



**Top Takeaways: #263 Never Fear Breast Cancer Again
with Dr. Veronique Desaulniers**

1. Dr. Veronique Desaulniers is founder of Breast Cancer Conqueror and creator of the 7 Essential System, a step-by-step educational program with the goal of preventing disease and creating naturally vibrant health.
2. Her specialty is in chiropractic bioenergetics, meridian stress analysis, homeopathy and digital thermography.
3. She is the author of the Amazon #1 best selling book Heal Breast Cancer Naturally
4. When Dr. V was diagnosed with Breast Cancer, she realized how hard it must be for the average person to handle all of the pieces involved, which lead her to develop her 7 Essential System.
5. The first step of the 7 Essentials System is to let food be you medicine with clean eating of organic goods, non-processed foods, and raw veggies.
6. The second step of the system is to reduce toxic exposure to EMF's and heavy metals, and rid your body of parasites, infections, and other pathogens.
7. The third step is to balance your energy through proper sleep habits, various exercises, hormonal balancing.
8. It is important to learn if your body can break down estrogens properly, and if not, to support those pathways properly.
9. Coffee enemas are great way to detox excess estrogen.
10. Step four is self-care, through self nurturing, taking time for yourself, as well as healing past trauma, and reducing stress.
11. Step number five is embracing biological dentistry. Teeth are connected to your acupuncture meridian system, so if there are heavy metals in your mouth from fillings, or large amounts of bacteria it can affect the end organ on that meridian.
12. Heavy metals in the mouth can create metallo estrogen. The root of a root canal can harbor toxins, and the floral in mouth can form pathogenic bacteria.
13. Step 6 is repairing body with therapeutic plants and herbs that contain beneficial vitamins, iodine levels, and probiotic minerals.
14. Number 7 is to be very proactive with prevention by keeping pulse on health, doing self-exams once a week, and receiving safer alternatives to mammograms.

15. Because mammograms use compression radiation of the breast tissue, studies have shown that women who have many mammograms in the course of 10 years have a higher risk of breast cancer. This is why Dr. V recommends alternatives.
16. Thermography, 83% accurate at finding breast cancer like mammograms, is a safe alternative, using infrared cameras to show areas of inflammation, estrogen domination, or hormonal imbalances.
17. Liquid biopsies, blood tests, and IvyGene, which measures free circulating cancer DNA in the bloodstream, are also good tests to perform.
18. Veronique is launching a product for the public called My Breast Friend that doctors have used to learn how to detect tumors of different sizes and at different depths in the breast.
19. There are various myths with breast cancer involving hormone supplements curing cancer, foods with phytoestrogen causing cancer, and the need to remove breast in females that have the BRCA gene, which is actually a tumor suppressor gene.
20. Dr. V hosts a retreat every year in Cancún at the [Hope for Cancer](#) Center with Dr. Tony Jimenez. This is Dr. V's #1 recommended cancer treatment center.

Wendy Myers: Hello everyone. My name is Wendy Myers of [Myersdetox.com](#). Thank you so much for joining us today for the Myers Detox podcast. Today is a very special podcast. We have my friend, Dr. Veronique Desaulniers on the show. And we're going to be talking about breast cancer, alternative treatments, the most cutting edge ways you can detect breast cancer besides mammograms. And Dr. Desaulniers' seven-step system to treat breast cancer and to prevent breast cancer. Prevention is key, and that's really the reason I'm doing this show and doing this podcast and have my website is really because my own father died of his cancer treatments. He was diagnosed with esophageal cancer, and he died within six months of his diagnosis. And granted he did smoke for 40 years, I knew the day would come one day when he would pay the price for that.

Wendy Myers: He died when he was 68 years old, and I was hoping that maybe he would have developed cancer later in life. He didn't have the best lifestyle habits or diet, and things like that. He didn't exercise or go in the sun, he was just a recipe for cancer. But on today's show, we're going to talk about all the different things you can do to prevent cancer, to prevent that diagnosis in the first place or give you lots of tools if you or a loved one do have a breast cancer or other type of cancer diagnosis. There's so much you can do, you have so much control. And in trying to save my own father, I was doing all kinds of research. And I was researching alternative treatment and the right diet he should be eating.

Wendy Myers: And in that research, I just kept hitting upon toxins and heavy metals and plastics and xenoestrogens and other things as underlying root causes of cancer, all the toxins in our environment. And it's really what inspired me to start [Myersdetox.com](#) and start doing this podcast to educate other people about the importance of detoxification to prevent all the millions of diagnoses that people are getting of all types that are due to toxins. It's a very good show today, a very, very good podcast. And thank you so much for listening. I also want to give you some tools yourself if you are looking to detox, if you want to learn more about detoxification. I have a three checklist that you can go to,

detoxforenergy.com and download for free. It's called the top 10 tips to detox like a pro checklist.

Wendy Myers: And I created this after working with thousands of people, I kind of distilled down what are the top 10 things that people need to do to remove toxins from their body. Lots of really helpful simple tips in this checklist that you may not be doing that you need to incorporate it into your health regimen. Because I assure you that just like myself, a lot of people listening are or were eating a really good diet, taking really good supplements. They're trying to sleep every night. They're trying to distress, they're exercising, they're doing everything right. But you can be doing that and still have health issues because you're missing this one key element, which is detoxification of heavy metals and chemicals. You have to add this to your health regimen in order to be healthy. So that's why I created this checklist to kind of just get you thinking in that direction. Go to detoxforenergy.com to get my top 10 tips.

Wendy Myers: Now, on with the show, Dr. Veronique Desaulniers. She is the founder of Breast Cancer Conqueror and creator of the seven essential system, which we're going to review today, a step-by-step educational program with the goal of preventing disease and creating naturally vibrant health. Her signature process is empowering thousands of women in 41 countries around the world. Dr. V has been in the wellness industry for 40 years, beginning with her chiropractic degree in 1979. Her passion for health and wellness inspired Dr. V to pursue extensive studies in various fields of energy medicine, and her specialty in chiropractic, bioenergetics, meridian stress analysis, homeopathy and digital thermography empowers Dr. V with a unique approach to health and wellness.

Wendy Myers: Dr. V is the Amazon number one bestselling author of her book Heal Breast Cancer Naturally, and she has been featured in the world renowned truth about cancer docu-series and live stages, they have events. And she was also invited to participate in many summits and online podcast relating to health and wellness. You can learn more about her at breastcancerconqueror.com. Dr. Desaulniers, thank you so much for coming on the show.

Veronique D.: I'm so excited to be here Wendy, thank you for having me.

Wendy Myers: I met you on a television set, the Dr. Nandi show that we were both on. And we were on the show talking about toxins, you were on the show talking about cancer, and as you specialize in breast cancer. We're going to talk about that today on the show. But why don't you tell us just a little bit about yourself and your own journey and why you're so passionate about sharing your message of hope to women around the globe?

Veronique D.: Well, I discovered I had breast cancer in 2004. And by then, I'd been in practice for 23 years, I'm a bioenergetic chiropractor by profession. And I'd been helping people reverse all kinds of diseases. My father was diagnosed with pancreatic cancer way back in 1983, and the doctors gave him no hope, and he was gone within six weeks. And so I realized at the time that there was something that

could have been done, so I really threw myself into research and started applying those principles of natural healing and took that with me to my practice. And so I was seeing some pretty amazing results. But then here I was in the shower one morning and felt that fateful lump in my left breast that changed the course of my life personally and professionally forever. Because it was like, how could somebody like me develop cancer? Right here I was Dr. V teaching everybody how to be well, and yet I was facing that situation.

Wendy Myers: And so tell us, what do you think was the genesis of that? Do you feel like it was toxins in the environment, what is your thoughts on that?

Veronique D.: Yeah, there were a number of things, dental for sure. I had a cavitation, which I had no idea what that was, infection in the bone where I'd had tooth extracted. I had some thyroid issues, I was very iodine deficient. Stress wise, I was living a very stressful life, juggling three children and a happy marriage and a busy practice. And there was definitely some things in my past, in my emotional heart that needed to be healed. I went down that rabbit hole and started discovering all kinds of interesting things. It was definitely a learning curve, and there was moments of frustration and fear and all of that, just like any other woman would experience. But I knew deep in my gut that I could do this. I really did some soul searching and started putting pieces of the puzzle together and recognized that if I was frustrated and overwhelmed sometimes how much more so would the average person be. So that led me to create the 70 central system, it's that step-by-step guide that if you follow, you never have to fear cancer or any disease for that matter.

Wendy Myers: Yeah. Well, let's talk about that. What is exactly your seven essential steps system, and let's just discuss each step?

Veronique D.: Okay. So essential number one is let food be your medicine. And I'm sure your viewers are very in touch with what good nutrition is about. I think we both know that there's not a cookie cutter diet for everybody that really, genetically now, we know according to people's DNA, some people can process some foods better than others. Bottom line is, clean eating, organic, 80% raw, lots of veggies. That's the most important part of it.

Wendy Myers: Yes. We know diet is so, so, so important, and so many people are eating too much processed food, fast food full of chemicals, full of partially hydrogenated oils, and also people are eating too much sugar. Sugar is a big contributing factor to cancer, so what is your next step in the system?

Veronique D.: Number two is close to your heart, I'm sure is to reduce your toxic exposure. You're very familiar with all of that, your listeners are. For me, one of the big ones that a lot of people are talking about now finally is electrical pollution. It's one of those toxins that we don't taste, see, feel or hear, but it's affecting all of us 24/7, and especially now with 5G rolling out. I mean, it's just like a planetary nightmare really. I really like to educate people about those things, and to teach them how to detox, everything from parasites to funguses to internal cleansing,

saunas, rebounding, coffee enemas. I mean, you name it, you're the detox expert. I'm sure you could add in a few things there.

Wendy Myers: Yes. Down the exact list that I would go, I would recommend too. So that's perfect. And what is step number three?

Veronique D.: Number three is to balance your energy. We're electrical beings, we're energetic beings. We're one billionth physical matter, the rest is all energy. So how do we balance our energy? Well, chiropractic care, acupuncture, exercises like yoga, Tai chi, or even exercise in general. Proper sleep really helps to balance your energy. And then hormones, that's a big one, especially for women who are dealing with breast cancer or want to prevent breast cancer because traditional medicine has created this fear around our hormones that we should suppress our hormones because that's what's driving the cancer. But that's the furthest thing from the truth, our hormones don't cause cancer. If that were the case, every 21 year old on the planet would have cancer.

Veronique D.: It's looking at the chemical estrogens that we're exposed to, the xenoestrogens in the environment, the pesticides, herbicides. Aluminum is a metallo estrogen. Mercury in your teeth is a metallo estrogen, plastics. All these things that drive estrogen production and mimic estrogen in the body, you have to be very careful about. And then secondly, you have to find out if your body can methalate or metabolize or break down your estrogen's properly. And if it doesn't, then you need to support those pathways so that it can.

Wendy Myers: Doing coffee enemas is a great way to do that because you [inaudible 00:11:43] to do that job of detoxing the excess estrogen or metabolizing excess of. Doing a coffee enema really helps that along. And so tell us about step number four?

Veronique D.: Number four is usually the most difficult one because as women, we're really good at multitasking and doing all kinds of things. But when it comes to self care and self nurturing and taking time for ourselves and learning to heal our heart, learning to slow down or nerve system, those are sometimes very difficult for women. And sometimes it's one of the last things that they'll tend to tackle because they can handle the checklist. But when it comes to really looking inside and looking at childhood wounds, that can be very, very difficult and painful at times. But it's part of the healing process. As I tell our clients all the time, it's not just getting rid of the lump or the bump, but it's about a complete transformation of your life because what got you to this place in the first place was how you lived your life. And so the good news is you have a lot of control on turning your life around so that you don't have to ever fear cancer again.

Wendy Myers: Yeah, that step, just say no. Taking stuff the checklist to reduce your stress. As women, we just take on so much in our schedules for our family and for our children and neglect ourselves. And that's a big thing I've been really focusing on is taking myself as a priority and other people have to wait.

Veronique D.: Good for you, learning to say no and setting boundaries. That's awesome.

Wendy Myers: Yes. And so what is step number five?

Veronique D.: Embracing biological dentistry, looking at what's in your mouth and in your teeth because your teeth are connected to your acupuncture meridian system. And so if you have a hunk of metal, then that's going to affect ultimately the end organ that's on that acupuncture meridian. And then I mentioned the chemical estrogens, metallo estrogen. So mercury, if you have silver fillings, there's a metallo estrogen, which will mimic and stimulate estrogen production in the body. Then you look at root canals, a root canal is like having a dead gallbladder in your gut or a dead appendix. No matter how aseptic or clean they try to make, it's a dead tooth. Your body wants to try to reject it. So there's always very toxic bacteria at the root of that root canal.

Veronique D.: Look at what's in your mouth chemically, energetically, and then look at the flora in your mouth. There's an oral DNA tests that you can do, it's just a little saliva test that measures pathogenic bacteria in your mouth. And if you have them, then there's certain things that you can do to reduce the inflammation in your gums and in your mouth.

Wendy Myers: And so, well, tell us about step number six?

Veronique D.: That's the one that most people are very excited to learn about, and that's repairing your body therapeutic plants and herbs. That's the, what can I do to kill this cancer? What can I do to really be proactive and be very targeted? And we could spend a whole hour just talking on that. But everything from, there's different nutrients, different plants, different herbs that will specifically affect cancer. Basic places to start would be making sure your vitamin D levels are between 80 and 100. And amazingly, even though women have been to oncologists, their numbers are as low as 20 or 30, and their oncologist never lets them know. Vitamin D is very important for you to heal from cancer. Making sure your iodine levels are up to par because if you're iodine deficient, your thyroid is going to be a little sluggish. You may have more fibrocystic, cysts and your breasts because of the iodine deficiency.

Veronique D.: Probiotics, specific minerals like zinc and magnesium, selenium, those are also important, which you can get from food. But I find that it's very important to supplement when you're on a healing journey cause you need that extra help.

Wendy Myers: And so tell us about a step number seven?

Veronique D.: What's number seven? It has to do with being very proactive with prevention and really embracing that, keeping a pulse on your health. There's different things that we can talk about, so mammography is the traditional way women like to think about prevention. But unfortunately, mammograms have their own risk. Mammography is compression radiation of the breast tissue. And studies

have repeatedly shown that women who have many mammograms in the course of 10 years have a higher risk of breast cancer. The good news is that there's different tools that you can use, such as thermography. Thermography basically is an infrared camera that reads the heat, the infrared heat coming off of your body. And it shows it up as a picture, and it shows you where the inflammation is, if there is some estrogen dominance, some hormone imbalances.

Veronique D.: It won't diagnose cancer, but it will tell you if there's some additional inflammation in the breast tissue. And it's pretty interesting because tumors will create their own blood flow. You can literally see sometimes the area of the tumor with the blood flow feeding that tumor. Thermography is about 83% accurate, just like mammograms on an average, so you don't just rely on one thing. Look at getting an ultrasound done as well. And then there's all kinds of blood tests now, which is great, called liquid biopsies that can give you an idea if there's cancer developing in the body.

Veronique D.: One of the tests that I recommend is called IvyGene. So Ivy, I-V-Y and then gene, G-E-N-E. And it measures free circulating cancer DNA in the bloodstream. And there's a chart, and zero to 19 is in the green zone. Anything above that, there's more active cancer going on. So it's a good screening tool, and it's not that expensive. But it's just helps you to keep a pulse on your health because unfortunately, too often women are told, especially if they've gone the traditional route that they're cancer free. They don't see a tumor anymore, their traditional blood work looks good. But in reality, you have to check for circulating tumor cells, for stem cells to see if there's still the presence of some activity going on. And there's all kinds of ways to check that.

Wendy Myers: Yeah, I think there's something to really be said for having to be cautious with conventional medical care and testing when it comes to breast cancer because, like you mentioned that it takes five to eight years for cancer to manifest as a lump or bump in the body that can then be seen by a mammogram. And there's much more accurate tests out there. Like I did a SonoCiné, which is a filmed a ultrasound. So it's not just an ultrasound, it's a movie ultrasound. And it can detect breast cancer at half the size that a mammogram can. Basically, if all women did that, there'd be zero breast cancer deaths because it would be caught so early. And for me, the SonoCiné exam caught that I had silicone leaking out of my then breast implants. And a result of that, I got an explanted.

Wendy Myers: I removed my toxic breast implants, which I got when I was 19. I was not exactly studying to be a brain surgeon. I was 19, so I can forgive myself. But yeah, and if you have breast implants, you really can't get a mammogram because the mammogram can't see through the implants, and it can crush them. I've had two friends that their implants were ruptured because you're compressing them with the mammogram. So that's a problem there if you have a breast implants, you don't want to be doing mammograms. Women I think don't want to pay out of pocket, they don't want to do thermography because they have to pay out of

pocket much less a SonoCiné, which is about same range. It's about \$300 for that test, thermography is about \$200.

Wendy Myers: When women are going to do prescreening with their conventional medical doctor, are there any tips that you can give them in regards to maybe taking that perhaps they have a false negative, like they go to their doctor and they do all the tests paid for by the insurance and they get a free and clear bill of health. There are other things that they should be doing in conjunction with that to make sure that they're free of breast cancer.

Veronique D.: Definitely, get some of those tests done, do a sonogram, do the SonoCiné like you mentioned. And really keeping a tab on what your breast tissue feels like. So that brings me to this little guy here, my breast friend. This is a silicone breast model that has been used by a company called MammaCare Method. And for 30 years, this has been the training tool for doctors to learn how to feel a breast lump. You look at the back, and there's different size tumors and different depths in the breast. The MammaCare Method company and Dr. Goldstein have asked me to take this to the general public so women could now learn what normal breast tissue feels like in relationship to theirs and what a tumor may feel like, a little unhealthy cyst or tumor.

Veronique D.: We're hopefully launching this in the next few months, and I think it will be a great tool for women to learn how to feel their breasts and really do a thorough breast exam because the studies have shown with this method, the difference between finding a lump that's the size of a ping pong ball versus the size of a pea, a small piece. So pretty, pretty excited about that.

Wendy Myers: Yeah, that's so important because I think, like myself, I get lazy and I don't do my breast exams half the time like I should be doing. And so that would really be helpful because I don't really know what I'm looking for, a lot of women on the same boat there. You found it in the shower or you're feeling around, and it's important for women to do that. How often do you think they should do that?

Veronique D.: At least once a week, once a week. And when you order the product, it comes with the training video so you really follow the grid method and you do three different types of pressure, light, medium, and deep. Deep as the chest wall. Women don't know, but your breast tissue can extend up into the collar bone, down the sternum, underneath the bra line. And then you have to check the armpit too for swollen lymph node. It's a pretty very accurate method that really helps you to hone in on what your breast tissue should feel like.

Wendy Myers: Are there any myths about breast cancer that keep women in fear? Can you outlined a few of them?

Veronique D.: Well, the big one is the whole estrogen hormone thing where women are told to take hormone suppressing because they're told that that's driving the cancer.

We kind of debunk that myth. Another one would be don't eat certain foods like flax because it's a phytoestrogen, and that's going to stimulate cancer. Well, again, food has been around forever and plants or plant estrogens actually have a protective effect on those estrogen receptor sites. So don't worry about eating foods that are labeled phytoestrogens. Soy is a big questionable food. But if it's non GMO, if it's fermented, you're okay there eating the whole edamame pod, the beans. That's okay, but don't start drinking soy milk and eating soy cereal and soy nuts. That's an overload, but just in moderation. We know that soy can actually have a protective effect.

Veronique D.: Let's see, what's another myth? That hormone suppressing drugs will actually heal you from cancer. A drug that's used often is tamoxifen. What most women don't realize is that tamoxifen is classified as a carcinogen by the World Health Organization and the American Cancer Society. Does it make sense that you're trying to heal from cancer and you're taking a drug that's been shown to be carcinogenic and can create secondary cancers, which unfortunately I've seen? There's a lot of myths. Here's another one, how about the BRCA gene, right? If you have the BRCA gene, then you should have your breasts and your female parts taken out. Well, the BRCA gene is a tumor suppressor gene, it's a good gene.

Veronique D.: And genetically, less than 5% of women will actually develop breast cancer because of a familial genetic trait. But even then, you have to look at what causes the gene mutation? Well, studies have shown that it could be environmental radiation, could be medical radiation, stress, lifestyle. We know that our genes can turn off and on. Think about the BRCA gene as a very tumor suppressor gene. So it's a protective gene that you want to have very active.

Wendy Myers: And in your recommendation, would you recommend women get mammograms at all or just skip those all together and just do thermography or SonoCiné or other types of ultrasound?

Veronique D.: Well, technically, I'm not going to tell anybody not to have a mammogram, that's ultimately their choice. I've personally have never had one, and I think with everything that we know now, here's another study, a 25-year Canadian study done on 90,000 women. And they looked mammography versus a breast self exam, and they found that mammograms did not reduce breast cancer mortality rate, not even by 1%. And it was just as effective in finding a lump as a breast self exam. There's safer ways, and I think unfortunately the billion dollar mammogram industry doesn't like to hear that. But it's going to be a thing of the past, and more and more doctors are agreeing with this.

Wendy Myers: Yeah, I'll never get a mammogram for sure. I'm just going to do SonoCiné and thermography once a year, and do more breast self exams, and that'll be my method. Let's talk a little bit about if someone has a breast cancer diagnosis and wants to heal their body naturally with less toxic methods as opposed to radiation and chemotherapy, which are extremely toxic to the body? My father died from his cancer treatments after he was diagnosed with esophageal

cancer. What are someone's options if they don't want to go with a traditional conventional medical route?

Veronique D.: Well, first of all, don't guess when it comes to your health, and don't try to figure this out on your own, which is why we offer coaching. And there's plenty of doctors out there, integrated doctors that will work with you and help to guide you. It's a complex picture, and you just can't say, "Well, I'm going to take this herb or I'm going to do this and the cancer is going to go away." No, you have to really be diligent and have a protocol. One of the tools that we recommend is something called the RGCC or the grease test, which measures circulating tumor cells. And then it can test specifically what chemotherapy agents and what natural extracts affect those cells specifically. So it takes the guesswork out of your protocol. For some people, it may be high dose vitamin C will work better along with [inaudible 00:28:55] or something, or quercetin whereas somebody else, it maybe poly MVA and [inaudible 00:28:54].

Veronique D.: There's different protocols for different people. And if you are interested in chemo, you can do something called low dose chemotherapy or IPT, which is only 10% of the chemo dose. And they use it with lowering your blood sugar. And then when your blood sugar is low, then they inject 10% of the chemotherapy with a little bit of glucose. And of course, cancer cells suck up the glucose with the, with the chemo and fewer side effects. People don't get sick, they don't lose their hair. That's an option if you feel that it chemotherapy agent would be best for you.

Wendy Myers: Isn't it true if you're getting sick, if your hair is falling out, your nauseated, you're getting too high a dose for you and your body?

Veronique D.: Yes, yes, for sure. I mean, chemotherapy is designed to kill the tumor. But then you have to look at, and same with radiation, but you have to look at how is that affecting the stem cells, the breast cancer stem cells? Well, those cells are resistant to chemo and radiation. In fact, they make them more resistant so the chances of developing a secondary cancer is very, very likely.

Wendy Myers: Yeah, I don't understand why more doctors aren't testing for the kind of chemotherapy that your cancer will respond to. I just do not understand that. I've had so many friends and family member that have a diagnosis of cancer, not one mention of that option.

Veronique D.: It's cookie cutter unfortunately. And unfortunately, they do get a kickback for chemotherapy agents that they recommend. It's sad truth, but it happens.

Wendy Myers: Yeah, I think a lot of people out there, millions are getting chemotherapy that will have no effect whatsoever on their particular cancer. It's very, very important to know this stuff, and I'm glad everyone is listening right now so they can share this information for themselves or for their friends and loved ones that get this type of diagnosis, and they have more options about how to go

about it. Because one of the main reasons I do this show is to empower you, the listener to not just give away your power to your medical doctor, to your health practitioner. You have to take responsibility for your own health. You have to ask the tough questions. You have to do the research on Doctor Google to find out what are the other options, testing, treatment options available out there that I'm not getting from this one practitioner I'm talking to. I consider just merely one consultant in your health, you have to consult with other people as well.

Veronique D.: Exactly. Create a healing team for yourself and make sure that the doctor that you work with is on your team and he's willing to explore new things. If you go to a doctor and he says this is my way or the highway, then take the highway because it's not in your best interest because everybody is so different. And you have to understand that if you developed cancer, then there's some things that are out of balance in your body. Your immune system is compromised, you're toxic, you're tired, you're stressed out. And you have to change those things. Taking the magic pill or the magic herb or the chemo or whatever is not going to change that. You have to get to the root cause of what's allowed that to develop in the first place.

Wendy Myers: Yeah, there are new miracle cures. It's just like your seven step system, there are all these different factors you have to address in a holistic type system with your diet, your supplements, your stress, bioenergetics. We talk a lot about that here on this podcast and on my supercharged podcast, very important. A lot of different factors play into the development and the treatment of a cancer once you get it. So tell us where we can learn more about you, work with you in one of your coaches to conquer breast cancer?

Veronique D.: We have a great website called [breastcancerconqueror, C-O-N-Q-U-E-R-O-R, .com](http://breastcancerconqueror.com). There's all kinds of information on there. I mean, I've been blogging for five, six years now, so lots of great updated information. I do have a book called *Heal Breast Cancer Naturally*, you can find it on Amazon. It's been the number one bestseller for four years now in nine different categories including oncology and nursing oncology, which is kind of surprising. Coming out with a new edition in the spring, so it will be updated because so much has changed in just four years. And then we've got some great coaches that I've certified. They've been doing this for years, and they take you through the process. You start off by answering a 15-page questionnaire so we know where you are on each of those steps, each of the essentials and where you need support.

Veronique D.: It's a great program. Plus we have retreats that we host every year, and I do take a group of women to Cancún at the Hope for Cancer Center, Dr. Tony Jimenez. We do that once a quarter, and it's just a great way to bring a small group of women to Cancún, which some people are afraid of Cancún cause they don't know, they've never been to Mexico. And to show them that it's really a five-star facility, and it's very safe. They offer amazing testing and therapies. It's a fun week that we spend together.

Wendy Myers: I love that, that's where I recommend people go if anyone have clients or people reaching on Facebook or asking me where to go, that's where I would go. I would go to Hopeforcancer.com to get treatment. They're doing so many cutting edge things there. And I met Dr. Jimenez on the Dr. Nandi's show, and he was appearing on that as well, doing amazing stuff there. And unfortunately, he has to be working in Mexico because in the United States, people that are actually curing cancer get shut down because the big pharma, they want to protect their medical testing equipment, profits and the drug profits. And they don't want people curing cancer. They want people on their drugs doing their testing.

Wendy Myers: People have to be very hyper aware of that when they're going to their conventional doctor as well. They're not going to get recommended, the most cutting edge treatments typically. There's definitely many doctors that are offering amazing advice for their patients. But more often than not, they are not. They are very limited in their knowledge about cutting edge treatment approaches. So that's why I think a lot of doctors doing the best work are doing that outside of the United States.

Veronique D.: Yes, yes. And a lot of the technologies that they use there are actually from Germany. Why go to Germany when you can just go to Cancún, it's so much quicker and easier. The things that they're doing there is pretty exciting.

Wendy Myers: Well, Dr, V, I love the work that you're doing. It's so important to get this message out there to people because so many people are getting a diagnosis of cancer and there's a lot of fear. There's a lot of pressure from their physicians to do surgery right now, do chemo right now. We've got to do this treatment as quickly as possible. And so people kind of move forward in their treatment protocol out of fear rather than out of a place of education and confidence. I love what you're doing, it's very, very important work. So thanks for what you do.

Veronique D.: Thank you so much. Thanks for having me, Wendy. I appreciate it.

Wendy Myers: Yes. So everyone, thank you so much for listening today to the Myers Detox podcast where we talk about everything regarding detoxification and natural healing modalities. Please take a couple of minutes to go to iTunes and leave us a review, take one or two minutes of your time if you enjoyed today's show. And if you want to learn more about my top detox tips, go to detoxforenergy.com, I have a free download, free top tips to detox like a pro checklist. And I will speak to you guys next week, happy holidays.