

HAIR SAMPLE INSTRUCTIONS

1: DOWNLOAD & PRINT YOUR LAB FORMS

Download your Hair Mineral Analysis Lab form here: Hair Mineral Analysis Lab Form

2: SEND IN YOUR HAIR SAMPLE

Cut your hair sample

- A full teaspoon of hair 125 milligrams (0.125 gram) is required for the test. Cut 1 inch (2.5 cm) of hair from the scalp.
- A video and detailed Instructions for cutting your hair sample can be found here .
 <u>> How to Cut a Hair Sample</u>

3. MAIL US YOUR HAIR SAMPLE



- Place your hair sample in a small paper envelope with your name on it.
- Place hair sample envelope *and the TEI hair mineral analysis lab form* into a larger envelope for mailing.
- Send to our offices at:

Myers Detox 10041 Regal Row STE 150 Houston, TX 77040

We'll email you as soon as we receive your results from the lab and instruct you how to book your appointment.



3. EXPLORE YOUR "CLIENT ACCESS FOLDER"

When your test results are in, they will be put into this folder for you to safely access and download. Your "Client Access Folder" is a secure file sharing system, hosted by Share File, which we employ here at Myers Detox to protect your privacy and maintain the security of your sensitive medical documents. Please note that this folder is different from you Myers Detox Store account.

To access your Client Access Folder:

Check your email: you will be sent an email from Share File containing a link to this folder. search under your "spam", "junk" or "promotions" folder. If you haven't received it please contact **support@myersdetox.com**

Create your password and login: enter your username, which is the email address you used at the time of your **store.myersdetox.com** purchase. Then choose and create your own password.

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