show the

public what it was like and how to apply it, and show what we've been doing in clinic during the research period. So yeah, I was very glad to be part of that process.

And it's still evolving today. We're still updating and evaluating how to make these technologies better and better. And NES had been doing that for 15 years continuously, reinventing and researching and developing the latest technology for home and clinical use.

Wendy Myers:

Yeah, I know. Harry is always meeting with bioenergetic researchers around the world and trying to find people that are doing this unbelievable cutting-edge research in bioenergetics which I really think is the future of healthcare and the future of medicine.

As we know, conventional medicine is typically very, very behind the times when it comes to actually addressing the underlying root causes of people's health issues.

## 10:14 HOW TO USE THE MIHEALTH DEVICE

Wendy Myers:

So, the MiHealth device has three different functions. I want to talk about all of those in detail, so that people understand the power that this device has.

I'm going to hold one up here for anyone watching the video on YouTube. It's this little handheld device, my little pocket doctor. I use this thing every single day. I love it. And I want to clarify what exactly this device does.

So, you can use it on-body where it's actually touching your body, touching your skin in various ways. You can use it off-body where you set it on a function and you can use it off your body, use it to elicit an effect on your body while it's actually not touching it. And then, you can also use it to do a NES health scan.

So, let's talk first about on body when it's actually touching your skin with these two little electrodes. What exactly is it doing?

Cyril Bourke:

Okay. Well, the first thing it's doing is it looks at the condition of the skin. It actually makes a reading. And then, it starts comparing that reading with everything around it. So as you move the device, what happens is it's looking for a real time asymmetry. Symmetry is where two things are the same, and then asymmetry is when one area is different. And it literally is fast enough



to recognize where dermatomes and other areas literally are giving us a different reaction in the surface, the electrical dynamics of the skin.

Now, they tend to always relate to an area where we can create a reaction, a response, a stimulation. You see high premier in the skin which is like a pinkening where the circulation picks up and hormones and circulation are suddenly activated. The body is engaged in the area. It effectively puts that area of the body back on the maintenance list.

Now, what's wonderful about that is if I draw that down your spine, for example, or put it above your abdominal and do a spiral or so, what happens is, very quickly, within seconds, it latches on to areas of the body. And you've probably found this, Wendy, where it feels like a magnet. It feels like it stuck straight to the body. And then, it will ignore another area completely. That really rapidly escalates the amount of change you get. You're not wasting time anywhere that's not needed. It literally will tell you where to go. It will stick to that area and allow you to stimulate that area.

Now, the biofeedback is basically monitoring the condition of the skin, and then changing elements of an algorithm, firing new information back into the body. So, what sort of information is it putting in?

Well, you've got the frequency of which it's delivered (as in cycles per second), and we have what we call global scaling. And this is the first of the unique things about the MiHealth device. It's not functioning on what is the traditional biofeedback settings; it's specifically set for global scaling.

That was brought to us. We were educated by Milo Wolff and others related to how global scaling can support function, growth, and efficiency of information transfer. And that was originally worked out by the Russian military. And then, Milo Wolff joined the American Space Station and we'll just say space agency work. And then, after about 10 years of being involved with America, he was able to start talking about what he'd been working with with the Russians—and global scaling was one of the.

And Prof. Fraser and he spoke and shared understanding related to those. And we ended up building it into the MiHealth device. And as far as I'm aware, there isn't any other device in the world using global scaling frequencies. So that's one unique element.

And they provide efficiency points where you get results where you could be a very close frequency to it and not get the results. These were very, very precise frequencies that supported everything from cellular function to organs to emotional states. So these were very exact frequencies that have been built into the MiHealth device. But that's only the delivery rate.

Wendy Myers:

Now, let me just clarify one thing. So, the global scaling, what we're doing is delivering information to the body, corrective information. A lot of people listening probably don't have any idea what any of this stuff is. And just simply put, the MiHealth device, depending on what setting you put it on (there are about 200 different functions), it's delivering correct operating instructions to your body. And it's doing that on energy waves, these global scalar waves. Correct?

Cyril Bourke:

Yeah, we're writing information over the top of these very efficient frequencies. So you've got the frequency that delivers it, so to speak, to the body, and then you have information that you put upon that frequency, a little bit like music upon a radio station.

So, the music in this case is Peter Fraser's body field information where he specifically targeted and found patterns that supported natural function. So instead of providing, shall we say, poisons or toxins or agitation to the body, we're actually providing the exact information that's missing. And we do that because we do a scan.

And that takes us to what the MiHealth can do plugged into our remote scanning or a practitioner software. It can take an imprint to the body field, compare it to the patterns that Peter Fraser decoded, and then we're able to work out which ones are missing or need supporting, and we can then re-imprint the body with it:

One is by putting it on the body itself through the electrodes. You feel a little tingle. But actually, it gets quite nice. You actually yearn for it occasionally when you've got discomfort. It'll actually go in, reset the body's functions, place Peter Fraser's patterns on that signal. And at the same time it's delivering the biofeedback, it's also producing a PEMF simultaneously. And we can disengage the electrodes by pressing one of the touchscreen buttons on the MiHealth, and then it becomes a pure PEMF.

So, the PEMF is the field that's being developed by the device. And we can choose if we want just to have that element as well.

I'll give you an example. If you wanted to treat, let's say, a large animal or a very nervous person or a child, sometimes you might not want to apply the device directly onto the skin at that point. But just being in proximity of the device, it's starting to interact with their body field, and that's starting to provide corrective information.

So, it gives much more flexibility for someone when they're in clinic or at home. They don't have to be on the body all the time. They can just place it on their desk or have it next to them. So it gives great flexibility. And it means you can treat anybody. You either touch them or you don't. The device is still making great headways with corrective information.

## 17:41 THE HUMAN BODY FIELD

Wendy Myers:

And you said the device is interacting with the human body field. Can you just explain that a little bit for anyone that may not be familiar with bioenergetics?

Cyril Bourke:

Certainly! Well, everything produces a field. Even a single electron in space vibrating, it produces a field of energy going out in every direction. And we're obviously a whole cluster of information patterns.

Now, Peter Fraser did a field analysis working out what energy do we generate. We obviously have organs individually. We have eyes and organs and skin and bones, et cetera. They have individual fields. But when we push them all together, we have a whole body composite. Now Peter was able to read that pattern and deduce which elements are functioning within its expected range within those radiated patterns.

Others maybe have lower quality distortions, maybe even holes, in those patterns. We were able to recognize those, and then re-imprint them (put that information back).

So, the body field then has like a jigsaw puzzle. The missing pieces are placed back. And suddenly, you've got the whole picture—and in our case, the whole body field. That allows the body to escalate its own recovery, its own repairs. So it's using its own operating system.

Wendy Myers:

And that's the beauty of NES. NES bioenergetics is not treating the body, so to speak, it's just getting these energetic blockages out of the way, identifying them and clearing them, so that the body can heal itself. It's just so brilliant!



Cyril Bourke:

Oh, it's remarkable. It really is remarkable when you start using it in-clinic. I've used it for eight years in-clinic, and it's astounding what sorts of things go on.

It's non-invasive. It's non-threatening. It's very fast. To be honest, it's very low cost. It's it's an ideal tool. You can build a clinic entirely around the NES system or you can have it as an adjunct to anything else you're doing.

I mean, chiropractors, vets, GP's, MD's, as well as homeopaths, dieticians, sports exercise people, message, therapists, the range of people who are using NES is phenomenal because they all adapt the process for their own client base.

## 20:04 THE MIHEALTH DEVICE IN ACTION

Wendy Myers:

And so, let's talk a little bit about how you used to use it. You used to have the Zap House for many, many years. Can we talk about that, some of the things that you saw when you were using it in your clinic?

Cyril Bourke:

Oh, look... gee... so many things that went on. Look, the Zap House was renowned for the "speed of change" because the "zap" to us was actually fast energy transfer. That's what it was.

For many people, zap was maybe having a shock or something of this nature. But as soon as they got in the place, they realize what it was about. It was about rapid changes. And you've seen me onstage and the master classes, how we treat. It's very dynamic. It's to the point, go for it. Often, we'll say, "Point to it. Take your finger, point to the problem. Let's go for it" because you can be as fast as that.

The NES scanning system only takes 10 seconds or so. It's remarkably fast. And with that, it applies an algorithm. So we would bring a client in, have a chat with them about what they're asking for, what they think we can provide for them, whether it's pain relief or support with digestion, or weight loss, or whatever their concern might be. We used to get patients with multiple sclerosis and all sorts of significant conditions.

Now, we would apply the NES system to support their body field. So we weren't treating disease specifically. We are actually treating everybody in the same process. We would scan them which involves them placing their hand either on a MiHealth or one of our professional scanners. And in



10 seconds, we've got an imprint of their body field which then the computer looks at through the ProVision software. And right in front of them on the screen, they could see what's happening in each area.

And the areas we would look at would be like gross energy distortion such as big field distortions which are generally related to geopathic stress, living in airconditioning, the WiFi world we live in, and things of this nature. They will have an impact on how gross energies distort things with us.

I'm talking about maybe polarity where we're holding much stronger charges than we were intended in our body, beliefs that that might be an injury, so it then puts you in a detox stay, and eventually, you get into exhaustion because you are continuously dealing with that high polarity state. So grounding, it shows us grounding information. And these are all indicators on the screen instantly shown to the client, so we can start talking to them about their lifestyle, whether they swim, whether they get in the sea, whether they ground themselves, or if it's simpler to use the NES infoceutical to discharge some of those positive gross energies, huge energies.

And then, the next layer, we'd look at things that relate to energetic drivers which are embryonic stages. These are patterns designed to support the growth patterns that originally would have been from a cytotblast all the way through to a child being born, et cetera. But in an adult, those same energies are used to maintain a health throughout our life. So we're able to recognize those embryonic steps and provide them as NES drivers.

And there are, again, infoceuticals that come in a little bottle. And straight away, we can recognize which ones are most suitable.

But let's say you've got two areas, your heart and your lungs. Maybe they've got great energy individually. But the next step is when you start running around and functioning during your day. Are they connecting correctly? Are you getting more oxygen and more pumping when you demand it, when you start running up a hill? And that coordination we refer to as integration, energetic integration.

And they run parallel with the concept of meridians. So meridians are seen to be carrying energy from one place to another. Well, Peter actually found an awful lot more information in the body related to integrating energy. He put these into a whole section within the NES scan called "energetic integrators." And again, there are infoceuticals that can be provided to a client.



Then we had an area looking at pathogens. We call them "energetic terrains." And this is where maybe you start getting out of proportion with fungi, for example, and viruses and things that may influence organs to not function in the way they should be. So we're able to see those in the scan. And then we're able to help the body by recognizing those with the infoceuticals again.

There's another area called "energetic stars" which are like a network, like a mini Internet in the body which aren't running in the same manner as the meridians or, as we refer to them, the integrators, but they're still networking survival systems of the body.

So, Peter had found many categories of energetic terrain on different, shall we say, volumes and qualities in the body. And we were able to reapply those.

His crowning jewel really, I believe, were probably the brain holograms, one of the final works that he was involved in where he was able to look at shock conflicts. Someone has an event occur in their life—whether it's as a child or an adult or anywhere in between—and we see those in the brain having an impact and effectively interrupting brain relay, so to speak, energetic pathways, that eventually lead to chronic conditions and disease.

Well, instead of treating the disease, waiting for that to occur, NES is able to actually see where the blockages are in the brain and start supporting the real relief and removal of those blockages with the infoceuticals. And then, suddenly, you get huge changes in emotional state, how people present themselves, how they think about things. Their levels of stress change. And we basically support them through to a beautiful state of recovery, instead of waiting for them to become ill and then deal with symptoms.

So, the brain holograms are remarkable. And I've used them with veterans and people who have suffered violent crimes, people who have come out of penitentiaries who've had diabolical experiences within those systems. And often, they're incapable of describing what's happened, particularly some of the rape victims, et cetera, where they've been not willing to discuss, and they haven't settled down to how they'll handle that in their lives.

But with the scanning system, we don't have to ask them what's happened. They don't have to divulge anything. We can just ask them to relax, have a think about the things they want to change or remove or deal with. And then, we get them to put their hand on the MiHealth or the scanner. And within 10 seconds, we've got their body field. And that body field pattern, we

can relate to the infoceuticals and start using the priority system to decide how we're going to support them. And over the space of several weeks, they'll see changes in those energy disturbances using the infoceuticals.

So, the scan interacting with the MiHealth from deciding infoceutical usage and from the first page of the scam, we can directly print body field information with the MiHealth as well.

Wendy Myers:

And that's why I absolutely love the NES Health system. For me, personally, I felt like my health was in a place. I've been working for years and years and years on my health, my diet, exercise, supplementation and rest. I have reached all my health goals health-wise, physically-wise. But mentally, I just wasn't there.

I had been divorced recently, maybe a year before finding NES. I wasn't dealing with stress very well. I was having some issues asleep. I just felt frustrated and angry at times just dealing with life. I didn't really know how to go about addressing it. I've had all these years of talk therapy, and I just didn't want to go back there. I felt like I'd been there, done that.

And NES helped me to go from here to here. It helped me just kind of go over that hurdle mentally and deal with a lot of the mental stuff I had with such little effort just following the protocols and doing the MiHealth and taking the infoceuticals. It was really remarkable.

Wendy Myers:

Yeah. Look, it is, as soon as someone starts using the infoceuticals. When someone's inquiring, they often say, "Well, I want to test them for myself. I want to see they work" and all these. And that's absolutely fine. I absolutely encourage that. And then, days later, people say, "Oh, my god! They changed my life. They've done this. They've done this. "I'm feeling all this energy. I'm feeling this change." And you suddenly go from someone inquiring, skeptical, not really sure to "Holy Ghost! This has really changed my life." That's the most common thing people come back with. We quite enjoy that process of exploration for them.

## 29:19 THE ENERGETIC REJUVENATORS

Wendy Myers:

And so, when you do the scan, you'll start with the NES Health scan. And then, on that scan, you'll see the ER's. They're called "energetic rejuvenators." And you're looking at the MiHealth, there's about 70 ER's in the MiHealth. So tell us what those are exactly, the 70 different ER's, and how



they elicit change in the body?

Cyril Bourke:

Well, if I went down the whole list, we'd be here all day.

Wendy Myers:

No, just general.

Cyril Bourke:

But effectively, what's happened is we've been able to put together composites. They've all got numbers. And the reasons they've got numbers is because we had to give them a code because a single word didn't actually successfully encompass really what each function was. We've put them on the menu, so they've got one area words, so to speak, like heart, lung, foot, ankle, knee, et cetera, which might be the physical location. But in fact, within them, some of them have got one, some of them have got two, some of them have got three integrators. That's information patterns running and operating like a meridian. So, they've got patterning information opening up areas related to that physical tissue area.

Some of them have got brain holograms in there, the brain elements that interact with that physical tissue. Some of them have got several brain holograms and several integrators in there. So what's happened is we've stacked information on top of each other, and we operate in what we call "processions."

So, you'll feel frequency changes. It might go from a low frequency to a medium frequency to a high frequency. And that'll be stepping from one global scaling frequency to the other to be as efficient as possible at delivering the information. And then, each one individually will have its own special patterns for maybe the area of the body we're targeting that's come from the scan, as well as the integrators linking them together, as well as maybe brain hologram information.

Each one is a masterpiece of informational layering within the device. And you can apply it, as I've said, directly on the body with the electrodes, or we can have it radiating from a pattern if it's just on the desk in front of you or in your pocket, for example.

In fact, a really good example of the off-body is one of our international riders who does event riding. He does show jumping, cross-country, and dressage literally at the top level. He's obviously nervous and anxious sometimes before going in the arena (even though he's a full time professional).

So, to calm himself, he'll run the MiHealth, and he'll put it in his pocket. So he'll calm, but the

horse responds to it too. So, the two of them will calm down.

So, on a three-day event, for example, a horse may be running across the countryside, jumping huge house-sized jumps, speeding through the countryside, and really having a full excitement. I guess you're looking the animal into parasympathetic where it's fleeing almost. It's running through its natural cycle of running, jumping and achieving huge cross-country events.

Now, for that same animal to be calmed down so much the following day to do dressage where it would literally step individual steps in a perfect pattern for its marking, it involves a completely different emotional set for that animal and the rider. So within that discipline, literally, they're able to calm the animals down and monitor the type of stresses that are going on, get the most perfect relaxed state, allowing the animal to concentrate and not be distracted by audiences and things like this.

And the rider also goes through that same process. We've got riders who are scanning the animal with the Animal Wellness System. So we've got the animal system and you've got the human system. So the rider and the animal are scanned together. And then they load patterns into the device, so that they're supporting both simultaneously during an event.

This is like a leading edge. It doesn't exist anywhere else where this type of technology is being used in a totally non-invasive way.

One of the YouTube's that you may have seen is me treating a bull in Michigan.

Wendy Myers: I have seen that one.

Wendy Myers: I get so much mail and so much comment about it because, in real time—it's easy to find. It's just on YouTube. It's called calming a bull with MiHealth—you'll see a 5000 lb. bull, it's about seven feet to its head (in fact, it's over seven feet), it had a reputation for really hurting vets and wrecking things for the farmers.

Wendy Myers: Didn't it break one of the vet's collar bones because it kicked him?

Cyril Bourke: His cheek bone and his collar bone, yes. They flew me to Chicago and they drove me across three states to get me to this bull. And around a minute, you'll see the animal go from swinging its head like a steam hammer trying to kill me effectively to, a minute later, I've got my hands behind his

ears, it's muzzle is in my hand, it's drooling, it's relaxed. It's so calm.

The farmers were just knocked away. They just couldn't believe that it could calm down. It was as if we had shot it with a tranquilizer.

What we've done is take the stress out of the animal, make it much safer for anybody to handle it, much better for the animal. We were trying to work with it for sperm mobility actually for breeding stock to start looking at how we can improve his body field patterns and to get better mobility for sperm, et cetera, for straws to be sent overseas for breeding.

So, there was a structured plan in place. And we were able to do that because the MiHealth was such a non-invasive and immediate change for the animal, which is a fantastic tool to work with.

Wendy Myers:

And when I was at the training with you, part of our training was you guys that brought in this animal zoo, so that we could how to work with animals. I love this! I use the NES Health program and my MiHealth on my dogs. Both my dogs—well, one of them was really quite sick, and the other one had a swollen saliva gland that the vet wanted to do surgery on to remove. I was able to resolve all my health issues for my own pets and save thousands of dollars in vet bills as a result and I helped them to feel better.

And so when we're doing the training in Memphis, there was a llama. You used the MiHealth on one of the llamas. You put it on—I don't know what setting you had, maybe Chill or something—and the llama just melted. He just started to lay down on the ground. Within 30 seconds, he got really relaxed. It's just a beautiful thing to see, how quickly the MiHealth device elicits a response in humans and animals.

Cyril Bourke:

It is! And fact, in that case, that llama was surrounded by maybe 30 or 40 people, and it still just went, "Ah, I just want to lie down now," which was wonderful. But we've had bulls, we've had a llama. We've had a zebra. It was the first time I treated a zebra there. There were so many different animals. They all had the same response to some degree or other. Even the chicken and everybody else, everything we had there just responded beautifully.

Wendy Myers:

I missed you treating the chicken. I knew there were rabbits. I mean, there's like every kind of animal there that you can conceivably treat with the MiHealth and with NES Health.

Cyril Bourke:

Well, with the off-body settings, yes, you can. And we've done experiments here with laying and

things of this nature where we put infoceuticals into their water.

And we've recently had some keets which are a guinea fowl, juvenile guinea fowls. They're normally very, very flighty. They're a gain bird means they'll do their very best to run away, jump in a tree, hide. They're not like chickens where they can come up and they want to interact with you. The keets are very much just-run-and-hide straightaway. Innately, that's what they are.

And we've been able to change some of their behavior, so they're not as flighty, not as likely to hurt themselves, going in and out of pens. And they're free every day. They're out the door in the morning, they all go off, and then they come back again, which is quite remarkable for a game.

Wendy Myers:

They want their MiHealth treatments.

Cyril Bourke:

They're certainly getting some reaction from it. So it does make things easier from that point of view.

We don't know the limits of the technology. What we do know is that it harmonizes function, it harmonizes stress, which are the first things you need to start getting recovery. The device isn't healing you; the device is allowing you to heal yourself. And that's vital to realize.

So, virtually anything can be supported with this technology because we are not treating anything. We are supporting the body's natural function. And the body then gets on with its own recovery which means you can apply it to anything and see changes in anything. And it's all controlled by the body itself which is wonderful.

## 39:17 FUNCTIONS

Wendy Myers:

So, let's go through some of the functions the MiHealth does that you can use when you use one at home. I'm just going to demonstrate for any of the people watching the video.

I have it on the retina setting. This came up in my last scan. It's an ER setting. It's ER 53. And my retina keeps coming up for some reason consistently on my scans (probably because I'm blind as a bat). So I just put on the retina setting, just waved it over my eyes for two minutes, and that's all you do! That's kind of like a treatment that you do.



So, talk to us a little bit about that.

Cyril Bourke:

Look, the retina setting isn't just for the retina. What's happening is it's linking together some of the knowledge related to meridians, pathways, et cetera. And within the scan, we can see how the liver is supporting the eye. So it's actually using the pathways of the liver meridian. It's also treating the eye locally. It's also treating the liver locally. So it's doing a whole series of things.

And where I mentioned about composites where there are layers of information in the device, that's what we're getting benefit out of, layering it for a targeted support. And the reason you would've chosen that is because the scan is actually showing that's the, shall we say, the area that you're going to get most benefit to support. If it just said liver, then you would probably be working across your side and working on the liver area of it.

So, we're relying on the scan to give you the best direction to use the device. And as you say, that comes up on the ER's.

So, in this case, you're treating off-body, but you could use the reciprocals as well—as in the reciprocal to your head and face might be your chest or your abdominal. If you think of them as cavities, you've got the cranial, the thoracic and the abdominal cavity. So if you were to treat the abdominal cavity, for example, you're going to get a response in this area here as well.

And it's an extension of reflexology. I've had so many wonderful results in clinic where we just treated the hand of the patient...

Wendy Myers:

...or the feet.

Cyril Bourke:

Or the feet, yeah. We didn't need to even run to the area they were pointing at because they just had a great result. In fact, most recently, I did a demonstration in a pet shop where the owner of the pet shop had a headache, et cetera. And before putting the device anywhere on someone, I always tend to take them by the hand. I put the device in their hand and just rub their hand, so they get a sensation. And I say in training this is so that they get familiar with the sensation.

But if you treat a hand, and there's something they are uncomfortable with, they can close the hand or they can move the hand away. That means they're in charge, so to speak, and we're not superimposing it.



Now I do that to make them comfortable before maybe putting it on the back of their neck or somewhere like this. But with this lady, I just treated her hand. I was only there maybe 20 seconds. And she jumped up out of the chair, she swore at me in surprise, and she said, "My headache's gone! How did you do that? It was too much. It was too incredible. How did it happen?"

And what really she was seeing was we had treated the reflex in her hand. The device immediately stuck around the base of the thumb area and released her shoulders and neck. And her headache went away. She was so surprised. It only took a few seconds. She was thinking she'd have to treat her head and try and help it progress bit by bit because she'd had it for quite a while. But no, it was so fast. She was in surprise. She jumped up and really was shocked at how quickly it changed things.

So we were using just a simple treatment on the hand because the whole body field is like a holographic approach. It's the same information all over the body. And that's why with the scanning system, we can put it on the hand or we could put it on a child's abdominal, you can put it actually anywhere on the body, and it will see the same pattern and then analyze it for treatment.

Wendy Myers:

And I had a really interesting experience like that as well where I had developed a cold and I was pretty much—you know that feeling you get when you're going to get sick. I've been sick for most of the afternoon. I'm like, "Here we go, I'm going to get a cold the next couple days." My nose is running also very profusely.

I put it on CFI which is "cold and flu immunity." It's one of the immune settings on the MiHeart. I put it on my feet. And I was actually doing a training with Debbie Hart who is a master trainer. She told me to put it underneath my feet to work on this reflexology point, this hologram that's on the bottom our feet, that is reflective of our meridians in our body. So I put it on my feet.

And within 20 minutes, my cold was completely gone. My nose had stopped running.

And I've heard this story over and over and over. Can you explain that phenomenon?

Cyril Bourke:

Well, you were conscious of the type of symptoms that were coming up, et cetera. And ordinarily, we tend to have a fairly slow process of sleeping longer, feeling tired, and maybe feeling like we've got low energy for the next day or so (or two days) where drainage occurs and the body is putting

energy into sinuses and mucus and things of this nature. We're sort of accustomed to going through that cycle.

Well, with the MiHealth device, basically it was escalating that process so it was done in a few hours instead of a few days. Sometimes, a cold that might go on for several weeks can be brought down to a couple of days with a MiHealth device.

So, it speeds the whole process up. We're supporting the body to work out what it wants to do, then fulfill that process as quick as possible. So we haven't hidden the cycle. We haven't hidden the process. We haven't used a drug to prevent that process. We've actually allowed the body to do it as fast as it could. It reset everything. It was happy with the results, so we didn't perpetuate the problem. And it finished its drainage as quick as it wanted to and it was done.

So, that's effectively how we see it. We're not hiding those processes. We are actually forcing the body to get on with it as quick as possible. And that makes it very convenient for lifestyle events.

## 46:15 THE MIND FOLDER

Wendy Myers:

And then, there's also a folder on the MiHealth called Mind. And there are different settings in here. One's called ESR (emotional stress release), Inner Peace, Mental Clarity, Sleep, Liberator (for trauma, to help release trauma), Chill, and Love. And I use these settings constantly.

Can you talk a little bit maybe say about ESR and what that does?

Cyril Bourke:

Absolutely! The principle of working with the mind is—and it's been recognized for centuries. In fact, the Austrian doctor, Herring (1800-1880), he made up a series of things called Herring's Laws of Cure. And one of them, the primary one, was that the body heals from the mind, the emotions, the innermost organs. So if you want to change the stress in an organ, you've actually got to literally try to address the emotion that's being driven. And that's normally charged from the mind.

So, that mind folder is very helpful for supporting recovery very fast. We tend to look at it maybe in three different layers now. Now, ESR is an acronym for "emotional stress relief." Well, when we're in a superficial stress, let's say you've come to visit the clinic, you didn't know which way to go, you're on the wrong side of the road, you've just driven over a flower bed, and now you've



parked and you feel like, "Oh, gosh! What have I just done?", you've got superficial stress. You may have arrived late because you didn't know your way to the clinic, for example.

Now, they're all superficial. You know you're stressed. You know what's happening. And very soon, you'll forget about it, and you'll calm down again.

But what's happening in your body? That simple emotional event causes the digestive tract to start changing function as if you're going into a fight-and-flight. You're in an anxious state. Is somebody's going to come out and complain about the fact you drove on the pavement or on the flowers? Or is somebody going to question your timing? You've got this level of anxiety, but it's superficial. And it reacts with the gut.

Now, we're only designed to ever go into that state for maybe 15 minutes, as in nature only wanted you to have a tiger fall out of the tree, and then you either pounce on the tiger or the tiger pounces on you. Whatever it is, fifteen minutes, and it's all over. It's finished.

Now, we live our lives like that where the alarm clock goes off, we check our emails, we're in the traffic, we want to get to work. We've got a meeting. We've constantly got tigers falling all around us. So we don't just go 15 minutes again. We actually get a whole day, in fact, a whole week or a whole month or a whole year of tigers, and we don't go back into the resting cycle.

So, the infoceutical for SER actually tries to bring it back into a resting state within the digestive track. So that ESR is actually supporting superficial stress that normally interrupts with our digestive track. And that's that purpose.

Now, the next level of stress is the Chill infoceutical. That one is looking at, not cold and flu (we don't mean "chill" in that manner), we actually mean about cool, chill, relax, et cetera.

Wendy Myers:

That one keeps coming up for me. I have no idea why. But the Chill setting is coming for me because I need to chill out and relax.

Cyril Bourke:

Maybe you're not relaxing and chilling enough, yes. It's most common—and don't take this personally, but it normally comes with addictive behaviors. What happens is you may come out of superficial stress, but actually build up a more permanent set of stresses habit-related where you want to get here, you want to do that, you got to do this, and eventually, you create a stress level in all the organs related to getting something done. And long-term, it can distort the function of



organs so that people become addicted effectively.

They become addicted to that adrenaline. They get addicted to the side effects of distorting that organ function. Some of it might be smoking, some of it might be trying to get more endorphins, gambling, sex addicts, adrenaline junkies. They're people who want to get out there and do it.

So, your drive that you're constantly applying to what you do could be you feeding off like distorting an organ energy through that. Maybe that's why it's saying, "Come on! Just chill, just relax" because long-term, that's going to be much better for you.

So, that's the Chill infoceutical. And it's both in the MiHealth device—people can have a MiHealth and turn it on—and they can have it in a liquid form in the infoceuticals. And in fact, Chill, I believe is one of the feel-good infoceuticals which can be provided to people just easily across practitioners' counter. It's a very, very effective one.

And of course, whenever you're calming an organ down, sometimes you might sense some of the energies that have been involved in that organ keeping activated. So sometimes people sense some of the events or arguments or situations that may have brought it into a stressed state. And they often recognize that on the way of relaxing as well. It comes out of body almost like a mist of energy and understanding. So, it's with recognizing that.

So you've got two levels there. You've got superficial, and then you've got a much deeper. You've got the Liberator which is there to help the brain holograms.

We've got four brain holograms. They're infoceuticals with specific functions within the brain. And then you can combine their usage with the Liberator to really detox the mind of things have been ingrained into it long-term. And these often are what our parents taught us, our school teachers, events that might have happened, bullying in the classroom, something that may be so ingrained that effects our behavior all of our life that we forget or don't realize why it's occurred.

And this is an incredible infoceutical. Often, for women, for example, when they take that one, they may go from a sense of feeling suppressed, unappreciated, unloved, the things that don't sit well with the female psyche, and they can go from those senses to elation, feeling suddenly wonderful, relief. It's just a fantastic place to put the mind, so to speak. And what it does is it reduces those deep stresses that occurred over life, so to speak. So people almost has a

personality change where people feel wonderful as a result of no longer having those blockages affecting them.

Wendy Myers:

Yeah, I had an interesting experience with Liberator. It came up on my scan, and I started taking it. And I had a situation where I had a boyfriend, and I wanted to break up with him. But I just couldn't seem to quite muster the courage to do that, to just take care of it or cut the cake already.

I started taking Liberator. And within a few days, I called him. I was out of town at the time. I called him, and I was finally able to do that. I attribute that to Liberator, making that change.

Wendy Myers:

It does make things much clearer. It takes some of the stress out of you and makes you see things clearer which is wonderful.

It's interesting. The male mind tends to react slightly differently to Liberator. They tend to analyze maybe some of the sources of stress. They might be upset because of a stepfather or an employer or the way their mother used to speak to them and go, "Argh! Now, I know why it's happening like this."

Now, for a male mind, that means sometimes they have to mull over that and be a bit melancholy or get past it; where a female tends to go straight to the happiness at the end which is wonderful.

We often used to say, "Don't give it to a married couple the same week" because she feels fabulous and just wants to jump into bed and everything's wonderful, and he wants to blame somebody. So, just be careful with that one. But in moderation, they're fabulous. They really do work wonderfully. And people feel so different. It changes and saves lives, those infoceuticals. They're incredible.

Wendy Myers:

Yeah, I gave two bottles to my girlfriend. She kind of wasn't ready to do the whole program. I gave two bottles of Liberator to her because she had a loved one, her boyfriend who she loved very much, pass away from colon cancer last year. And she just can't let it go. She just can't get over it. She doesn't want to date. And she just can't seem to process it. So I gave her two bottles of Liberator to help with that. I'm very interested to see the results of that.

Cyril Bourke:

Have you heard back yet or not yet?

Wendy Myers:

She just started taking them a few days ago. I'm kind of waiting and watching.

Cyril Bourke:

Wonderful! Often, they will come out during the sleep cycle. When you're sleeping, often, your mind would start dreaming, imagining, acting out components, et cetera. And part of that is the detox of the brain and the organs' stress element. So it can be really quite an interesting period when people take those.

Now, those three infocuticals, ESR, Chill and Liberator are, should we say, the wide range of response within those emotional ones. But sub-sections of it are the Love infocutical and Peace. And they're about the subtler calming processes. The energy or the sense you get when you're doing yoga or relaxing or meditating, that's where the peace one comes in. That's a wonderful one, just to round things off and relax, et cetera

Now, the Love one, the Love one isn't the Hollywood wave upon wave of ecstasy thing. It's actually about connection. It's about people connecting, understanding, patience, tolerance. And it's a wonderful one to help people and animals.

If you have a dog also—mine is next is underneath the desk here—he wants to be with me all the time. Now, as a result, if I leave him for the day, when I come back, he desperately wants to be with me again. He wants to go for a walk. He wants to sit on my lap, so to speak. He's a Rottweiler-Kelpie cross which means he's way too big to sit on my lap, but he thinks he's a lap dog and he wants that connection.

And we see it with horses, we see it with humans. And it's about wanting that connection. They want to really feel part of the pack, feel part of a combining group and connecting to people.

Now, we had a physiotherapist who came to one of our trainings. She was a very junior physio. And she didn't feel quite comfortable with her whole transitioning from university to practice, clinical practice. She was still trying to get comfortable with that. And working in her first job, she was part of a much bigger practice than maybe she thought she was going to be in. And there were a lot of experienced physios. And she felt like she was almost a nuisance. She didn't feel like she knew what she was doing. She was still finding her feet in her role. She was very uncomfortable with how she felt actually.

We had sent out the Love infocutical over the Valentine's period. We'd sent all the practitioners

an extra bottle of Love as a promotional event, caring for them over that Valentine's period.

And this physio was asked to take over a role that she didn't feel she could do. She was asked to manage a project, and she was quite distressed about the idea. In fact, she went out to the car. It really didn't feel right. She wasn't sure how she was going to approach it. She really didn't want to do this role.

And in the car, she had the envelope from NES, and she had the Love infoceutical. She told us she literally popped the top off and started swigging. No, that's what she did! And she felt a bit better.

She thought, "Okay, let's go back in." She went back in from the car park, and they gave her a clipboard and put her at the head of the table with all these extra physios, and she started going through the clipboard and started going through what they were going to try and do. And very quickly, she realized that everybody in the room was trying to help her. The people that she felt were maybe not helping her in the past or were not connecting with her, suddenly, she realized they were there for her. They were ready to support her in this role.

And she realized that the problem wasn't them. It was her feeling blocked on connection. The moment she took the Love infoceutical, she suddenly was more available to connect with them. She felt their responses in a different manner. And suddenly, she realized that it had changed her. And that had changed the room which was wonderful. And she was able to share that experience in the training.

Wendy Myers:

I love that story because I think that a lot of people today have trouble connecting with people. I mean, in our Internet world and being on social media, I think people are losing that sense of connection and having trouble engaging with other people.

When I go to health conferences or any kind of other conference that I go to, I do the Love setting on the MiHealth, so that I'm able to connect with people on a deeper level. It's weird how it works. It's strange how it does that. But it does! I mean, it does elicit this response. And it's really quite profound.

Cyril Bourke:

It is, it is. I don't even know if we should or we shouldn't be doing it, but we turn it on, put it on our pocket, and then people want to connect with us. So it's cutting-edge socially.





## 61:20 THE PHYSICAL FOLDER

Wendy Myers:

There's another folder on here. We'll go over the folders just so you guys know what the MiHealth does. There are all kinds of stuff that it does.

So, there's Physical folder. It has things like chronic balance, acute balance, muscles, joints, nerve, bone, after sport, and myofascial. And so I'll use this folder, typically, like say if I get a stiff neck. I'm able to release my neck muscles within just a few minutes and release. Say if I just don't have time to go get a massage or do whatever it is that I need to do to take care of myself, stretch or what-not, I can just use the MiHealth on it for a few minutes. I'll do look at a series of different settings. When you purchase a MiHealth device, you get a PDF that has all these different protocols for various issues. That beeping you hear is the MiHealth. And that's just profound.

So, let's go over the physical folder, and what we use that for.

Cyril Bourke:

Sure! I've put mine out there. You can see it. It's a touch screen, so you literally just choose an item off it.

Now, physical rejuvenating, chronic and acute, they're all broad forms of kickstarting functions effectively. And they go from different angles, so to speak. Chronic and acute is fairly easy to understand. One is where things have been there and for a long period of time. You tend to get different problems related to stiffness, some flushing of tissue and things, where an acute situation tends to be more to do with inflammation that may be more predominant at that point.

We've got muscles, which obviously the word describes it to some degree. You're able to flush muscles. Let's say you hurt a bicep from weight lifting or something, you could put it in there. You could support the joints, which is the next one down. If you strained a muscle, you probably overloaded the joints as well. And it's looking at supporting each of those.

And we tend to suggest not to use just one setting. Let's say you thought you'd hurt your elbow, there's no point just treating the joint. You would treat with muscle, and you might treat with nerve, and you might treat with after sport.

After sport is one of the settings that is designed to have a composite looking at trauma and physical inflammation and the combinations that occur after sport. If you fell over something in the garden, that also could be treated as a sport because it's a physical impact, it's acute, it's just



happened. The fact you didn't get any points for it doesn't mean it's not a sport from our point of view.

So, we've got other areas—bone, for example, bio cell. Bio cell help support the function of cells generally, the mitochondria, and moving toxins in and out of cells, and flushing cells. So it's highly effective.

And the myofascia is very useful for supporting, shall we say, things like atrophy. If you've had a patient in a wheelchair for a long time or on crutches, you start seeing the muscles start reducing muscle tone. And with this, it tries to restart that connection and help rebuild those muscles applied directly to the—

So, there's a whole series within the Physical design to provide different aspects of physical recovery.

## 64:59 THE ENERGY FOLDER

Cyril Bourke:

We have the Energy folder. And again, there we go, there's an Energy folder there with a list. And in there, we've got recharge, energy, we've got matrix carrier. "Matrix carrier" is the phrase we use for the way information patterns are connected together.

We think of the whole body field as being a matrix. And the matrix carrier is the way we communicate backwards and forwards around that area, around the body. So it's like reconnecting pockets of information.

We've got male and female. They're there to support the endocrine cycles. They're not injecting a hormone, but what they're doing is help balancing those processes because the endocrine system is a closed loop. So if something's not coming up or being provided in the manner it needs to for the body, if we support the entire endocrine system, then normally the body will step in and start providing what's missing or lacking at that point.

Wendy Myers:

I'm going to do that one right now.

Cyril Bourke:

As a matter of fact, it was the male version of that used on that bull in Michigan. Now, the reason, the logic behind that was that the grumpy old man syndrome. When hormones are out of



place for men, they tend to get grumpy, don't they? And this bull was more than grumpy; it was downright miserable.

So, by providing that male field, it started to balance its endocrine responses. It started to not be as jumpy and aggressive. It seemed to be more calm. And as you'll see in the video, it literally in a minute was drooling, relaxed, parasympathetic. It was about as absolute as you could get related to immediate and absolute change for an animal of that type. It was so obvious, it was quite remarkable.

Then we got General Rejuvenation in here which goes through a whole sequence of areas of the body that tries to detox and recover in a broad spectrum.

There's also what we call the Chinese cycle. So, on a 24-hour timer, we've got all the different sections of the Chinese clock. And I've just put it in here, and if I start running it, the first one—oh, this time of day is hot (let me see if I can show you that), and it'll move through the segments over the next 24 hours. So we go from segment to segment, supporting each different organ.

And you don't have to run it all in one go. You could do when you wake up in the morning to lunch time. And then, the following day, you might do lunch time through to the afternoon. And on the third day, you might do the evening all through to the morning. So you don't have to do it all in one day.

And there may be certain times of the day that people feel they need more support. They might be having trouble on their sleeping cycle and feel maybe they're going to run it in the evening to help with their organs. So there are many different ways they can use that.

And that's under the Energy folder.

## 68:18 THE PROTECTION FOLDER

Wendy Myers:

I was going to say there's the Protection folder. I love the Protection folder. I think this is so important in this day and age of EMF. We're constantly bombarded with electromagnetic fields or electromagnetic frequencies. And we have to protect ourselves from this.

Talk about EMF's, how they impact our bodies energy field, and why it's so important to address



these issues if we plan to be healthy.

Cyril Bourke:

Look, 200 years ago, we didn't have the type of fields in our living world that we do now. And this is why homeopathy was so successful 200 to 250 years ago. When it was manufactured, made by a practitioner and provided to a client, there were no extra energy floating around from power cables and overhead power lines and WiFi and smart devices, so that the resonant energy of those weak homeopathy treatments was able to survive long enough to have an impact on the person.

In the world we're in now, they get wiped out very fast, if not by the time you get across the carpark, because of the amount of energy that's going around that overrides them. So we realized that, in every way, we have to find ways of supporting the body in that new environment that we haven't evolved to.

Now, we're using information patterns in our body field. And they use very, very tiny energy fields. And our WiFi's are putting out huge energies, our phones are. Every electrical device is producing a field that's interacting. And our body is seeing that as a new environment. It is having an impact on how we function and how we rest. And of course the resting cycle is vital for our detoxing.

So, the distortions that are characterized by each of these areas—for example, microwave radiation, computer radiation, cell phone, et cetera—they have a very distinct footprint. Peter Fraser was able to recognize how those footprints disturb the body field.

So, we're able to provide what is effectively the antidote. It's a reversal of those distortions. I used to get it with my laptop where my fingers used to go bright red and they'd each if I spent many hours on my laptop. By putting on EMF, I can actually bring that back to normal and not have all that itching and sensation. So long-term, it's got to have an impact on my own health and my hands, et cetera.

And it's the same for each one of these. We've got air travel. We've got radiation from cell phones, radios, computers, far infrared, microwaves. They all have their own footprint that Peter could see in the scan. And it's there to help the body repair the damage of those fields.

And it's a dynamic. The body is constantly dealing with it and constantly trying to support itself within our new environment. And this is trying to supercharge that change and reset those

damaged fields.

Wendy Myers:

Now, computer radiation always comes up for me because, like most of us, we're chained to our computers with our work or what-have-you. I have to do a lot of work. And when I'm working, I put it on the computer radiation setting to counteract how the computers' EMF's negatively impacting my body's energetic fields.

Cyril Bourke:

Yeah. And it's something worth knowing because people hear, "Oh, the MiHealth has got PEMF's coming out of it," and often, without knowing they could think, "Oh, well gee, we're just adding another EMF problem," but actually not. What's happening is the MiHealth device produces such a low PEMF. It's thousands of times less than your mobile phone or your WiFi, and the pattern is specifically designed to support the body field.

So, it's very low energy. In fact, the British Military Research Lab on the south of England where Sarah Turner, the researcher for NES, took the device to try and have them check the PEMF values, they could not read the field coming off the MiHealth. So, from an electromagnetic field point of view, it is so low, it doesn't exist as far as our modern world goes. But actually, from a biological point of view, it's there, we see the response, and we get great results from it. So it's operating at such a low level. It's actually doing the right thing for the body field. It's not adding extra stress. And it's re-imprinting patterns to dislodge the damage that's done by these gross magnetic energies.

So, it's worked brilliantly, as you know.

Wendy Myers:

Yeah. And that's why it shows in the research. I mean, completely independent of NES or bioenergetics, there's massive amounts of research that show that microwaves and cell phones and cell phone towers and the like cause cancers and leukemia and all kinds of different health issues. And why is that? It's because these microwaves or EMF's dramatically impact our body. And how they're doing that in causing cancers and causing other kinds of health issues is by impacting and affecting our body's energy field.

Cyril Bourke:

Yup, that's how we communicate around our body. And if our mind is stressed all the time, it's just adding to the distortions. So, using the device simultaneously has a huge impact.

And I can't understate enough the use of the infoceuticals with that, because one is providing

an electrical field with information patterns, and the other is providing it in a salt-water solution which is what you and I are made of. We're salt-water. So, as soon as we provide that infoceutical, we can also support in that plane as well. And you've got EMF as an infoceutical specifically for that as well. So, you can combine those two to get the very best results.

## 74:51 THE WELL-BEING FOLDER

Wendy Myers:

And so, there's also a folder called Well-Being. And this is a lot of different things in it. It's got the Immune ET's, which help the immune system, CFI is that cold & flu immunity. And there's a bunch more here. And let's go down the road and explain what these are.

Cyril Bourke:

Yeah, we've got the Immune ET's. Now, ET is one of the NES acronyms, energetic terrains. And there are whole groups of pathogens that affect the body in fact, footprints that pathogens leave behind. And then we're that, shall we say, informational debris. So, the ET range is built into the MiHealth device.

Then you've got the Cold & Flu which is what you spoke about earlier where it dramatically escalated your rate of recovery, so it was hours instead of days. That alone can really change people's lives. When they wake up on a Monday morning and they go, "Gee, I just can't make it to work," if you were to turn your MiHealth on and treat your hands, for example, while you're making breakfast, you'll be off to work without any hesitation and feeling much better about it.

We've got the Food one here which is looking at distortions that come from food based often on preservatives and toxins and materials that find their way into our food. It also makes it easier to metabolize using the Food settings here.

Digestion. Now, not many people realize this, but vitamins and minerals and all the things we want out of our nutrition, all of what we take in are based on electromagnetic footprints. We take in these valences and use them. Our gut is an electromagnetic conversion device. It takes those fields, and then put some catalysts and turns them into all sorts of things that we then turn into physical function.

So, digestion responds beautifully to resetting and making our digestive tract more efficient. And the digestive track is one of the core elements of our immune system. So it's a very important



area to work with.

We've got Head and Skin and Memory. These are all components of the body that are supported with the device here. If you have a headache, if you're feeling foggy-headed, can't concentrate, things of this nature, that's an ideal setting, the Head.

Skin isn't just the skin externally. It's actually all the epithelial layers as well. They're the internal systems. So this one in the training, in the materials, it lets you understand that the skin of your lungs, for example, and your digestive track and your—anyway, basically, the ear, nose and throat areas, they're all epithelial skins. And you get great results supporting those with this as well.

You've got Memory which helps to, shall we say, smooth out memory functions. I remember, in training, we had a client who had a very large scar from a war in Africa. He was treated with Memory on the scar. And the most interesting thing occurred. Literally, there was like an energetic burst from his scar. Both the practitioner, myself, most of the room, and very much so, the patient, all recognized this striking event. And he said it felt like the shrapnel that went through his side suddenly came alive again. And it was the memory of the event locked into the cells of the scar. It was a very predominant scar on his side.

Within minutes, we started seeing the scarring definitions started to reduce. So, with the Memory, in this case, we were able to unlock memories within that cellular area which suddenly meant that the physical tissue started to soften, become more functional, and that has to have a huge impact on the organs below that area.

Now, that is something that we found literally in practice, releasing energy from cells with memory. And if you look at caesarian scars and things of this nature, there's a huge amounts of emotion built into that scar because of the traumatic way in which it's placed there during birth, the anxious mother and the strange environment of the hospital and all the rest of it. So by using Memory, you can start softening those areas and getting really great changes related to caesarian scars and other scars that may have maybe a traumatic starting point.

We've got the Anti-Aging which is there to help with hormonal functions and other rejuvenation processes throughout the body. We've got the Hearing to try and help with the function of the ear. And it's actually not just the ear itself. It's actually helping with the way the brain integrates with those tools. So we often are opening up a connection to the mind.



And then, we've got Fat. Now that's to do with fat metabolizing. It's not a magic wand. It's not liposuction, so to speak. But what it's going to do is basically allow fats to be processed easier and faster which is going to take stress off the liver and other areas of the body, et cetera.

Wendy Myers:

And admittedly, I use that setting a lot. I'm just trying to help my body lose fat. But yeah, I do use that setting a lot.

Cyril Bourke:

I look forward to the feedback on that.

Wendy Myers:

Yeah.

Cyril Bourke:

Super!

Now, these are only a few of the folders. We've got Transformations as well. Now, in the scan, in the Mind area, you've got the chakras laid out. We can actually see what chakra points are open, what's happening in that area, which ones maybe would benefit by further support. And within the Transformations of the device, you can actually run either a cycle that runs from one to the other over a period, or you can target one in particular. If in the scan, you feel there's something that you really want to work on—for example, love or contentment, honesty, charisma, tolerance, willpower, trust, all of those characteristics—we can support and really get the best results for ourselves.

This one has been very popular with people who like to find a space for themselves and calm down, maybe sit in the garden, have a cup of tea, read a book. Have this one running by the side. It's where you can have reflection for yourself.

It's not one we encourage when you may be busy doing something during the day. It's one where you actually need to prepare and really bring those energies in a really positive way for yourself, so to speak.

And it's probably worth mentioning that any of these functions, when you do a scan with your client, if they're doing a remote scan—so they can have a device at home, and they can plug themselves in and the practitioner can see the scan, they can discuss it. And then, you can have a dedicated folder. The practitioner can literally click a few boxes. And then, that folder will be sent directly to the client's MiHealth. And it might say maybe the name of their child. It might say "Charlie" or "Henry" or "Mary." And in that folder will be eight settings that will be perfectly set



up for that person. And in fact, you can add up to 20 folders. So they might have three horses and two dogs and a cat and a zebra, as well as members of the family—so human and animal all together in the same device.

Wendy Myers:

Yeah, I have myself, my daughter, Winter, my dog, Wizard, and my dog, Jezebel. I'll have their own little folders in my MiHealth, so I can very easily just treat them. Boom, boom, boom. I go through their little eight settings based on their NES scans to just quickly treat them.

Cyril Bourke:

Yeah, yeah. It really makes it easy. So, in that way, even though the client might have all the settings on here, you've packaged them in one folder. It's their application for that month. They just hit that one button, and they don't have to get confused about going anywhere else on the device.

As you pointed out, it has over 200 functions. It really is jam packed with information.

But none of them are wrong either. You could randomly go through and enjoy any of them because the body field will only take up the information patterns that are relevant. If it doesn't have the hole in the jigsaw puzzle, it won't take on the new pieces. So it's wonderful from that point of view. You can't overdose on it, you can't poison yourself with it. You can only support as the body's willing to support.

Wendy Myers:

Well, Cyril, thank you so much for reviewing all the different functions of the MiHealth and giving us some information about what it does. I mean, it's such a revolutionary device that you helped to develop. And I only can encourage people to get one and try a NES Health scan, try a NES Health program, and get a MiHealth and just see the results for yourself.

Cyril Bourke:

Yeah, absolutely. And the MiHealth is the result of over 35 years of research by Professor Fraser and Harry Massey in the team. I was just very honored to be part of the final delivery and putting together elements of it at the end. This is a world team that put this together. And it's quite remarkable.

Wendy Myers:

Yeah! And everyone, we'll have links on the shownotes if you want to get a MiHealth for yourself. We'll have lots of different links about anything that we mentioned today in the show.

Thank you so much for listening. I only hope that you will try a Bioenergetic NES program for yourself and see what it can do for you. I hope you enjoyed today's show. I absolutely am so



passionate about bioenergetics. And I wanted to bring you some shows about this.

And also, to let you know, I'm starting a completely new podcast completely devoted to bioenergetics and increasing energy levels in your body called Supercharged. I'll be hosting that with Harry Massey. He's a really good friend of mine and the CEO of NESHealth.com. So you can look forward to that. That will be on my website on Liveto110.com and on iTunes. Just search for Supercharged.

Thanks so much for listening to the Live to 110 Podcast. You can find me on Liveto110.com and on MineralPower.com. Thank you so much for listening.