



#528 **Weight Loss With Emotional Trauma Release** with **Dr. Michael Rankin Sr.**

Dr. Michael Rankin Sr.

You can run and run and run until you're exhausted. But if your thyroid is not functioning well, then your metabolism is not functioning well. So you can't burn fat because you're accumulated this fat because of fear. And that fear is overwhelming your thyroid, we

Dr. Wendy Myers

put on fat also in an abusive relationship, you're trying to insulate yourself from their energy, that sort of trauma. If someone's angry towards you, or emotionally or verbally or physically abusive, a lot of people put on weight as a protective mechanism. We have my colleague and my personal doctor, Dr. Michael Rankin senior. And he's gonna be talking about emotional trauma, and how that contributes to obesity resistant weight loss, and the emotional traumas that affect our different organs, or thyroid, our pancreas, or, you know, just other organ systems in our body, and the types of traumas that affect those organs. And, you know, and gives us lots and lots of stories of different patients and their outcomes. And you know, how releasing their trauma helped to very quickly resolve their seemingly physical health issues. And he's someone that I've worked with for many, many years. And I work with him personally. And he just helped me make leaps and strides and progress in

my health using his methods. And I just find him always really fascinating to talk to you. And so you're gonna love this show. Dr. Rankin was one of the speakers that I interviewed for the heavy Docu series. And you can check that out at the heavy movie.com. And this is a series where I interviewed over 107 speakers. The weight of worry is a video where we talked about emotional trauma and weight gain, and it's a really fascinating topic, almost 20 experts speaking on that video, but Dr. Michael Rankin was one of them who will give you a taste on today's show of that video. You can go check out that video and many other episodes about how toxins contribute to so many into our different health epidemics over time, including obesity is totally free, the heavy movie.com And now a word from one of our sponsors. So imagine a world where we don't actually fight cancer, we just tell our bodies to stop growing. It sounds groundbreaking, right? Dr. Dana Flavin, who is a world renowned cancer specialist for over 40 years, warns we are swimming in toxins that are in our daily products, our food, water and air. The real danger, these toxins signal our body to grow cancer. That's why I urge you to join Dr. Flavin and Nathan Crean, an award winning health researcher and an eye opening web class, they'll reveal the nine key toxins that could be triggering cancer in your body, and most importantly, how to eliminate them. Don't just fight cancer, go right to its root cause. So join me by going to conqueringcancer.com/WendyMyers m y ers. Now to register for this free web class. It's so important. Again, that's conqueringcancer.com/WendyMyers make the change today. Dr. Michael Rankin, thank you so much for joining us on the minority talks podcast.

Dr. Michael Rankin Sr.

Thank you for inviting me. I've been thinking about this and prayed about this, since you first brought it up. And this is one of my favorite topics. So I'm very happy to join you today. And I'm very happy to always help in any way because you attract the most wonderful listeners

and you put so much love into the world. It's so easy to be a part of what you do. And I always want to be a part of whatever you're working on.

Dr. Wendy Myers

Yes, no, thank you so much for that, you know, I do truly enjoy what I do and truly want to help people and, you know, and really help people you know, under a cover, you know, uncover kind of the true root causes of their health issues in ways that they meet by very surprising. And you are one of my speakers for my new heavy Docu series that you guys can go check out at the heavy movie.com will run through February 25. But you spoke about emotional trauma and how that contributes to weight gain, resistant weight loss, obesity, because there's a huge epidemic of obesity around the world and it's not just can be just explained with calories in calories out. There's toxins contributing to that but there's also an emotional trauma component. You're an expert on emotional trauma. So tell us kind of like your overview of how emotional trauma contributes to obesity and weight gain.

Dr. Michael Rankin Sr.

Well, thank you for inviting me to talk about this because I have been dealing with this for over 30 years now. In the last 20 years and up to the last five years. It's intensified emotional trauma can come in many, many different forms, it can come from a diagnosis from a well meaning Doctor Who speaks of harm, death or fear into the patient. That's emotional trauma, it can come from the parents, when the babies are in the womb, you can have emotional trauma. And that emotional trauma can manifest even in things like cystic fibrosis or some other lung ailments or, or some kind of a change in the brain function. So children can actually be susceptible to having a low functioning brain because of trauma in the womb, they can also pick up their parental influences for the mother's fear or the father's fear or even from the generations before. So let's say for example, that you have a

child whose mother had a very bad experience as a little child, things that should never have happened to that child as a child, if she is around the person who perpetrated that, that horrible experience as her child, when she was a child, then the baby can pick that up and have the same experiences. When you look at that experience, Wendy, that experience can manifest in the thyroid, for example. So you think about thyroid right now, there is so much stress in the thyroid because of things that have happened over the past couple of years, especially. But there's always been that kind of stress. It's not like it's new. If you look at the invisible rainbow book, one of my favorite books on the planet, it talks about the influence of stress upon the person which can cause them emotional stress can cause them to have a lack of effective sleep, it can affect the thyroid, it for example, the thyroid, which is can be the conflict between the conscious and subconscious mind. It can also be a lack of awareness of self, again, because of parental influences, or grandparents influences or the way that the child's being raised. We know that if we, if we love our children unconditionally, and we don't over control them, because we empower them to manage their own lives from the point of their birth, then that child would be extremely independent and be able to think for themselves. But if that doesn't happen, then the child then has a feeling of a lack of self expression, again, thyroid. So if you have the electronic stressors, which can cause emotional stress from modems or phones, or 5g or whatever you want to call it, those stressors can then exacerbate someone's emotional stress. And so then a person if the thyroids affected in the liver are affected, which is often tied together. Remember, the liver is the mother of the heart, but it's the major influence of the thyroid. So as an example, let's say that a woman had a terrible emotional experience as a child, which then caused tremendous rage in her. And as she grows older, that rage continues, which then exacerbates a problem in your liver and can also exacerbate issues in her stomach and her digestive system. Because all issues in the stomach, for example, will manifest from mother influences more than anything else. So if you look at it from an astrological

standpoint, which I've been studying a lot lately, because I was really a nerd about that the emotional trauma of the mother can cause a celiac issue. Okay, if you have a celiac issue, then you've also got a thyroid issue because the stomach and the thyroid work together. And if you can't, if you can't digest and assimilate iodine in your body, then your thyroid is going to suffer. I had a lady, for example, Wendy, who had an unbelievable rage. And I remember her calling me one day and she said that I've got to do something, I'm having a stroke. I said, You're not having a stroke, you're having an anger issue. And then she said some expletives and hung up and was on the way to the hospital. And I just started praying for her and asking God to deliver love to her and to reveal the true nature of her to the people that she went to see in the emergency room. And on the way home, this beautiful lady who had been had some very challenging issues with celiac and some very poor medical approaches to that celiac, which then damaged her digestive system even more. The issues with the mom had never been resolved. So now she's go to the hospital, supposedly because she's having a stroke and she's slurring your words, which was really caused by the liver, which was then caused by the emotional trauma as a child. She gets to the hospital and thank God literally, she on the way home said I must really apologize because they said it's my thyroid. It is my liver. And I have so much anger that I'm overwhelming my thyroid which gave me the feelings of a stroke. Think about that for a minute. The anger overwhelmed the thyroid and gave her the feeling that she's having a stroke. How many times does that happen to people? And where did it start? She had childhood abuse, horrible abuse, not not sexual, but physical, of physical abuse and a terrible anger towards her as a child, that was exacerbated by the mother and the father's Tanguay between them, and she was always the bouncing thing going back and forth. So now here she is, and she's a very, very strong, physically strong a woman, and really does have a very tender heart. But having a tender heart just just really scares her to be that vulnerable. Because growing up the emotional trauma of her childhood made her feel that

she could not be vulnerable. So what did she do is that as a as an adult, became very strong, very strong, physically strong. And fortunately, she also has a wonderful influence from her husband, who is a very tender hearted, sweet, sweet man. And that tenderness of him helps to bring unconditional love to her, which then allows her to be happy periodically.

But but that thyroid condition in that I had an issue, she was burning up all the iodine that she could ever possibly need, because of their anger and exacerbation of the issues in the liver. So instead of getting proper care, she actually had some things done to her digestive system, where they took out some of the most important parts of our digestive system, supposedly to help with the celiacs oppose it to help with other issues of digestion, and they basically made it worse. Now, that doesn't mean that that's an unsolvable issue, because it's not in my life on this planet. I've only been around for 72 years, and I've never had the experience of having anything but perfect health. Because in my life growing up, my father treated my mother with such gentle care and love. We got to see love demonstrated between parents, so we didn't have the trauma of seeing that kind of abuse. Now, if we ever looked at my mother crossways and ever raised her voice, her mother, which I promise you didn't happen more than once. My father's iron would be, you could feel it. He was Golden Gloves, boxes, he was a very powerful guy. We just like capitulated mencoba, Mia Copa, you know, and so but what we learned growing up was that love was the was the leading thing that we needed to use against any trauma. So even as a child, Wendy, when I was 16 years old, not quite yet, not quite 16 years old, a horse fell on my father. It split his pelvis in half, which is a very traumatic injury to the human body. But he's very strong. He was he was 48 at the time. And that trauma split his pelvis and a half, he went into the hospital, and they fix that, but unfortunate, they made a bad decision and gave him some medications for pain, which then caused him to lose his life in when in. He was 49 years old at the time. So I was 16, my brother was 60, because we had the same birthday in May. And but that trauma of

losing my father, and then fighting his body and not allowing it trying to revive him not here. I'm a 16 year old kid, my brother, also 16 years old, he was in total panic, I was in total fix the problem mode, because that's just my modus operandi. And I tried to revive it, but I have no skill set the reviving I had no skill set to understand that he was already gone. So I'm looking at a body. I tried to revive him, Wendy, and that effort, old effort unreceived in emotional medicine, that that that failing to revive him caused me to believe that I failed to save my father. Well, my father was long gone by the time we found him. So that emotional trauma caused me to believe that I needed to fix anybody and everybody and that I did deserve benefit in my in my favor, because I failed to provide my father. So trauma can come across as many things even if it's subconscious. My father, on the other hand, told us before this happened to him at the hands of these doctors that he told us, his children now little children, five little boys, we'd have these little meetings and he told us a couple of things, which I'll remember all of my life. He said, Boys, if you just don't ever put the devil before yourself and expect a good decision in your favor, it's not going to happen. Okay? We don't know what he's talking about. We just figured, okay, so we knew if we started asking him questions, we'd had to keep getting more lessons and we want to go back out and play. We had horses and guns and swimming holes or whatever else. So that we that was a message. Later on. He'd say boys, if you ever think you're sick, it's either spiritual or emotional. Get over it. Okay. So We'd go out. Okay, so here we are. That's 67. And now we're talking about a right now remember, like it was yesterday. So when he told us, Wendy, is that if you ever think you're sick, it's emotional or spiritual. How do you know, because he was never sick. My father was born in a log cabin in the middle of a cornfield. He had never had electricity. When he was born, they didn't have running water. When he was born, he became one of the top criminal lawyers in St. Louis, he went to Georgetown, and eventually WashU and became the top in his class order are the boys born in poverty. He always said that poverty is a mentality. Poverty is a thought process. He was born with nothing, and

became something as a result, his kindness and his generosity and his love for everybody. So what happened the day that he passed away, we went to deliver one of our little ponies to somebody who we didn't know. But that said, we need to do something nice for those lady because he's a grandma that has grandchildren, we come back and we find his body. So that trauma again, of doing something kind and having the result of his not being alive, came together in a in a poor message. But when the six months after that, I cut my arm and a piece of glass, you could see the scar right here.

That caught on my arm was an accidental injury. But I was so fascinated by it. I know it's weird. I was so fascinated by it, if I'm literally touching the hole with my finger. And I'm thinking like, I could feel everything in my arm. And my friends are like going he's Looney Tunes, and they all went inside, we're behind one of my friends houses. And, and my blood is black. Okay, we're in a, there's a full moon, there's no city lights. And in what I discovered then, and I didn't know why, that my blood was black. And I thought, why is my blood black. And that I didn't know at the time, but there's not there's a lack of a spectrum of color. And so when you're when you're in the moonlight, your blood is black. And so when I said my blood is black, but Jesus said to me, your father's with me, I went, Oh my gosh, oh, my god, ice. My father's with you. I thought he went to hell, I thought he would do one of the three L's purgatory I liberal L or LL, I realized he's in the presence of God, I didn't know what it meant. But I was in complete peace, Wendy. And I thought, okay, I can stop working all the time trying to earn money to get him out of hell. So that trauma turned into something of a revelation. And that's a message I really want to get across Wendy, is that we all have the potential of a revelation, in that there is no experience in our lifetime, that will not bring us revelation, because that revelation is always available to us. And I don't care what you call the Creator, I don't care what you call that name. I don't care if they're Christian Buddhists. I don't care what they are. But that if we look at what we have as an opportunity to know, and

I simply say one simple thing, my orientation is toward Jesus. And I'm not religious by any stretch of the imagination. Neither was my father. But he always had a direct connection, the Oilers, this, I'm always inspired by the one that created me. So now I realize that we can always think about that we're always inspired by the one who created us. And we know for sure the one that created us is never going to lie to us. So if we open our hearts, and that really comes to love, and I know that's your modus operandi, Wendy, that's your secret weapon is that you send love to the world. That's just your nature. That's what you do. You send love to the world. That's why it's always been so easy to work with you and to talk with you and to help you because your your secret calling card is love. My secret calling card is love, unconditional love. One of the things that happens with trauma is that when we are exposed to some kind of a trauma in our childhood, and that trauma appears to be real, then we can carry that trauma forth in a rest of our life. And it appears to be real, but it's not. So later on in life, a doctor says to a patient, you have this. Well, they may not be right. But if what they tell you sounds negative, and I don't care what that diagnosis is just fill in the blanks. It doesn't matter what the diagnosis is, if the doctor says you have this or that or whatever. And it gives you a feeling of, of unwellness or fear. Believe me, it's 99% of the time, it's not a true thing. So don't walk around and say I have this. Don't say I have something, say create or whatever you want to call it reveal the true nature. What can I know about what he just said? Because you have to understand something. When you go through medical training, you're told certain key words to use when you're talking to a patient. If what you're told is a key word to a patient it could stir up trauma from your childhood. So don't let that trauma be your dominating factor because guess what happens when you have trauma. And that trauma can affect your liver, your thyroid or your digestive system, it can also cause you to add fat to your body as a protective protective mechanism. We know that one of the things that helps in a protective source is to put on weight to protect ourselves from a blow. So some people will put on muscle. So you'll see people become

super bodybuilders to protect themselves. And that's at the root cause of many, many bodybuilders. And I promise you, I could show that to you very easily. You can also see that many times people will put on body fat, again, because their thyroid is low functioning, which is your literal mechanism in the entire body that causes fat to be burned as your thyroid. If the thyroid is overwhelmed by the liver, and the liver is overwhelmed because of anger or fear or discontent, then that, again dominates the thyroid if the thyroid is not be supported with iodine, and so you're not you're not really supporting the thyroid function, you'll put on fat just because there's not enough metabolism. No matter what you do, you could run and run and run to you're exhausted. But if your thyroid is not functioning well, then your metabolism is not functioning well. So you can't burn fat because you're you're accumulating this fat because of fear. And that fear is overwhelming your your thyroid. That makes a lot of sense, doesn't

Dr. Wendy Myers

it? Yeah, absolutely. And it makes sense that I never really thought about that, that bodybuilders are putting on muscle as a protective mechanism or a compensating for something. But you know, and we know that people that are molested as children, one thing they do is they'll become morbidly obese as a way to protect themselves and we put on fat also in an abusive relationship, you already are trying to insulate yourself from their burn from their energy, that sort of a trauma. If someone's angry towards you, or emotionally or verbally or physically abusive, a lot of people put on weight as a protective mechanism.

Dr. Michael Rankin Sr.

That's exactly right. Wendy, when you look at all the different things that are told to a patient, what's one of the things that is traumatic to a patient? Okay, what form of trauma does a patient get when they're told they have a genetic, anything, fill in the blanks?

Genetics means you're stuck with it. The one that created you was really cruel. And each of you something you're stuck with? Do you really think that it really ever happens? I don't think so. When you look at Dr. Hammers work, because one of the most famous doctors of our time, he will talk about the epigenetic influence of previous generations. So we can have generational influences that comes down to the DNA. So what's the DNA, the DNA is the message source and all human beings and the RNA is part of the carrying mechanism. So let's say for example, that you have someone who, whose grandmother and grandfather, grandmother or grandfather, or both were molested as children. Now, the parents of that child may have that same experience, or may be opening themselves to that, because the the danger zone, the the danger inside of them doesn't turn on, because their parents were in a danger zone. And it seemed normal. But that's where we have to be very careful when we're when we're helping our children to be aware is that our them to tap into their own intuitive nature, which comes that divine intuition, we all have it at the moment of our birth. So if we have an epigenetic influence of a previous generation, not a genetic influence, but an epigenetic influence from a previous generation, it's changeable. So let's say for example, I have a young child whose mother was killed. And she knows her mother was killed doing something that she shouldn't have been doing. The father is completely oblivious and very narcissistic and only talking about himself. And all they simply do is do some emotional release work long distance. I've never really met this person face to face, but I do so work long distance. And this child who's told she's got a genetic pre does this predisposition to a lung issue. And I do some work with her and all of a sudden, this genetic predisposition goes away. How could it be genetic if it goes away? I promise you there is one genetic predisposition that anything I don't care what it is, whether it's just cystic fibrosis or Down syndrome, or whatever the case may be. There's not anything that is unchangeable or influenced by emotional trauma from the previous generation or the current generation. So let me use an example fate. I have a a person who is not able to

hear. And when I did some work with her. I knew that she could hear but she said she was deaf. But I said, I know this person could hear because I just know that she can hear. We went back and looked at the trauma of her life, and found out that her mother was in a profession that was causing the end of babies lives. She heard about it from the moment she was born. She heard about it and heard about it and heard about it. And unfortunately traumatized her so badly that when the hearing was supposed to develop at its highest level, in the in, which was in the third trimester, it starts before that, but it was supposed to manifest robustly in the third trimester. That's when she was aware of the worst things going on. And her mother bragging about ending the lives of babies. It manifested in this girl who then had the same experiences. So what did she have growing up, she had the trauma of her mother bragging about this, she had the trauma of her own experience doing this because it seemed right to do during the life of a child, but it manifested in europe death. So when he did the emotional work, Wendy, it was the most stunning thing I had experienced heretofore, is when I said to this person, that I know that there's a capacity for you and heal, if you would accept that she started screaming at me. No, no, no, no, no, no, no, no, no, no, I know I can't. And she really got violent and deathly afraid that she was going to hear. Why was he deathly afraid, because of the trauma of her mother talking about so much such egregious things in front of the child when she was in the womb, and in front of the child after she was born? Trauma, trauma, trauma, of hearing something negative. So think about it. Wendy, if as a human being an adult person is told that their child has, let's say, autism. And they're not told that the autism has a relationship to somebody else in that child's life, that it wasn't genetically predisposed. But it's because of something else, which is called controversial that you now have an incidence, I think it's one in 13 boys right now had the potential to become autistic. Whereas at the turn of the century, it was almost unknown, what's changed, lots of things changed. And we try to avoid that specific topic, because we don't want to get blocked. But there is a reason for

that. And if that was a genetic predisposition, then how do people like my son, Michael, reverse autism, if it's irreversible? Well, he's reversed it. How is it that I've reversed the the, it's the intensity of autism, and never have a talk to the child by doing remote work on that child with some of the technology that exists? How does that get reversed if it's a genetic predisposition, and it has nothing to do with else do without having been traumatized. So they get traumatized in the womb, that gets exacerbated by some medical experience that they experience. And now it manifests as autism. But it's reversed when we do some energetic work for that child. This child was absolutely out of his mind cannot focus cannot talk to you cannot be touched cannot will not kiss the parents. How does that change if it's genetic predisposition? I don't believe Monday that there's anything that is genetically predisposed to anything, especially obesity, for goodness sakes, if obesity was genetically predisposed, that how in the world is the person who decides to reverse it because they get this information like through your portal of information? How does obesity change if it's genetically predisposed? That is a lie. And it's a spiritual lie. I think you can call it whatever you want. But it's I think it's, it's almost like a curse being put on somebody following whatever you want. But if somebody speaks to a person, child or adult, that you are genetically predisposed to something like obesity, it's an abject lie. And I believe it's a horrible insult upon that person. And I want to encourage anybody who ever hears this to to ever contact us to know that it is absolutely reversible. Ly

Dr. Wendy Myers

I am thrilled to announce my new Docu series come out called heavy and it's you can learn more about an at the heavy movie.com and sign up for free. It's a totally free event. And in this landmark series, I interviewed 100 experts on the subject of detoxification on the subject of toxins, and how these inescapable toxins in our environment are causing our chronic health issues like brain fog, dementia, chronic fatigue, mitochondrial dysfunction, obesity

was sustained weight loss, even diabetes or diabetes epidemic is caused by toxins. It's not just the food that you're eating. And we also talk about, you know how toxins interfere in digestion, or toxins or aging you. So many important topics are going to be covered on the heavy documents series. So again, go check it out at that heavy movie.com. When you see families that are all overweight, and people, you know, they, they want to think, Oh, my mother and father were overweight, their parents were overweight, so it must be genetic. And it kind of takes the responsibility off them as well almost makes it feel like it's not their fault. No one wants to think of it as their fault. But there's so much more at play. And I also encourage people to not blame themselves and it isn't necessarily your fault, and they guide you through diet and exercise. For sure. We all have to do that to be healthy, with to take care of our physical body, but by playing to us, you know, what are some of these factors that it's the types of traumas that specifically can affect say, the pancreas and blood sugar control of the liver, intestines with digestion and other things that can affect our metabolism or weight?

Dr. Michael Rankin Sr.

Well, when they take pancreas, for example, pancreas and any any illnesses relating to the pancreas, some of them the worst was which we won't talk about the specific ones. But the worst was that when someone gives a diagnosis of you have pancreatic issues, and that there is no cure for it, that you will die from it. A very large percentage of those people who had that genetically, I mean, epigenetically, or directly had an experience of shame, which very often, Jeanette epigenetically or personally had had a shame of abuse, or sexual abuse, or some other kind of trauma, or a shaming in public in a public forum. So I've had people with with various forms of viral issues like in spleen disorders, think of any spleen disorders you want to talk about. They often if there is a shame in the bloodline, because the father cheated on the mother, then the child can manifest something in childhood that

is shame related in the spleen, and look up any kind of spleen disorder. And you'll find that there are many types of spleen disorders that are called Deadly, but they're they're not deadly. Everything that you've ever heard about that is deadly is only deadly if you use the wrong approach. Fill in the blanks and then anything I'm telling you, anything pancreas related, anything spleen related. We know of clinics in the United States that have 100% reversed spleen disorders, reverse pancreatic pancreas disorders. I worked with a young lady, beautiful young lady, I love this kid. I just love her and she has a kid because he's, she's younger than my children practically. She has a little girl that was diagnosed with type one diabetes. And they said it was epigenome. It was genetic. There's no genetic there. Her mother was a drug addict and died as a result of her actions. The young girl has a shame associated with what her mother did or didn't do. So the little girl is carrying that. And as soon as I gave this mom, this news a couple days ago, she goes Dr. rake it. I know this is true. I said, my darling, treat your child is healthy, claimed the fact that your child was healthy. She said, Well, I'm Christian. So how do I say it he said, Jesus, thank you for making my child so healthy. And she started crying. She goes, I know my child is healthy. And I know that doctors have misdiagnosed what they said about her being type one diabetes, that is an epigenetic influence my mother, I had the same shame as my mother, my mother died first aid, and I am living with my love of myself. And I claimed the fact that Thank You, Jesus for showing me how to love myself unconditionally, and loving my daughter completely to pure hell. I claimed this for my child. I said your child has the opportunity to not live under the diagnosis as long as you manifest this. So she's doing it but here's the key. If you think you've had some kind of influence from a previous generation, you've heard all your life. We're all fat in our family. We're all fat in our family. You have diabetes because your dad had diabetes, and he lies these are all lies. Everybody who has a diagnosis also has a stubbornness related to the diagnosis. In other words, how could the doctor who appears to be God in many people's circumstances this this, this human being who appears to have

power because the religion has a human being that also had appear to have power? You're just fill in the blanks. Just name any religion. There's always somebody at the top, who is who can often cause fear or condemnation. or whatever else. There isn't anything in my life as a as a man who believes that Jesus Jesus never abused anybody. He didn't condemn anybody, they beat him to a pulp it what does he say? Father forgive them they know not what they do. So what did he do at the moment of his passing, he gave love to those who beat him up. Like goodness gracious me, if we get love to discontent, we have the same power of that unconditional love. And the same thing we could do for our children. But what's the key? The secret were the is to do it at night when they're sleeping, when you've had some kind of a diagnosis lie, which is a form of abuse, as a child, when the parents say, Oh, we're all fat, oh, we all have diabetes, all of this, this is all lies, this is all lies. And if the doctor said to me that, you know, shame on the doctor for saying that. But if you speak to yourself that if you speak to your child at night, because at night, our brain is at a at a level of function where it's most influenced by you at night. You could even sit outside your child's room at any age, and we've done this and I'll give an example of this. sit outside that child's room. Let's let's call the child Eloise. Eloise, my darling, at the moment your little body touched mine, I knew that the love of God entered my body. And I knew that you were perfect from that day forward. And I know that you're absolutely perfect now. And my sweet child, when you experienced at your birth from me, this issue of eczema it it nearly covered your entire body sweetheart, it had nothing to do with you. It had to do with the fact that my grandfather passed away while you're inside my womb. And the careless doctors gave me a drug which exacerbated the immune system condition. Sweetheart, it has nothing to do with you, you can now let go of that. And I'm so grateful that you have now let go of that. And this eczema that nearly covers your body caused you to look like a lizard, you are now free of it in a matter of weeks is child's eczema cleared up by speaking to the child at night. So the trauma of the mother's trauma of the father of the grandfather's passing, she was

raised by her grandfather because her mother abandoned her. So she had abandonment and separation conflict would sit there it showed up on the skin. So when you have separation conflict is a skin issue. So many, many skin issues are exacerbated by separation. And because it's a separation and devaluation conflict, it shows up as a fungal issue. Because fungus is a low self esteem concept. Lymphoma is a low self esteem concept. Leukemia is the same thing. These are blood disorders in phoneless orders and low self esteem disorders. And if you look at the statistics overall in the world, people don't pass away from from a illness per se they pass away because of something done to them that causes their immune system to suffer.

So what what health condition Do you have that you received a drug that made it worse? If you have a heart issue, and they give you a drug that's supposed to do something for your heart? There's never been a case history in the world that ever caused that drug to make your heart better. If it made your heart better than Why do you have to keep taking the drug? What is the leading cause of issues with blood pressure, for example, blood pressure is a cause of, of a lack of minerals. It's a heart ache. Many times if there's a heart ache, or someone broke, their heart broke, the heart of the mother broke the heart of the Father, when the child is in the womb, that child can end up with an issue in their heart, which can then be a heart disorder can even be a vowel disorder. So how do we know this because we know for a fact that if the heart disorder causes a problem in the tooth, especially the left side, in that heart is connected to this tooth, and then they pull that tooth out or they put it in a root canal or they pull out your wisdom teeth. Many times somebody will develop a tumor in this left wrist or they can also get a cardiac cardiomyopathy because they did something in the teeth. So is that a heart disorder? Or is that an emotion harbored in the tooth. So if you if you want to study something, go study on the internet anywhere you want a chart of emotions connected to the teeth, a chart of health disorders like tumors, for

example, connected to the teeth, and then you'll find out that is not a matter of going to a dentist not that I have anything against dentists but if you're not doing something in your mouth, to help with your teeth, health in your gum health on a daily basis, not when you go to the dentist once in a while. But if you're literally doing something beneficial in your mouth with a good herbal tonic, which there are those that exist, and you do that twice a day, and you do the emotional work to say it let's say you believe in God, God show me how to love myself unconditionally and fill my heart with love and let them have that had that help that love to flow to my thyroid had that love flow to my breasts, it's been compromised by lack of love, and you put love where there's a compromise, you can solve the issue. Wendy, this is so utterly important. I have a friend who was traumatized by the grandmother, who have told her that she did not deserve to be happy because she didn't have the same negative influences that she had, oh, my goodness, what a terrible thing to say to a child. So when we think about traumas, Wendy, the trauma could be a parent or grandparent talking negative stuff to the child. Now the child is carrying that burden that they believe, because the grandmother said it, oh, my goodness, or the father said it or the mother said it. So what happens to that child? So that child develops an issue in the breast? Because the female defiled her by negative influences of trauma, speaking trauma to the child, so what does she end up with? She ends up with a trauma in her breast, that they diagnosis some illness, and that diagnosis conflict is what it is. And Dr. Hammer is one of the people that talked about this, the most brilliant doctor, that the diagnosis conflict and actually exacerbate the condition. Again, that trauma is now the trauma of diagnosis, not the trauma of that disease, but the traumas of diagnosis. Because think about the words, you have a stage whatever, you have a stage whatever, you have a stage whatever, but the word stage on anything. And many people can connect that stage something in their mind to be death, or then stage something in there. You have you have end stage liver failure, really. I'll believe how the liver

is the biggest organ of the body, how much that liver do you need to have when the in order to have a functioning liver? How big does that? Let's say you only have a certain part of your liver that's remaining viable? How much of that liver do you have to have for it to completely restore itself? The size of a quarter? If you have that liver is the most regenerative tissue in the entire body. Okay, so if you fix that anger, you think fix that aches do you fix that gallbladder anybody ever had sciatica? What is sciatica? Sciatic is trauma. What is trauma, it's a trauma of someone causing you to have a grudge against the trauma that you heard about all your life, all your life all your life. Many times in a divorce scenario. Like I met a lady in Cincinnati when I was traveling and she had terrible sciatic and she could barely walk. And I had just come from a truck accident, my my truck and somebody stopped dead stop in the road windy. And I came up on them at 70 miles an hour in or in an eye and I saw them and I was coming out very fast. And I went around them and I got around them. But there was so much water that the truck was hydroplaning and I slammed into a concrete wall at 70 miles an hour. And at the last minute as I was going head on into this concrete wall at 70 miles an hour, I knew I had to do something to change it. And I said oh Jesus turned the truck. He turned the truck and I slammed sideways into the guardrail and and it came down to my shoulder. This all sounds bad. But guess what? I got more love and tenderness and support from these troopers talking to me while I'm stuck inside my trucks that can't get out because all the airbags get down they trapped me inside my truck. When I get to this hotel they carried everything into into the into the hotel guess who was there this lady with this terrible sciatica so I'm watching her worst his cart and limping and crying because of the pain in their sciatica. When did that sciatic come because she was married to a guy was horrible to her horrible, browbeat her abused her verbally all of her married life for 20 some odd years. When I met her, she was 26 years outside of her marriage. And but it carried grudge for 20 years. So what did that do sciatica? So it's good walk. And I said you were let's say color. Louise. I said wheeze I said

thank you for bringing that cart. She goes, I said you have terrible sciatic. I you know that, I think because I watched her walk. And I said, I said let me get all my stuff brought upstairs and I'll come back and take care of that. She goes, I have to do that. I said it's easier for me to just take care of it than it is to explain it to you. So I brought all my stuff upstairs and I've just I've just like bolos giggling out loud. Even though I had some trauma to my left arm. I really couldn't use my left arm because the airbag immigration audit. I came back downstairs that I use my acupuncture techniques on the lady sciatica in the lobby. And then I had her put her hands over the sciatica point and the other hand on her heart. And she said she's crying. She goes how did you do that? I said you just got you just got Jesus eyes. She goes what does that mean? I said we put all this love in your sciatica she goes what does that mean? I said you just gave up the reason they have grudge against your your ex husband. She goes I have to do that. I said do you want this advocate to go back? She goes No. Okay, okay, I'm okay. I'm okay. Okay. God show me out. allow whatever his name was, unconditionally and release it and fill this area with love. Thank you for showing me how to love him unconditionally. And she was completely out of pain for the first time in 20 years from the trauma and this guy was a bad guy. He was terribly, terribly, terribly abusive and condescending 20 years ago, and that's why she had sciatica. But that night, Wendy, that di is I worked with her and helped her and pray with her, she bawled like a baby. And she goes, Okay, I know how to do it. I said, Well, you might want to keep my phone number just in case.

And she was completely out of pain. So we have the opportunity from any trauma we have any emotional trauma, any physical trauma, anything we have in our life, Wendy, to even take the experience of that truck accident to then realize how is this going to be used for other people's benefit. So I had some wonderful conversations with the with the state troopers and gave some a message to the state trooper about his pregnant wife, who was

doing two months on what to do and how to protect his wife committee negative influences in the delivery process. He never thought about it. Now he knows. So now this truck accident is benefiting him. Now this truck accident benefited this this lady. And she facilitated me getting some food that night. I use the devices I have on that night went to sleep I woke up the next day so peaceful, Wendy, that all the trauma of what had happened was gone. Because that experience caused me to love everybody around me and not not focused on the fact that I just Christ this truck into a wall. And that my my, my wonderful friend David brought me another truck the next day. So when I woke up, the next morning at nine o'clock, David was down in the lobby with another truck for me, because we had a couple of trucks because of the type of work we do on the ranch. And he took the other dog and took care of it. And off we went down the road. Okay, so we have the opportunity to convert in our minds and in our hearts and our belief system, that every trauma has a potential outcome that we get benefit from if we change our perception. And if you've been told something genetic, I promise you, it's a lie. And you can then change that yourself. You don't need the permission of somebody else, because we're in charge of our own selves, revealed as you if you get out of your shower, in your bath, and you're standing in front of the mirror. What happens when we're bored, Wendy, we're born naked and vulnerable as babies, and someone takes us in their arms, and they put us somewhere and cleans us up and keeps us warm and wraps us up tight in swabbing clothes, as they call it, and protects us at that moment. Okay, we could do the same thing to saw ourselves every day. And realize we could stand in front of that mirror and say reveal that to nature. What What three things can I know about myself, that are our great benefit to me? And what can I embrace in myself that is so wonderful about me. Wendy, the best way to get rid of trauma is to recognize our own gifts, to recognize our own benefits of our life experiences. Because I promise you if you go back and study, anybody who's successful, their life was not simple. The people who are most traumatized sometimes are those who appear to be without issue. But if you delve into what their their

life experiences are many times there's some trauma there that they are blaming their trauma, or whatever it is, and they could be wealthy beyond their imagination and very sick. Or you have other people who made their own way in life, who manifested their own benefits in life. Like you and my son and other people. They they've risen above the issues of their life, my son, and his mother and grandfather and on and on and on. There's a lot of trauma in that family heritage. And my son never bought into it. My son is uh, you know, Michael, my son is a, an unbelievably wonderful young man who helps get rid of pain and anybody under any circumstances because guess what, when he doesn't know that again, he is not poisoned by some thing saying that he can't do it. So he just thinks I could do it. So the first time I sent somebody to him that had trigeminal neuralgia, he didn't know what it was. I just said they had jaw pain. They come to him for jaw pain. He got rid of it in about 37 minutes. He said, he said, Baba, it took too long. He said, I don't understand why it took so long. I said, Michael, they're totally it's a suicide rate. Because nobody can solve that problem. It's a lie. The trauma in that jaw that's called trigeminal neuralgia is another trauma and then diagnosing them and tell them that it's an unsolvable problem, unless you cut the nerves in your face is another lie. And Madhu got rid of it fast. And I said, Michael is called the suicide bay because nobody gets rid of the pain. He says, Oh, well, I feel pretty good. I said why don't you should feel pretty good because now you are hope for the for the world, that trigeminal Raji is not a diagnosis of pain. eat for the rest of your life or needing drugs or surgeries or whatever else? No, it's It's not being taken care of appropriately to get rid of the issue. Every time. When do you have been so good in your whole work environment to show people that they can detox, and that gets rid of this, you could do this, and it gets rid of this. But one of the key things that you've always done, and one of the benefits that you brought to the world, is that you taught people when they come to you for help, if they've had a trauma, you show them how to love themselves, your secret weapon is love, you're able to see that they've had a trauma, I'm able to see that they have a trauma.

And we don't know that they can't get better, because we expect them to get better. We expect everybody to get better. And what are the gifts that we have? Or what are the gifts that had was given to me a long time ago. And you know, as I mentioned earlier, because my father's trauma, when God spoke to me, I'm kind of looking around looking for the priest. Because I grew up in a Catholic environment. And I thought the only one that got spoken to was a priest, I it was my misunderstanding. It wasn't that they told me that that's the only way but that was my childhood understanding. I realized that in there, then when I cut my arm, that God spoke to me in that in that trauma is six months after my father's passing, that everything that is traumatic has a beneficial beneficial outcome. And the perspective of that is to get divine understanding of what that experience really is. And that's where I think when do we have the opportunity as people who know how to love people in in know how to help people, to empower people to take power over whatever it is that they're dealing with, and understand what that trauma really means. And help them understand that trauma is an is an experience in and of itself not to not to be lie, the trauma is not significant. But that the trauma that people have, we can help them see that perspective when the and rise above it and then benefit from it. Because there isn't one trauma that I've ever experienced never, that a person cannot rise above and benefit from it. Not one way not want everything as there is something in it that we can help them see. And one of the beautiful things I love about working with you windy, is that we have learned how to raise the mirror up. And this mirror is a beautiful mirror that's made out of Citrine of look up with Citrine stone beans. And that is covered in in a word of Allah would. olive wood has incredible love it it Citrine has incredible revelation that it just those types of materials. If you look at them up, everything has energy. And if we put love where the trauma is, then we can bring edification revelation that whatever you've been told is a pre genetic disposition to something is the lie. Yeah, we could show you that in Erie, the reasoning behind it even bigger, super logical, which I've had those kinds of people. I actually had one recently who I

just love. She's super logical, but she's super organized. And so I had a patient who literally influenced me so magnanimously to show me that I could do things in a more organized way to help her. And I could show her how the diagnosis that she was given was literally a lie. And now she would skip in from my clinic, like a young child, oh my gosh, I love this lady. And this is what we do. We could take people from trauma, to be innocent, in wonderful and happy because we all deserve it buddy.

Dr. Wendy Myers

I know I've come to your office many times, I've visited your office in your clinic three times, you're my personal doctor, and I come away from your office just floating on air. I've heard you know, a day or two or three of of doing your magic in your trauma where again bioenergetic scanning and modalities and it's just your work is absolutely brilliant. And Al and I you know and I'm trying to open people's mind to a different perspective and just looking beyond the physical body and physical solutions. And certainly there's things we can do to take care of our body. But we need to look at our emotional traumas. Well, there is a tremendous, you know, richness in spiritual life and asking for healing that is incredibly effective that is everyone's birthright that they can tap into and I was so resistant for so long about a creator or spiritual life and I was angry about it because I had just some ignorant family members that made you know, made religion just look horrible to me and so bad after I got past that, you know, I there's such a richness in you know, asking for healing and you know, having a morning ritual where you're asking for the healing that you need or asking for healing for other people, whether you call it a man's or prayer or what have you. But you know, the the point of this conversation is you know, if you're struggling with Eat, if you're struggling with whatever health issue you have, you want to be looking at that emotional trauma component of it, and your health practitioners probably not looking at that, you know, probably not looking at the spiritual aspect. And that's how you got to play

the game. That's the game, you know, you got to play the game, because there is a spiritual component to healing. And I've seen so much proof of this personally and professionally. That if you really tap into that, you really have a wealth of, you know, a wealth of healing just right at your fingertips.

Dr. Michael Rankin Sr.

Absolutely. You know, Wendy want to just encourage everyone, that if you have some conflict that you can't understand or resolve, you feel defeated, or you've been given some diagnosis that just seems so wrong with no matter what you believe. Everything is completely healable without poison to you to do it. Okay, like I learned so many years ago in in some of the naturopathic training that I've learned that if somebody uses a drug as our answer to your problem, to your challenge to your health challenge, it means that they're either stupid ignorant, or they just don't give a darn, because 100% of everybody in the world is capable of healing without a drug. If the drugs really heal, something you wouldn't have, you wouldn't have a business there. It's a poor business model. Okay, that's not to say that they can't be used periodically for something. But I can tell you that I've with my I've got three children and 11 grandchildren. 100% of any earache never came from antibiotics, solutions it came from it came from lymphatic it came from changing diets, it came from stress, like the right ear in the left ear have different emotional reactions. So if the if the parents are already in front of the children and the chilled kids stand with their hearing their lovely have an earache in their left ear, that's a trauma. If the children had never hear encouragement, they're liable to have stress in the right ear in an in an earache in the right ear, because they never get encouragement. So everything we do, Wendy, everything we do with our children. I can tell you one simple truth My dad always said, and it's in it reign supreme. If Mama's happy, everybody's happy. If Mama's happy, everybody's happy. It is incumbent upon any man who is associated with any woman who has a child to do

whatever they can to a copy unconditionally, give that woman love and encouragement, support an ear to listen. If somebody uses the word you this or you that it's condemning, just like it said in the Bible, turn the other cheek, it doesn't mean turn the other cheek to get punched it it means turn your face away from that nonsense, because you don't have to listen to it. I don't have a right now to show you. But one of the things I have in my pocket all the time are earplugs. I have him in my pocket all the time. And so we don't have to listen to negativity. It's not our right to listen to negativity, it's our right to not listen to negativity, it's our right to be peaceful. And we will become about whatever we are around it. If it takes putting earphones over you. Like I had a mom up in Wisconsin, I love this lady. I say get some earphones she goes to the gun, the gun store. And she gets a big huge orange honking earphones to put over yours because her family was always complaining. And it was giving her giving her a very terrible diagnosis of something that she was said she wouldn't read survive. She puts the earphones on all the sudden, the conflict is gone because you can't hear it. She hears sees a mouth going like this, and had a little boy was complaining all the time and he was getting to her. Okay, so if you have any kind of a conflict, any kind of an issue, no matter what it is, you've been given a diagnosis that it causes fear, any diagnosis that causes fear, I promise you did not come from the greater he came from the opposite of the Creator, whatever you want to call that. Okay? So every diagnosis has a resolution and a natural, happy way. And you deserve to be happy, not narcissistically happy, but you deserve to be happy from an unconditional love perspective. And we can we can show you one thing we can do very well Wendy and we've done it for for decades now is show people how to love themselves unconditionally. And as the one that cares for them the most, which is the one that created them. Show me how to love myself unconditionally and release the rest of the good is because it's none of my business. You hear a negative thing. None of my business, turn off your television. Turn off your radio, I don't have a radio they didn't work. So my vehicle I don't believe because I bet. I don't think

I've had a working radio for probably 20 years because I don't care about it. And if it never broke I don't even know what broke it. I will turn it on. I don't have a television. I don't listen to the television. I don't listen to the news. I don't listen to negative stuff. For the last three or four years, we've been getting trauma, trauma, trauma, this word that they came up with this fake word they came up with and I call it a fake word. I can't even say the word. But there's a fake word out there that causes people to be traumatized. Okay? If you have an issue in your lungs, what's the main reason why you have issue two lots is called emotional trauma of sadness, emotional trauma of fear, which goes to your kidneys. emotional trauma, when you have emotional trauma that affects your kidneys to become dehydrated. What how much? How much fluid is your lung need to function? Well? 98% fluid, what's the number one thing waited we've checked on the hundreds of people, the level of hydration, hydration people is horrific. We get send them a formula of hydration that will allow them to be hydrated properly. We'll show them how their kidneys many times are not even kicking in. If you're if your antidiuretic hormone is that kinky, and you get fluid buildup into your into your ankles, will you also get fluid buildup in your lungs because of sadness because of dehydration. So the thing that people have been experienced over the last seven years is fear and sadness and fear and sadness. It was totally perpetrated because fear and sadness. And we've never seen proof of anything except lung issues, which by the way, I'm only 72 but I think I've seen lung issues now for 72 years. My father told us that was pretty funny guy, and he was a golden glovebox. He's pretty tough character, right? And we said, Hey, Dad, I've got some lung as you said, go out and wholesome. Hey, I have some allergies go on all hay that was his answer everything go out. And all right. So we have to go haul hay. And guess what our loan issues go away. He said, you get exposed to enough stuff, you're gonna basically just cough it up. And we we knew to drink water because my dad told us how to hydrate ourselves properly, even as children, we would go out and Paul, hey, all of a sudden our allergies went away. So it was an allergy stress. I didn't know that

word back then. But everything that's happened over the last several, several years has been is been a trauma that has been perpetrated on the American public. And believe me, the best way to not be perpetrated by that trauma, unplug your television, unplug your modem, unplug things at night, sleep peacefully, turn off your phones, and sleep peacefully at night. And when you go to sleep at night, if you look upwards, and you just put your hands over your heart, I am so grateful for this magnificent healthy body. I am so grateful that I've made in the image of God, which means that I have only held the it's the only thing that makes sense for me to be healthy. I'm so grateful that I have three hours of REM sleep. I'm so grateful that I have three hours of deep sleep and guess what? People who haven't slept because of some trauma, people that have trauma over the last several years they can't sleep because of the drama. Don't listen to the news. That is a form of trauma, emotional abuse, Wendy, that is the worst I've ever seen. Trauma comes from electrical pollution. It always has been and always will. Why are some people traumatized by it because they believe that they're traumatized by something else. It just one more thing pushes them over the edge. So Windy, let's face it, if you ever had a sunburn, right, you go out you like the sun and no, you like the sun. And you go out to the sun. If you got bare skin, which you do, and you sit out for too long. And you will oh I need to go inside. Because I sat out for too long. That sun felt really good. But you go out tomorrow, and you had to at Sun today before and now you have a sunburn. So the trauma of the sun from the previous day now hurts just like the bad words from somebody now hurts, or the exposure of some words from somebody now hurts that diagnosis conflicts now hurts. You saw the problem by not having the same exposure. It's just that simple. Well, maybe we can we can do one very simple service to everybody. And I know you do it and I do it. Every day. I say Jesus reveals the nature of all those who need it, and show me how to send love to everybody in the world. And whoever needs them, let them have it. Let whoever needs it, let them benefit from it. And if they can't, if they can't get it to their own, and they need the help let them call.

And we will help anybody, whoever calls anybody whoever writes, we may not be fast, but we'll get it done within a hopefully a 24 hour period. I'll show them very simply how to hydrate how to feel better how to how to understand the trauma is a trauma, and you're not to be that you're not to be traumatized. Because let's face it, if you're a child that was told fear, fear, fear, fear, fear, and now you hear the negative words of somebody as who appears to be a professional telling you traumatic traumatic words over your life, you're gonna have booths and you're going to die for this more trauma that you also has a child it's not true that it is not true now. Wendy we can be the truth detectors for people if they can't do it on their own, but they will teach them because you know as well as either more people to help than we have time to get to but there's one thing we can do. We can be the mirror that they need to know that this trauma can be replaced by love. Do I have time for one more story? Yes, absolutely. Okay. I have a wonderful, wonderful patient, I love this patient. She's just she just amazing. And had some

doctor had decided to convince her to put in a root canal, one of the most dangerous and deadly things, supposedly that you could put into a mouth. And so we're not in favor of them. But when I realized that had been put in her mouth, and she was traumatized by this doctor who told her to do it, I said, What's the best thing I can do? So this lady doesn't have the same background as me. But she does except love. And she's very lovable, which helps. I said, I want you to put your hand on that root canal and put your head on your heart. And she doesn't say background now. But it worked. I said, what we're going to do is we're going to take that power of that root canal, which supposedly blocks 65% Of all the energy in the body for one root canal or one implant. Okay, that's what we're told. Okay, we'll just take that is, that's what we're told, let's take the power of that negative, and in Bella bit with love, and I said, Jesus, fill that negative void with love, and deliver it back to her. And guess what, when I was telling her to get the root canal removed, and all this horrible surgery that she might

have to do, I said, I'm not sure you need it. So in a couple of weeks, we're going to test that theory. So she put love where there was discontent, we put love where there was a block that was blocking energy. Now it's not blocking the energy at all of her pain, or the legs went away by us praying and sending love to that. All the twitching in her legs, all the terrible foot problems, all the sleep problems, they all went away, when the they all went away. By just sending love to discontent. Whatever is negative, we can take the power of God's love, which is pure and sweet and unconditional and available to everybody. I don't care what you call God, just as long as something connected directly to you, not the universe, because the universe is full of lots of things, not necessarily good things. The one is created to your creation, take the love of that creative love, and send it to discontent, I promise you, if you send into discontent to your knee, and there's pain, their pain is a lack of love, lime issues, the lack of love, mental issues, lack of love, dementia, lack of love. All this is a lack of book traumatized by some other negative energy. We have this power to do this, Wendy, if people can't do it on their own, we can show them how to do it by giving them up. And I know you know how, because it's one of the reasons why it's always wonderful. When I know you're coming, my whole place seems to light up in the dark, because I know that love is going to come on the ranch, and you're going to bless me by you coming in lots of wonderful things are going to happen as they do, and they always do it again. And that's a beautiful thing we have to offer Wendy as we have the ability to show people how to love themselves unconditionally, and not dependent on someone else. Yeah, we empower people. And if we do one thing well, is to empower people who have had some kind of emotional trauma. We define what the emotional trauma is, we define now as manifesting in their body, then we show them how to put love where the trauma is, and not need it anymore. Yes,

Dr. Wendy Myers

yeah. Because people become addicted to suffering, addicted to victimhood, addicted to stress, addicted to the story. That's right, that whatever they were told by their parents or doctor or what have you, and exactly we have the power to completely change that it can be a lot faster than you think. But you just have to, to believe so why don't you tell people where they can contact you and work with you.

Dr. Michael Rankin Sr.

The best thing to use, I think Wendy is probably my testing cancer webpage, a be full disclosure, we're doing a little bit of work on it. So if you have any issues, the best thing to do is just call me and call me on my 204 9902937 Number, or call me on by nine and 548893896 number. The first number you can text. I'm not a great fan of text, because if you text me, I might not see it for a week because I just don't read text messages unless you tell me you've sent one. So best thing to do is call me you'll never interrupt my day because my phone will automatically go into voicemail or something like that. And and I always see that I'll see a voicemail before I see a text message. So the 214-990-2937 or 954-889-3896, you could send an email to clinic at testing cancer.com and put it in the subject line. How do I find love? If I see that message? How do I find love? How do I access love and know that it came from this this contact and message that we're giving today? How do I find love and I'll be sure that that message get first priority? I promise you that. I promise you that it fantastic.

Dr. Wendy Myers

Yeah. And that's why you're my personal doctor. I mean, I felt like whenever I've worked with you, you care so deeply and you're just You just radiate love and joy. And it's a much different experience beyond like any other kind of any physician or functional medical practitioner or healer that I worked with, because that's, that's what it's all about. It's all

about love. Love is what heals what loves what makes the world go round. And that's what I think people have to daily remind themselves that that they need to come back to that, to heal themselves to make their decisions, how they engage with people, et cetera. And that's, that's, you know, what you exude and you, you can't help but feel that when you're in your presence. Thank

Dr. Michael Rankin Sr.

you. Thank you so much. You know, my father loved everybody like that. I mean, my father walked into a courtroom, the whole courtroom, we get quiet. He told me that was going to happen. He said, because when I walk in, before I walk in, I said, Jesus, show me to love everybody in this room and let them notice what I'm going to say. So he went before he'd walk into a courtroom, the whole hormone will get quiet. And you know, he was he was an attorney. So they weren't always the best circumstances to deal with people. But but he got people who were really needing his help, and people would, the guy that shined his shoes that title guarantee building, he'd say to my dad, Jimmy, he's going in there looking like that. Oh my gosh, because he came from our ranch. And so his shoes might have dirt on his shoes. They bet. But he had always leaving, but give him a cigar or a hug or whatever. So everybody knew my dad, because he just whose love. So he demonstrated that to us, Wendy. And that's that's what we have and in the word deserve. When I was growing up. Dad said, we deserve love. Because that's the way we're made. We deserve love, because that's the way we're made. It was demonstrated because the one who sacrificed for us showed it with love. And so when he came out of the ground, he said, What do you think, cause him to come out of the ground? It was love. I said, Oh, okay, so there's a lot of power in love. So that's the demonstration we had growing up is that love conquers all things literally, in in reality. And if somebody doesn't realize that I deserve love, is is somehow lack of humility, lack of humility, it's kind of a weird thing. Okay? We deserve love, because we are

ordained by our Creator to deserve love. We are not we don't deserve abuse. We don't deserve to be misused, we don't deserve they have a terrible diagnosis. We deserve love. If it doesn't feel like love, walk away and walk out. Okay. So to get one more story, I had this lady who went down to this clinic down in Texas very famous for what they did. And it was huge. I mean, it's bigger than a city, they have more people than a city. And they probably have more revenue than probably many cities in the state. If she went in to see this, this doctor and she made all the relatives outside, she's 85 years old. She said, I'm not letting anybody in the room with me. I'm an adult that don't need to have anybody with me. So she got this terrible statement from this doctor. And she looked at me, she said, you know, sonny, I realize is what I was told is that someone speaks to her to me, they're just to being stupid to help me. And I realize you're just too dang stupid to help me. And you've made such a fool out of yourself. And you should be ashamed. And she walked out and she walked out. And the family says, Well, what did you say? You said, he's too damn stupid hail me. That she went on and did flight. She was she was eight, five years, all that of what you would consider a stops Christian. And she said, I had had enough. I had added up. And so she said it she went on to do. So she just knew that that that doctor was going to really reveal as to danger and speak death to her and she walked out and realize he's just too darn stupid to help me. That's what she said, Yeah, I'm

Dr. Wendy Myers

gonna doctors telling me things too. Like, you know, I needed to be on thyroid hormones for life, or I needed, you know, hormone replacement therapy at 37 and things like that. I thought, you know, that this just doesn't resonate with me at all. And all you know, all those questions why this? And why that and that doesn't make sense to me. Now, you know, you had you see my website minority talks.com. That's the genesis of asking all these questions like that doesn't really make sense to me, that doesn't resonate me what's the what's really

going on here? What's the what's the real root cause? And how do I really figure this out and regain my health and so you've been really fundamental and answering, you know, a lot of questions of that nature and how our body really really works and how to how to truly address things that I I just know with my own health, in working with you, I've just seen so many crazy things and heard heard so many crazy stories that so many things in my unhealth resolves so quickly, working with you and so you're my personal doctor, and I recommend anyone listening, you're struggling, you're kind of tired of the, you know, kind of just feel like you're running in circles or in that revolving door. are you just not getting the answers you're looking for if you're frustrated, try something new. Try try Dr. Rankin. So Dr. Rankin, thanks so much for joining in. Join us for the minority talks podcast, and everyone on Dr. Wendy Myers. Thanks for tuning in to this show, where I have experts from around the world every week to help you, you know, help you discover your your answers in your health journey help you upgrade your health because you deserve to feel good you deserve. Absolutely.

Dr. Michael Rankin Sr.

Yeah. Wendy, one last thing is if you have something that's lasted for more than a couple of months, you're getting the wrong answers. Nothing should last for more than a very short period of time without some change that you notice. positive change. If you're not getting changes in it, and it's already a couple of months, then it's a wrong answer to the to the situation. I promise you that for sure.

Dr. Wendy Myers

Fantastic. Thank you. Well, everyone. Yes, everyone. Thanks for tuning in. And I'll talk to you guys very soon.

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