



#578 PEMF, BioResonance and Radionics: Top Bioenergetic Tech for Health Optimization With Dr. Michael Rankin Sr.

Dr. Wendy Myers

Hello, I'm Dr. Wendy Myers. Welcome to the Myers Detox Podcast. On this show, we talk about advanced topics related to health. We don't do the basics here. We talk about detoxification and health issues that are caused by heavy metals and chemicals in our environment. We talk about emotional trauma, bioenergetics and anti-aging and other advanced topics. Today, we have a really good friend of mine and my personal doctor, Dr. Michael Rankin Senior. We have such an interesting show. We're going to be talking about all the different bioenergetic modalities and software and testing methods that Dr. Rankin uses in his clinic and that I personally use as well when I go and see Dr. Rankin at his clinic right outside of St. Louis, Missouri. He can work remotely with people as well. We're going to be talking about different bioenergetic software in scans that he does. He uses a software called Bioresonance and another one called ZYTO. These have been around for decades.

We'll also talk about PEMF devices like the QRS, which can significantly improve sleep detoxification and overall health when used properly. We'll do a deep dive on PEMF. We'll talk about why we think the QRS is the safest and most effective PEMF device, how QRS will discharge and clear EMF accumulation off of your body, helping to ground your body, how it creates a protective energy field around your body and how most other PEMP devices, which copy the QRS patent, which was the original patent can emit harmful EMFs that despite the short term benefits, despite people

feeling like they're out of pain, long term, they can have really bad effects on their health. We also talk about something called an infinity bed, created by Dr. Dan Tuck, which is something that I use every night before I go to sleep. We'll talk about exactly what that is and how it helps with sleep and relaxation.

We'll also talk about these different bioenergetic testing methods and different biofeedback scans like the bio resonance, biomedical chief fractal software and other different types of software to assess health and how they're far superior in ZYTO as well and how these are so superior in assessing what exactly is going on with you and in addressing things your health issues much more effectively than the conventional even functional means and how these scans can detect cancer, lymphatic blockages, emotional traumas, and different things that can be contributing to your physical health issues. You guys know by listening to this show that I love bioenergetics. It's really important to me. One of the reasons I do this show is to help introduce you to really superior ways to address your health and through the power of bioenergetics, you can quickly, more effectively, without pain or without side effects, address your health issues quickly and effectively. That's what everybody wants, including me and that's why I use bioenergetics in my own health for many different reasons. So, we're going to explore that on the show today.

Our guest today is Dr. Michael Rankin Senior. He's an ND, a doctor of naturopathy who practices at the Kelly Metabolic Center. He addresses cancer conflicts, pain syndromes, and emotional trauma using different bioenergetic modalities like ZYTO and EVOX. He does bio resonance and recalls hearing and trapped emotion responses. He also does cancer and metabolic evaluations and detox methods developed by Dr. Lee Caldron. He firmly believes that emotional trauma is at the root cause of all health issues and uses emotional trauma resolution modalities in all of his assessments and programs with his patients. You can learn more about Dr. Michael Rankin and work with him at his website testingcancer.com. Michael, thank you so much for coming on the show.

Michael Rankin Sr

Yeah, it's so nice to be here with you, Wendy. I always enjoy talking with you. It's like we have a synergy of understanding about all facets of medicine, I think, because we

both tried so many things, and so we know what works and we know what doesn't work, and we've experimented ourselves and all that sort of thing. I remember the last time you came up to my clinic, we had just introduced some new devices, the Infinity Bed, tying that into the bowel resonance, and then I'd started doing some experiments with the QRS PEMF device. I've got four different PEMF devices and the only one that I found that doesn't do harm is the QRS, and I'll talk about that. I read that and they advertise that, but when I measure it and I find out that it's actually true, then it's like, okay, there's a big difference there.

Dr Wendy Myers

I wanted to have you come on because I want to talk about all the different bioenergetic modalities that you use and incorporate in your practice. You actually test with very sophisticated software to see if what you're doing is working or not. You do both baseline and then after tests to see if you actually see improvements, because many times when people do certain treatments or they use certain modalities, they can't feel the difference. You have to do testing of the autonomic nervous system and the heart rate meridians and things like that. A lot of people can't feel that even though they have a marked improvement in their health after doing certain modalities. So, what is your whole philosophy? How did you get into using bioenergetics in your practice?

Michael Rankin Sr

Well, I'll tell you, when I started in the 70s at one of the local hospitals in conventional medicine, I was really naive. I did not know what I know now. I was in my 20s. I already had three children by the time I was 26. One of them is my son, Michael, who's a doctor too. I just saw lots of things happening to people, whether it was a stroke, or a heart attack, or cancer, or whatever the case may be. I saw a lot of changes in people's attitude. I would literally sneak, and I'll use the word sneak. I would sneak back into the waiting room where people were being brought and put before they went into surgery to find out what their thought patterns were because I always felt what my father told us growing up. My father passed away when I was 16. The doctors actually killed him with a bad decision. I didn't know it at the time, but it was a pretty traumatic blow at the time because my dad was a very fit person. He was a

Golden Gloves boxer. We had horses and tractors and all the rest of it. He was an attorney, but he said, I can't raise five boys in this city. I've got to bring him to the country. So he did, much to my mother's dismay because she was a city girl.

What we had discovered was that when I started going into the medical field instead of law, like he was, I had a real affinity for that. I also remembered my father telling me, he said, if you think you're sick, it's either spiritual or emotional, get over it. That was his reaction to everything. When we first moved to the country, we started having what was back then called hay fever. He said the best way to solve hay fever is to go haul hay. He was always right about everything. So, we just went and we hauled hay and all of a sudden, we had no hay fever. We didn't take drugs. We didn't have drugs in the house. We didn't take drugs. So, when dad got injured and they gave him a drug for pain after his bone had already healed, he had a large bone break, split his pelvis in half, come to find out that the drug they had given him was never supposed to be used for a large bone break and they were careless and gave that to him and ended his life.

I was raised in Catholic Christian type schools, and so I thought everybody went to some form of hell, purgatory hell, limbo hell, or hell. I thought the people who were talking about God were the only ones that talked about God and they were God. But it turns out that was not true either. Six months after he passed away, I'd injured myself. I've literally had the scar here. It's a wonderful memory because the cut was so big I could stick my thumb inside the hole. It was a large cut, but I was so startled by it, and I was so tolerant of pain from football and everything else, it didn't really bother me from a pain standpoint. I was mesmerized by the fact that my blood is black, and I thought, why is my blood black? And then God spoke to me and said, your father's with me. I said, okay. So, when we pass out of this physical body, we're actually going into the presence of God. I said, oh, I didn't know that. That meant I could stop working all night because I worked until midnight to late in the morning every day.

My dad said, there's always a solution to an issue. If you think there's no solution to an issue, then you didn't ask the right questions. He was an attorney. So, questions are the answers. If you don't ask the right questions, you're not going to get the right answer. So, it was always like this. We bring him an issue. We talked to him about

some argument we're having as five boys. You can imagine he said, well, what's the solution? Well, that's what we're talking to you about. So, well, what did you ask yourselves? And this is the way our lives would go. He would never answer a question without a question. That's what happened. So, fast forward to when I'm in an oncology ward, and I see these people looking like normal people, and all of a sudden, they look like death warmed over. They literally looked like what my son had in some of our history books. They looked like Auschwitz. I said, my God, people went from normal looking to cadaver looking, gray skin and very skinny, what's happening here? Come to find out it wasn't cancer at all. It was what was being done to them.

So, you keep moving forward in time, and I realized when I go in before the open-heart operations and I talk to people, people who were very frightened of dying, they did very poorly in the operation. Those who said, oh, this is no big deal. I was healthy to begin with. This is just a little bump in my road, and I'm going to sail through this. Those people would literally sail through this. So, that was my first exposure to emotional medicine. And so that's when, over the course of time, especially since the early 2000 time frame, came to find out that my forte would be in emotional medicine. That's why on my webpage, testingcancer.com, I have two different groups in there. I have one that talks about the cancer quiz, and the cancer quiz is very much related to emotions and experiences as much as it relates to anything. It's the same thing with any other kind of test that we do. I don't do blood, urine, and other material testing because I found that those are really inaccurate. They're good for a period of time, but they really don't tell you much of a story.

Dr Wendy Myers

I agree. I think it's almost in the stone ages in my personal opinion.

Michael Rankin Sr

Yes, exactly.

Dr Wendy Myers

It's energy medicine and doing biofeedback scans. That's where it's at. That's where you're going to get way more information than you would get with traditional

functional or conventional medical tests, even though they can provide some useful info and track that. I track my blood sugar and things like that. But, when it comes to your health, because you're my personal doctor, I've been to your clinic many times and done all of your different bioenergetic scans that do Bioresonance, Zyto, and many others. There's just a tremendous wealth of information you get in a very quick scan. You can never get that amount of information.

Michael Rankin Sr

No, you don't.

Dr Wendy Myers

Never with conventional testing. It's just like the slow road to China what you're doing at the doctor's offices.

Michael Rankin Sr

Well, when I did that first several scans and we started to do some real deep research into this, Wendy, I found that I could do the bioresonance scan and I could do the biomedical scan that was developed software wise by Dr. Cowden. They put this into software that was literally the etiology of all that is Russia and China. They've been looking at this for multiple decades. Then I thought, if you put those two together, do they actually correlate? Do they actually communicate the same message? And it turns out, when we test for cancer, we're looking at 20 different points of cancer. When you do a conventional test for cancer, they're looking for the one that you were complaining about. So, a woman says that she suspects she has ovarian, or she suspects she has breast cancer, whatever. Doing an x-ray of something puts more radiation into the problem, and we know for a fact as science tells us that when you radiate a tumor, you actually make it grow multiple times over.

When you put a poison into a tumor, you actually make it grow, you actually make it split and grow. But when you look at the scan that we're doing, we take the bioresonance scan and then we take the biomedical scan side by side, and we look at the different types of cancers. There are 20 different dominant forms of cancer. We know that. They don't test for that because they don't have billing codes for that. Our

practice is not dependent on billing codes. Our practice is based on a model of ministry, which takes us out of the realm of certain types of regulation for billing codes. So, we don't do billing code types of testing because we found that it might be good for revenue, but it's not very good for the patient.

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For anyone listening that really wants to detox their body, go to heavymetalsquiz.com. I created a quiz for you. It only takes a couple of seconds and it's based on some lifestyle questions. You can get your toxicity score and get a free video series that answers all of your frequently asked questions about how to detox your body. Check it out at heavymetalsquiz.com.

Dr Wendy Myers

Can you explain a little bit about when people are doing these bioenergetic scans? Tell us what that is exactly. What is the basis for that? What are the scans looking for? Can you just explain that a little bit for someone who doesn't have any concept of what that is?

Michael Rankin Sr

Absolutely. The two different types of scans that we do, the biomedical scan actually uses an electrode that connects to the energy of our body. For people to know what that means, just like when you have a heart monitor on you, it's giving them electrical information. Well, this is different software that measures the energy pattern of your body and gives you a message. The bowel resonance scan works on a saliva and a blood sample. Predominantly, that's the best way to do it. You can actually put things over your ears, and lasers will then hit every acupuncture meridian in your ears, but it's extremely tedious. With the Bowel Resonance Scan, I can actually test you in Texas, which I've done, and I'll send you back information from that scan, and then I can actually send you back therapy via that same DNA sample. So, I can connect to your DNA sample through what is called a black box. We just call it a black box because it's a black box.

Inside that box are geometric patterns, lasers and lights, and they will then innervate that material inside, which is a blood or saliva sample and it will read more than 980,000 different points of the body from the stem cells, the red blood cells, the energy of the brain, the blood flow in the brain. It will measure the literal function of the stem cells everywhere in the body. It will measure every inch of your lymphatic system. So, let's say, for example, I have a lady right now who I know is dehydrated, and I've been emphasizing that she's dehydrated. This bio-resonance system can go in, and I showed her this. I looked at the energy of the lymphatic tissue around her breast and it's all black, which means there's no flow. Then I looked at the energy patterns around her inguinal lymphatic area in the crease of the leg, and it's also black. So, she's blocked in two different parts of her body. Now, I can energetically test somebody long distance, but I can also do it physiologically through the biomedical, bio-resonance scan. I showed her that the flow through the lymphatic system, which is one of the primary ways of detox, is blocked. There's no energy there. When I looked at her red blood cells, they were also predominantly black and had no energy.

If you can't carry oxygen, energy, and waste in your red blood cells, and you can't detox out of your lymphatic systems, it's going to clog up. So, what happens is, her breast tissue starts swelling up because it's all blocked. And why is it blocked? One of the reasons why it's blocked, and I told her that she's got to pay attention to this, they did a biopsy into the lymphatic system, which is like running over your lymphatic system or your garden hose with a truck, and expecting that hose to work. It doesn't work. It's blocked. So, learning how to detox scars, you've got a very good podcast about detoxing scars. Everybody needs to study that. Everybody needs to do that. They need to do it like that. If you've got a scar someplace, you've got to detox that scar. So, when I measured this lady, and I measured the lymphatics, and I measured the block specifically where the lymphatic was blocked, it's exactly right on the bullet point where they did the biopsy, which then blocks the energy there, which now there's no flow.

So, why do we not recommend biopsies? According to Dr. Ravici, in 1938, a few years ago, a lot of people didn't listen to him but he said that if you biopsy anything, you'll cause whatever's in it to spread. So, if you do a colonoscopy, which I'm not a big fan of, and I'm not telling people not to do it. It's your own choice. I've never had one. I'm only 73 years old, so I'm not even middle aged, but I've never had a colonoscopy, I've

never had a biopsy. I'll never have a biopsy, and I've never had a cold, I never had the flu. I've never been sick a day of my life. We are always taught to monitor our health, and if we feel like there's something out of balance, go for the emotional and the physical first, and then figure out what that is. I mean emotional is spiritual. 99 percent of all patients I ever get with any kind of condition have an emotional or spiritual block. I did a whole article on it, which people can write to me at my testing cancer website and ask me for the emotional block.

One of the best podcasts we ever did, ever. That has been the most popular, as you well know, is the podcast we did of why I cannot get better. People are searching for the reason why they can't get better from Lyme disease. If you have a condition for more than six months, not six years, six months, if you have a condition for more than six months, then someone's not asking the right questions. Nothing lasts more than six months. Nothing, nothing, nothing, nothing, nothing lasts six months. If it's a year, ten years, oh, I've been fighting this or whatever. First of all, the word fight, when you're talking about your own health, is like taking a ball peen hammer and hitting yourself in the tumor. So, let's say a person has a tumor in their breast or a tumor in their prostate, they're going to take a hammer and they're going to hit it. That's fighting it. We don't fight it. The challenge with these conditions, and we can literally see this in the bioresonance, this is the coolest thing ever, Wendy. In the Bioresonance, we have this thing programmed so we can literally look at the emotions on whatever cell we're looking at.

So, like I just mentioned, the lady with a breast issue, and it's swelling up because she had a biopsy, the biopsy's not been addressed, so the fluids are backing up. She thinks it's cancer. It's dehydration. Her hydration levels are less than 1%. So, they should be doing sea salt and water. We put together an energy protocol for people. They can write to us and say, just put in your email to me, clinicittestingcancer.com energy protocol, and I'll send in the energy protocol. It gets in the iodine, which I know you're a big fan of. It gets into the detox protocols with very specific supplements. Not all supplements work alike. There are very few that work extremely well. We really like to stimulate glutathione production. We really like stimulating vibration. And so, in each one of these things, I can do a pre scan of someone, then I do all these therapies. I can do the QRS, or I can do the infinity bed, or I can do the vibration plate.

Then I come back two hours later and I do another evaluation on their body that I just looked at, and I can see which parts of their body have actually opened up.

Dr Wendy Myers

Are you using the Chi fractal software to look before and after?

Michael Rankin Sr

Oh, very much so.

Dr Wendy Myers

That's the software that you use. It's great. It's testing dozens of parameters and you can look at their energy field. You can look at their heart rate variability, which is one of the most important markers to track and their meridians and their chakras. And you can see all these changes to see if what you're doing is having a positive effect. It just makes so much sense.

Michael Rankin Sr

Rapidly, and what's beautiful about this, it's another Russian-Chinese technology. Why do they develop all these technologies for remote viewing? It's because they're sending people to outer space, and they want to be able to monitor them remotely. One of the things that we can monitor is bone density. I did not realize this, Wendy, because it's not my area of focus, but I had a lady who does a lot of bone work trying to reverse or stop osteoporosis and bone thinning. One of the things that we can see very easily, very quickly, is the bowel resonance and the chief fractal. We can see the energy patterns in the body, whether or not they're even producing enough energy to produce bone mass. We can literally go into the bone marrow, and we can see if they have energy flow in the bone marrow, and if they don't, then they're not going to produce bone. We can see, like, oh my gosh, Wendy

Dr Wendy Myers

It's so sophisticated, like all the different things that you have told me in person, on a podcast, when we were speaking personally, it just blows your mind how a quick

scan, it's maybe an hour or something like that, a very quick scan can give you an infinite amount of information and prioritize what it is that you need to work on.

Michael Rankin Sr

That's right.

Dr Wendy Myers

Because I think that with a wealth of information, you need to know what to focus on first.

Michael Rankin Sr

That's right.

Dr Wendy Myers

When I came into your clinic, I already knew what my problems were with my liver, thyroid, and lymphatics. At that time, I knew that was the issue. And that came up on the scan. And my intestines as well. It's just a relief to see that this software is working. It's just so accurate and it gives you hope that you really can address the root cause of your issues, not just on a physical level, but on the physical, emotional and energetic level.

Michael Rankin Sr

That's right. Based on Dr. Bernard Jensen's book, which is one of my favorite books of all time, we're able to literally go in and prove to people when they have an arrhythmia, I can go in and look at their colon with the bowel resonance, see there's a block in the colon that then goes up to the heart, which is actually causing the arrhythmia. We can show that on the scan. We can show that on the chief fractal. We can show all this information together. We can show that if people come to me, like, if someone's taken more than one drug, then they've been going somewhere to somebody who doesn't really have enough knowledge, information, or motivation to find out what the issues are. Otherwise, they wouldn't give you your drug.

My dad told us, and ironically, the only drug my dad ever took is the one that they killed him with. He said, we'll never take drugs. I broke many bones. I broke my right arm as a nine-year-old on a horse. I broke my left arm in a bicycle accident. I broke my clavicle, never took a drug, never took a pain drug, never took a drug. We used ice and heat and things like that. We never took drugs.

Dr Wendy Myers

Now, I know for me personally, I damaged my liver, that's why my liver is such a point of contention, by taking pain medication like Vicodin for lower back pain. I was just in so much excruciating pain and it really harmed my liver. I'm going to be paying for that for the rest of my life.

Michael Rankin Sr

Well, yeah, but you know, Wendy, you're the perfect example of when you talk about detoxing the liver, we can literally do pre and post evaluations on the chief fractal, on the bioresonance, on the biomedical scan, and show what's improving. Okay? This is one of the most important things you ever say in your meetings, and everybody needs to remember this. If you have a liver the size of a quarter, and it's the biggest organ in your body, it's a huge organ, but you only have one quarter of it left, you can regrow the liver enough to build new tissue. And it's the same thing with heart tissue. The heart is a magnificent organ, and it will recreate blood flow around it. One of the things that's been startling ever since the last several years and all the different shots that people are taking, I got word that it was a very potentially catastrophic experience for people. I also had the ability to monitor whether there was a real issue or not. With the biomedical scan and the bioresonance scan and the chief fractal, I can literally see the energy in people's bodies. If someone is showing some symptoms that they were calling a certain magical word, I don't use the word because it's a marketing word, but I could go in and I could look at people's lungs and find out that 98 to 99 percent of their lungs are so dry that they're accumulating toxins in their lungs. And that's why they're having a breathing issue.

Well, every spring and every fall in the 73 years I've been on this planet, it'd be 74 pretty soon, people have issues in the lungs. People have issues with their smelling. Why? Because you get a lot of pollen and a lot of mucus buildup in your sinuses.

You're going to have a smelling problem. Well, this happened when I was 9. So, 9 and now 68? They're calling it different words, but it's the same experience. So, what is the magical solution to lung issues is to get hypertonic saline from KeenTone and a nebulizer for 56 on Amazon, put it into a little pod and breathe it in and just make sure you're working with somebody that knows what they're doing. It's not difficult, but it's important to know what you're doing and inhale this. You'll find after the first day, the amount of materials that you will cough up that have been accumulating for sometimes a decade are being exacerbated by issues in the colon.

When you're gonna stop an asthma condition, we learned this as children, you squeeze this part of your hand, right here. What is this? Large intestine. So, this is a large intestine. This is lung. So, on the biomedical scan, on the bioresonance scan, and on the chief fractal device, we can literally measure the energy in the large intestine in each one, and when people are having lung issues, I can tell you why. When people are having arrhythmias, I can tell you why. Those things are all reversible. We found that, for example, if you eliminate electrosmog, we developed a card that literally takes any cell phone and turns it into a healing device. We don't have to be afraid of electricity. We don't have to be afraid of things like that because we can literally convert the negative energy into a positive energy.

I know you're going to go, but you may not be able to go, but I'll make sure that I record it. In South Dakota, I'm giving a talk on how to use the love of God to change a negative influence. One of the epidemics in the United States today are root canals. A root canal is, we've been told in scientific medicine, more than 1, 100 journal articles about root canals, and started by Hal Higgins, one of the most brilliant dentists of our time, a root canal can block up to 65 percent of the energy in the human body. In the biomedical scan, in the bioresonance scan, and in the chief fractal, I can literally see, in those three tests, independently, agreeing with each other, what effect the root canal is having on somebody. So, for example, Wendy, I had a lady who had made some decisions that caused some serious bone loss by taking a drug for cancer that they knew caused bone loss and it literally was disintegrating her jaw.

Now, we fixed the issue with the toxicity by following a lot of the protocols that you talk about. We implemented those protocols. We used our energy medicine to reverse those things. But what was the dominant thing that we had to reverse and

work on was the fact that when she was three years old, she grew up in a family that was Jewish background, not Jewish Spiritual, but Jewish political, and this lady was told by her great grandmother, a three-year-old little girl, you don't deserve to be happy if you weren't in the Holocaust. She said that to a three-year-old little girl. So, she grew up thinking that she was unworthy to be happy. This manifested by her marriage choices. This manifested by her decisions, and so there was this desire to cause stress in her own body. So, what did she do? She went out and got a root canal.

All of her liver numbers were completely normal. All of her cancer numbers were completely normal. She got one root canal on the left side, lower of her tooth, and all of her liver numbers exploded negatively. All of her cancer numbers went in like super cancers from one root canal. So, what I did was I took the radio device, and I took the information from the bowel resonance, and I created a frequency. I put that frequency onto the plate of the radionics device and I laid my hands on it as if she was there with her tooth and I just prayed and I said, I asked for the love of God to fill that energy with the same power as the block of the root canal and give it to her as love. She had not slept in three months. She was too embarrassed to call me to tell me that she'd made this decision, which she knew later was not a good decision, but she feared it. Any decision that you have to make on the spot, don't make it. Walk away. Call me before you make any kind of a decision. I'll tell you. Why it's good, why it's not good, and then prove it to you. You go back and do whatever you're going to do.

So, we took this information, I just prayed with her. She wasn't there. She's in another state, 2,000 miles away. I just laid hands on her tooth, an image of her tooth, I laid hands on her DNA in the device, and I said, thank you Jesus for taking the power of the root canal and giving it back to her as unconditional love. Love conquers all discontent. For all of it. I can literally prove it in the bioresonance scan on this lady. I can prove it in the biomedical scan on this lady. Her numbers that had gone through the roof negatively all went back to normal. And she had not slept in three months because of leg pain and insomnia. And one night, she slept.

Dr Wendy Myers

What I love about talking with you is because you give so much hope to people like myself that have made poor decisions with their health. They've gotten root canals, or they've gotten plastic surgery, fillers, or whatever BBS that they did and they have a scar tissue all over their body or just have emotional trauma. There are simple, easy ways, noninvasive, not painful, easy to do, not terribly expensive to reverse all these things using frequency, because everything resonates at a frequency. So, everything could be measured. And it could be measured with a biofeedback or a galvanic skin response test and to figure out exactly what is going on with you and can be addressed so simply. I don't think people realize how simple energy medicine is, or using the power of bioenergetics because when I go to your clinic, I'm usually there for a couple days. I come in feeling like just a pile of dog poop, for whatever reason. Like after I finished the heavy docuseries, I was just, Oh my gosh.

Michael Rankin Sr

You were so exhausted.

Dr Wendy Myers

I wasn't able to take care of myself physically because I want to get this information out to people. So, I'm like, I need to revive a session with Dr. Rankin. I come in and it's just amazing. I'm just floating on air when I come out of there because you just release so much energy to energetic blockages and address so many different issues all at one time. It's amazing that in this laboratory you have all these different bioenergetic devices like the radionics that you mentioned. Why don't you tell us more?

Michael Rankin Sr

Let me tell you something that we learned. It goes back to when I was studying Chinese medicine in the nineties. I remember this old doctor trying to explain something to me. He spoke no English and he was like a country person. I later found out from my son Daniel, that Daniel would travel with me when he was old enough like three and four years old. He would interpret for me. He says, Papa, Papa. Papa. He said, this doctor speaks a very old country Chinese. I'll see if I can understand him. So, he would speak to Daniel, this little three or four year old little boy, and Daniel would

interpret to me. And he said, your left hand over your heart chakra, the middle of your chest, put your other hand on top of that. He said, all love is in the center of our heart because that's where God is. That's what the old man told us. He was 96 years old and he's telling Daniel to tell me this and then he goes, okay. I only know those words, which means, okay, I got it. Then he'd tell me that. So fast forward to today, and that's what I tell people now, put your hands in the middle of your chest and we don't ask for something.

I don't think I've got my new book to you yet called Finding Hope. It's a beautiful book Wendy. Oh, I'm so excited for you to get my new book and it's called Finding Hope and it's all about the stories, including our own that you and I have shared about helping people find hope and when we take and we don't we don't ask for something, when we ask for something, it means we don't have it. Oh, I'm praying I get this. That means you don't have it. We don't say should or could because those are shame words. We don't say sorry get the word out of your mouth. It's like the most horrible sound in your mouth is sorry. Don't say those words. If something happens people don't want to hear that word. They say, what can I do to help when something happens? We had a neighbor whose little boy was badly injured. I didn't say sorry. I said, what can I do to help? Okay? I tell everybody that. Don't say sorry. Say, because it means like you did something wrong. It's the wrong word. It's like the CNN word.

It's not a good word. You just say, what can I do to help? A CNN word, right? So, people say, what can I do to help? Now, you're actually asking, what can I do to help? And most of the time, it says, I really don't know. Well, let's see what we can do. And then they go from there and now all over town, what they'll do is they say, call Dr. Rankin, they'll have an answer for you. You won't have to do this. You won't have to do that. You won't have to take this drug. Okay? When the first time someone was given a drug, it means that someone wasn't either smart enough, cared enough, or wanted to spend time enough to help you solve an issue.

Ads 00:37:21

This episode is brought to you by Puori supplements. Millions of people take protein powder every day. If you're going to take something every single day, it becomes especially important to make sure that it doesn't have toxins in it that will harm you.

That's why I choose and recommend Puori's PWI whey protein, because after all the research that I've done over the years on the toxicity levels and many protein powders, especially plant-based protein powders, I'm very cautious when choosing a brand that I trust. I personally only take whey protein powder. I don't do anything plant-based because of the toxin levels. So, there's a really interesting study, a new one done by the Clean Label Project that was just published and it's a study of 160 top selling protein powders representing more than 80 percent of the market in the U.S. Shockingly, or maybe not surprisingly, it showed that nearly half of the top selling protein powders in the U. S. exceed California's prop 65 safety limits for lead, the staggering 21 percent containing double the acceptable amount of this harmful heavy metal. This discovery isn't just cause for concern. It's alarming.

When you're trying to buy something healthy and you're taking it every single day. And as you know, the potential health impacts of lead exposure are nothing to take lightly, ranging from cognitive problems to reproductive issues, lowering IQ in children. So, it's really a wake-up call that demands attention that we address on the show. Puori is so committed to creating the highest quality products. Its third party tests every batch of every product for more than 200 contaminants, ranging from heavy metals, BPA, forever chemicals like PFAS, oxidation, dioxins, pesticides, bisphenols, and many more. The results are published online on their website, puori.com for full transparency, or you can scan the QR code on the product to see the results. Puori's mission has always been rooted in transparency and safety and virtuosity, even in the product category for any product that they produce. So, you can thoroughly trust that any of their supplements are clean and of the highest quality.

I would never recommend a product that I don't use personally. That's why I recommend Puori pasture-raised whey protein powder. It tastes great. It's super creamy and super delicious. I also have peace of mind that the products are tested and clean, especially when it comes to the chocolate flavor, which can be the most contaminated with lead and cadmium and other heavy metals. In PWI, you find real vanilla seeds from bourbon vanilla from Madagascar, which is known for its high quality and amazing taste as well. Each serving of Puori's PWI contains 21 grams of minimally processed clean high quality whey protein powder from pasture-raised cows. That means it contains no hormones, no GMOs and no pesticides. No, thank

you. I have never seen a supplement line that's dedicated to the highest level of quality. For my listeners, Puori is offering a special coupon code so you can try it for yourself for 20 percent off today. Just go to puori.com/wendy and enter Wendy at checkout. So that's P U O R I dot com slash Wendy, and enter Wendy at checkout.

Dr Wendy Myers

That's the biggest problem with going to a lot of conventional medical doctors. They are very well meaning. They got into their practice to help. I'm not trying to crucify anyone here. I'm just saying, I'm trying to open people's minds to a different way of approaching their health and I'm all more holistic way. That's my only goal here. I think that for a lot of doctors, people go to them and they have such a limited toolkit. It's very antiquated. Even Joe Rogan, I heard on his podcast was saying that, or I'm sorry, as Andrew Huberman's podcast, he was saying that 50 percent of information taught in medical texts is wrong or outdated.

Michael Rankin Sr

That's right.

Dr Wendy Myers

Fifty percent.

Michael Rankin Sr

Yeah, they have to understand, it's not how happy the doctor is, it's not how nice the doctor is, it's how much information he's got. When you go through medical school, you don't learn physiology per se. You learn how to use a drug to take care of a problem. That's literally what happens. You learn how to follow billing codes. That's what they dictate to them. It's not that they're just going, they're not. They're doing it because of malicious reasons. They're doing it for their own well-being. The only way you can keep your own license is to follow billing codes and follow the plan. It doesn't necessarily mean they're bad or whatever else. It means that if you don't follow that plan, you can be taken to court. You can be sued or whatever else. And what people don't understand is that the boards that regulate this are often run by the very doctors that are on the boards of pharmaceutical companies and whatever else. So,

it doesn't mean we are dependent on that because everybody can learn. If somebody wants to learn basic physiology, all they have to do is send me an email at clinic@testingcancer.com for some basic stuff, basic energy, basic sleeping issues right now, Wendy.

You mentioned to me last week that sleeping issues, insomnia, is epidemic. Okay? One of the reasons why it's epidemic is that people look at the screen two hours before they go to sleep.

Dr Wendy Myers

Thank you.

Michael Rankin Sr

When you look at this screen, no matter how many blue light covers or whatever else you put on it, the only way that this thing will not bother you is if you put so many covers on it, you can't see it. You also don't want to have your brain stimulated all night long with a negative energy, which is what a phone is. So, I came up with this. Let me show this to you. I don't even know if I got one of these to you yet. I put in what we call the happy modem cards. Okay. This is an image of a stone from my front porch. That has an assay level, more than one trillion units of energy, and in the middle of it is a radionic symbol. So, when you put this inside your phone, this phone goes from a negative energy to a healing energy. So, I did an experiment with my chief fractal, my bowel resonance, and my biomedical scan, and I put this on my modem. I normally turn my modem off at night. I live in a country area, so there's nothing close to me. So, I have a modem that connects to a cell tower. And so the cell tower, as you can well imagine, is not necessarily a positive thing. But it's the only way for me to get any kind of a signal.

What I did was, I took these cards and I used my Radionics and Vial Resonance System to create the countermeasure of the negative. So just like I took the negative energy of the root canal, which is 65 percent of the entire energy of the body. That's a powerful energy. Take that and convert it with God's love and put it back in. I took the modem, put it in my lap, and literally converted that negative energy of a modem and put it back with God's love into a card. I took every other thing, cell phones, I had

three or four cell phones. I had workers coming by, give me their Apple phones or every phone they've got, have a computer sitting in my lap and I programmed all those negative energies into a card that literally gives you love, almost like a giggle at night. Then I measured my sleep with the Aura Ring. I measured my sleep with the Bowel Resonance and the Bowel Medical Scan and the T Fractal. Everything improved as if my modem was off. Then I turned my modem off and I actually got better sleep with my modem on because the modem becomes a healing device. We think of everything as being negative, but you've always talked about it, convert, convert, convert. That's what we're doing. We're converting.

Dr Wendy Myers

Yeah, you're fighting frequency with frequencies.

Michael Rankin Sr

Exactly. You can change the frequency.

Dr Wendy Myers

Yes, there are so many things that you can do. You can give the opposite frequency. These are incredibly powerful tools and many of them were invented in the 1900s.

Michael Rankin Sr

Exactly. Late 1800s.

Dr Wendy Myers

All of these tools, radionics, rife, scalar discovered by Tesla, all of these things were discovered in the early 1900s, but they were suppressed by Rockefeller and the mainstream medical model that he created that still exists today.

Michael Rankin Sr

That's right.

Dr Wendy Myers

That's why we don't hear about any of this stuff.

Michael Rankin Sr

Well, let's look at some of the books that people need to have on their reading list. The Invisible Rainbow is the number one book, I believe, in the world that I've ever read, and it's the longest book I've ever read on this topic about electrical pollution. Some of these devices, albeit it sounds good that they have a PMF, some of these devices out there, the only one I've measured that doesn't have electrical smog is the QRS.

Dr Wendy Myers

Well, let's talk about that. You're talking about PEMF devices. Y

Michael Rankin Sr

Yes, and there's a lot of them out there.

Dr Wendy Myers

I've never used any of them. The grounding pads, a lot of PEMF devices. Tell us what the PEMF device is exactly. What is it? What is the purpose of that?

Michael Rankin Sr

If we look at when people try to ground themselves, they ground themselves to a plug in their house, which has dirty electricity. I have done pre and post measurements of people laying on a grounding pad plugged into their electricity, not plugged in outside, not grounded literally, but plugged into their electrical system, and all of their numbers plummet because it's literally sucking the energy out of your body. You become a grounding rod. Same thing with sleeping on a bed with springs in it. You become a grounding rod. Not a good idea. But if people can't afford to change their bed, they can literally cover their bed with an EMF cloth. It's very cheap cloth. You can buy it for tens of 150 for enough to cover a king size bed and cover the springs. And now you don't get your springs to become an antenna.

Dr Wendy Myers

That's really smart.

Michael Rankin Sr

Oh yeah, real cheap, real smart. Every plug in my clinic, my house, they're all covered with little EMF cloth. Now, from a decorator standpoint, my cousin's a decorator, she goes, Michael, we have to put some design on these things. They are really ugly. I said, okay, we'll do that. If you look at the post electromagnetic frequency devices, they all use the same terms, but they all don't work the same way. I remember one time I was in Texas and I was at a doctor's office and somebody turned on one of these devices that was as big as a refrigerator. I'm joking, but it felt like it. When he turned it on. It made my whole body hurt. It shook me in my chair. I got away from it immediately because it was literally giving me brain trauma. It was a PMF device that was so powerful that it was literally damaging my body. You have other devices like the infinity bed that moves a wave like this. Well, we talked about the chin. Yeah.

Dr Wendy Myers

I sleep on that every night, so I have an infinity bed by Dan Tuck and it just changed my sleep. It's unbelievable. I put it on for an hour. I get in bed an hour before I go to sleep. I lay on that sucker and I just completely relaxed. My cats are on it too. They gravitate towards it. It just completely relaxes my body. It's unbelievable. It's amazing. It's a game changer.

Michael Rankin Sr

It is a game changer. One of the things I've discovered with that bed, I was experimenting with some recipes and not really careful. Then I had some people bring in some stuff, which I normally don't eat. When people bring in things, I don't know how they made it. And it turns out there was a really strong allergy stress response to that, that was giving me acid reflux, which I never have, unless I've had food that I have an allergy stress response to. Acid reflux is a food negative stimulus. So, I decided, instead of doing the fast, easy thing of baking soda, which you can do, small amounts, without damaging your body, I thought, I'm going to try the bed, because Dan told me that if you turn it on to positive, it reverses acid reflux. Literally, I turn on a timer, he said, Michael, turn on a timer. So I turn on a timer, I lay on the pad, I

turn it on to positive, and literally, in two and a half minutes, acid reflux, any symptoms are gone. All the tummy issues I had from the food had gone. No acid, nothing. No acid reflux.

So, I thought, okay, let's find out if that's just postural. So, I turned it off completely and literally within about three minutes, the acid reflux came back up. I turned it back on and went right back down again. Oh my gosh. I said, I know this thing helps with sleep because I could see my deep sleep double and my REM sleep triple. But I never thought about it as an acid reflux reversing device, and it does. It literally reverses acid reflux.

Dr Wendy Myers

So what was it? What is the InfinityBed? I'm going to get back to PEMF in a second because I think that's a big topic. A lot of people buy all of these expensive PEMF devices.

Michael Rankin Sr

Expensive and there's a lot of not good ones.

Dr Wendy Myers

There's a lot of garbage out there. So what is the InfinityBed?

Michael Rankin Sr

The Infinity Bed is based on a very old concept technology that Dr. Hazel Parcells created for herself because she was ill and she was ill all the time and she couldn't understand it because she was very healthy for a while and then she started to deteriorate. Now fast forward to when she passed away, she was 106 years old. She literally reversed her downgrading energy and her downgrading health back to very youthful health. And then she died with what looked like a very youthful 106 year old person. She never looked her age, and what she described was that the infinity bed moves like in a figure eight pattern. When you look at the coils inside of it, they're literally in a figure eight. It's full of copper, correct?

Dr Wendy Myers

Yes, that's right. So, the bed is kind of full of copper, creating this infinity frequency. That makes it a little bit expensive. Copper is very expensive. But, when you're talking about your health, for me, I can't do enough for my health or I'll pay anything. I'll pay anything to improve my health, especially when it comes to sleep. This is such a game changer. Everyone falls asleep on this mat at every conference I've been to. Everyone falls asleep instantly on this mat.

Michael Rankin Sr

It's so fun.

Dr Wendy Myers

Why is that?

Michael Rankin Sr

Well, because it's slowly going to sleep like a baby. We had a bunch of puppies recently. They're now about three months old. When they first were born, in order to calm them down, you just rocked back and forth. I thought, well, I just lay on the infinity bed. So I did. I'd get all the puppies and wrap them in my arms and I lay on the infinity bed and they'd all conk out because it would give them this lulling pattern like this. And it literally is like rocking you to sleep. The Chi machine is another one, which is one of my favorite, inexpensive, 150, 200. I have one for 27 years that Daniel's mother bought me, 27 years ago, and I still have it and it still works. The Chi machine, you gotta use it properly. You gotta support your knees and stuff like that, but when you use the Chi machine without any elastic between your feet and your head, it's going like this. And it never stops. If you watch it, it didn't go clunk, clunk, clunk, like the cheap ones do. It goes like this. It literally moves in this kind of a pattern.

David, my working fellow that you met at the farm, he took it apart to show me. It never stops. It rolls on a pattern that doesn't stop. It's like this, backwards and forwards. The infinity bed does the same thing. It moves like that. It turns out, Wendy, that both of these things are the same pattern as a goldfish. A goldfish is like this. That's why goldfish live a very long time. I found out by the way, just a little side note,

you never put goldfish in your pond because they'll destroy your pond and you don't want to put them in creeks and in whatever else because they're like a fire ant in Texas. You get them started and you can't get rid of them. They just live forever. They just like, almost nothing harms these things. But it's this pattern of their tail, and it's that kind of energy. But when you look at the PMF device from QRS, it's the only one that doesn't have electrical smog. It's the only device in the world that actually causes your body to discharge smog accumulation.

All of our bodies have receptor sites all throughout our body. That's what the Chinese call qi. When you do qi, like when they do the tai chi with their knees bent, they're doing that because they're trying to drive the qi from their quads up to their butt, up to the kidneys and up, and that drives qi into the batteries of our body, where our bodies can also collect negative smog, and most of the devices out there have negative smog. You've really got to be careful with those, but the QRS actually discharges smog type energy, and it also gives you a barrier over three feet wide around your body while you're lying on it. I tried this last night and I was going to do some reading. I had lots of reading to do and I always did that before we were going to have a talk. I was going to read this information about the whole thing about electrical smog. I turned the QRS on to relax and be sensitive and I must've lasted about 25 seconds because I woke up at five o'clock this morning. I had slept nine hours straight without waking up and it just put me out. Oh my goodness, nothing does that. I mean, nothing does that.

It literally takes every part of your body and puts it back into a rhythm where we can sleep. It affects the pineal gland like nothing I've ever seen before. The other thing that it found that it does, it literally detoxes the pineal gland. A lot of people eat foods that have bromine, and that's why iodine is so important to clean off the bromine receptors in your body. When you eat too many foods with bromine, it starts to clog up the body. When the bromine receptors get clogged up, that's the other thing that causes insomnia, because the pineal gland gets calcified. The other thing that we found with the QRS is doing the calcium cascade with the Mother Earth minerals. You do about two teaspoons of Mother Earth Minerals Calcium, which is the double plus calcium. It's the only calcium that you can safely take at all. Never take a calcium supplement.

Dr Wendy Myers

Yeah, I take the ionic calcium specifically to decalcify my body, which is very counterintuitive.

Michael Rankin Sr

There's a fella out of New York, and I don't remember his name right now. Michael brought him into our practice years ago, and he does ultrasound, and he measures calcification on the organs, like liver and sternum, the chest area, and the rib area. He found there were little particles of calcium in all these different people. We just learned about the calcium cascade about 20 some odd years ago. We did the calcium cascade with the double plus calcium. 30 minutes later, we did the magnesium. 60 seconds later, we did the potassium and then we did the zinc. 60, 60 and like that. 30, 30 days later, he comes back to Texas to do the ultrasound and he's looking at me and he's running the probe all over him. He goes, Dr. Rankin, something's wrong. I said, what do you mean something's wrong? He goes, well, I've been doing this a long time and people are really worried and concerned about how much calcium they're building up because if you have calcium somewhere on your teeth or anywhere else in your body, you can't see anywhere else in your body.

That's why to clean the calcium off your teeth, you're literally taking away one of the benchmarks in your body that tells your body that it's building up calcium. We do the calcium cascade. Calcium doesn't build up in your teeth. It doesn't build up in your arteries. It doesn't build up in your organs. It doesn't build up in your joints. It literally detoxifies your body and dissolves the calcium deposits like bone spurs and things like that. It's magical. I meant to look for this last night and that's when I fell asleep. You did a podcast about castor oil. Castor oil is magic. Absolute magic. Dr. Bader, who's one of our crazy gurus about PMF. He's a little hard to listen to sometimes. Don't listen to this podcast, Dr. Bader. I love him. He's like a fountain of information. He's got 10,000 words in a few seconds. That's why you have to record everything he says. But if you take castor oil and you use it on this PMF device, it causes such a harm in your body that the detox effect is extraordinary.

It literally will dissolve bone spurs doing the calcium cascade and doing the castor oil wherever you think you got a bone spur. It will literally dissolve it in 30 days. It's

amazing. It's just amazing. One of the other things that they do is they have a little pen, and they also have glasses that you can wear. It's like putting the mat on your eyes. One of the epidemics we have in the United States today is bone loss, which it can reverse and then keep it stabilized in normal. Cataracts are an epidemic. I went in to see an eye doctor about three years ago just to get a foundation because I hadn't been in one in 40 years. They said, you gotta come back in a year. I went back in a year just to see how much I had to reverse whatever it is I needed to reverse. They started telling me a story. I said, no, wait a minute. You're trying to tell me again about cataract surgery? Did you even look at my last scan and they go, well, no?

I said, well, go look at my last scan and they go, oh, well, there's about a 37 percent improvement. I said, yeah, duh, and I left. And I said, you just proved my point. And I said, you don't tell somebody they need something. If they're reversing it, find what they did, and then do that. Well, they didn't do that because they make money by whatever they're doing, not by reversing it, right? So you can take this calcium cascade and you can take this PMF device, you can literally put it over your eyes, either with an eye mask, I mean with goggles, or you can put it with a little pen, and it's like taking the entire PMF device and pointing it to a spot.

Dr Wendy Myers

Do the goggles also improve macular degeneration or eyesight?

Michael Rankin Sr

Tremendously. The number one cause of macular degeneration, as you well know when you talked about this, is inflammation, lack of blood flow, lack of minerals, and inflammation build up. And that's reversible. Okay? Michael has reversed it with the Equiscope. But not everybody can afford a 45,000 Equiscope. If you get one of these devices and you learn these different protocols, you can literally reverse heart disease, bone loss, macular degeneration, eye health, all with one device. It's spectacular and it's a matter of minutes, it's not like days. You use it 8 to 16 minutes twice a day.

Dr Wendy Myers

That's the QRS method?

Michael Rankin Sr

The QRS, yeah. I use it at night like I mentioned before, because I've been doing this sleep experiment to see just what affects what, and I found that when I put it on this Relax and Sensitive device, it's a lot more. I don't last but a few seconds, even if I wanted to. I woke up in the same posture. Normally I sleep on my side, but I was trying to read this book. I had this book and a book was lying on top of me and my hand was on the side and it's five o'clock in the morning. Nine hours later, I never moved. That's a good sleep. People move a lot. They say, I move a lot in my sleep. It means you don't have a good sleep. It means something is stimulating you negatively. So you have to move away from that stimulus and a lot of times it's a cell phone.

Ads 01:01:17

This episode is brought to you by Chef's Foundry. They've got a fantastic line of cookware called P600. It's totally non-toxic. I think people don't realize that when they're cooking, most people's cookware is adding toxins to their healthy food. People spend so much money on healthy organic food and then cook it in toxic cookware. That includes cast iron, which I do not recommend. It adds way too much iron in a form that we can't absorb. People use aluminum cookware, which is very inexpensive and it's used at most restaurants, giving us tons of aluminum. People are also using ceramic cookware, which can leach toxins into your food, not to mention the nonstick cookware just has so many PFAS or P F A S that is so toxic. That's one of the forever chemicals. So, you really have to pay attention to what you're cooking in. That's why I recommend the P600 line by Chef's Foundry, so that you can have peace of mind when you're cooking and you're not getting any nasty chemicals like lead or cadmium or nickel or PFAS in your healthy food. You can get a special discount for my listeners by going to bit.ly/myersdetox. So that's B I T dot L Y forward slash Myers detox, to get an exclusive discount just for my listeners. I want you to be thankful while thinking about what you're cooking your food in and I highly recommend the P600 line by Chef's Foundry.

Dr Wendy Myers

Let's talk about the fact that a lot of people sleep with their cell phone next to them and charge it next to their head. It's just like, oh my God. Let's talk about the bad pimp mats. You talk about the QRS. And that one, it works fantastically and you can get that from you. You can go to testingcancer.com and contact you to get more info about that, but there are a lot of mats out there and they're really expensive, 4 or 5, 6,000 and people report improvements. They report reduced pain. What is actually going on there? Even if people get improvements, what's it doing to their body?

Michael Rankin Sr

If you used a vibration plate for the same period of time you used one of these PMF devices that are bad for you because of the electrical smog, you would get improvements. So, it's not the short term improvements, it's the long term improvements that make a difference. Anything happens in the short term if you're going from a point of no energy in your body, and that blockage of energy is what Chinese medicine calls the blockage of energy or pain. The blockage of energy is pain. So, when you use any device, even if it's a bad device, you can cause a change in the energy pattern of some part of your body and you can actually feel an improvement. Over the course of time, unfortunately, when we measured some of these things, one begins with an I and one begins with a B, PMF devices that I would not however recommend one of my had to get off. They just turned it on. I had to get off because it just made me feel really terrible.

Since I use very good monitoring tools, I'm really sensitive to good energy and bad energy. I had to get off this thing because it was being sold as a multilevel marketing thing began with a B and it was terrible. The smog was horrific. I couldn't even stay in the room because the negative energy coming from this thing was like turning on a cell phone, 10 times stronger than a cell phone is, and then hoping that's going to do something. Well, it's going to do something. You can do anything short term and get some kind of a short-term feeling or improvement by an infrared pad. But as you well know, some infrared pads are good and some aren't, but they're all going to give some results. They're going to give some feedback to the body that may actually feel beneficial, but long term is not beneficial. So, we have to look at short term, long term, and what's going to help us long term versus short term.

If you're going to use something that's going to cause bone loss, which is any one of these devices that has a lot of electrical smog. If you read the book, *The Invisible Rainbow*, and you look at the current occurrence of osteoporosis in the 1940s, 1940s, early 1950s, I think there were 1200, 1500, or something like that. There were very few people with osteoporosis. Now there's 200 million. Now, what also went up at the same time as osteoporosis? Consumption of homogenized milk. Homogenized milk is not a food. Homogenized milk is like drinking a liquid plastic. It is so stressful for the body. You cannot get vitamin D from milk. If you're going to use something while you're going to do anything beneficial for yourself, it's vitamin D3 and K2 together. The K2 helps the D3 to be absorbed. K1, on the other hand, is for blood thickening and blood thinning. When people are getting all kinds of shots and things like that, it's causing a thickening of the blood because they're already dehydrated.

K2, K1 are for thinning of the blood or just vitamin E or vitamin E foods, which is what we recommend. Vitamin K1 foods, vitamin E foods are extraordinarily beneficial right now. If you're going to do the PMF device, you need one that's going to cause a gentle relaxation and a stimulation that attenuates the same energy of the human body. You can't put a negative energy in the human body and expect it to have a long term benefit. You can get some change to it, but the long-term benefit's not good. That's why some of these vibration plates, they only go up and down. They literally bruise your feet and bruise your legs. If you get those ones like the 4D, which now you can get for about 300 bucks.

I just bought one for Michael, one for my daughter. They're four dimensional. They move like this. As you remember, Michael, a couple of years ago, smashed his hip in a skiing accident and literally crushed the femur head and cracked the socket. Now, no problem. The thing that keeps him going is the QRS and doing the vibration plate. No pain whatsoever. He's building a house and so walking up and down steps was a problem until he started using those devices.

Dr Wendy Myers

And then just to make a point here, so it's not that all dairy is bad. Raw dairy is fine, correct?

Michael Rankin Sr

No, raw dairy has no negative side effects.

Dr Wendy Myers

Yeah, that's a whole different thing. I eat a lot of raw cheeses because I crave K21, you get K2 from raw dairy.

Michael Rankin Sr

That's right.

Dr Wendy Myers

I was eating a big bar of Parmesan this morning, which is super high protein and it's raw Parmesan Brodo. You get lots of beneficial nutrients in that. But yeah, the regular commercial milk is absolutely disgusting.

Michael Rankin Sr

What's in it is really disgusting. The first thing you want to recognize in your own body or one of the things that we try to do, Wendy, as you know, is to teach people how to monitor themselves. If you eat something and you produce a lot of mucus, it means your body didn't like whatever it is you ate. So, if you're doing something and you're producing a lot of mucus, either in your mouth or in your stool or in your coughing. Coughing on a regular basis is not natural. You shouldn't be coughing on a regular basis. The guy says, well, I only cough three times a day. I said, well, you're not supposed to cough once a day. There's a problem there, right? Well, the guy had congestive heart failure and they had him on four drugs that had given him congestive heart failure. One of the first things I told him to do is eat raw dairy goat cheese and raw cow cheese, white cheese, which he's going to do. He's a farmer, and so he's got access to all kinds of good meats and good cheeses. He's outside all the time, so he gets a lot of regular vitamin D.

If people are not outside getting a lot of their body exposed, like 90 percent of their body exposed to the sunlight for an hour, you're not getting your D3. You're not getting it. You've got to get D3 and K2 together in order to get enough and for it to be absorbed. But you don't take calcium supplements except the Mother Earth Minerals

Double Plus Calcium. They're potassium. The other one that we'd like people to get is the hydration protocol that we have. If somebody will just send me an email to clinic@testingcancer.com and say hydration protocol, then Cheyenne will send you out our hydration protocol. It also has our iodine protocol in it. Everybody is low on iodine and you can't orally take iodine. You can't take 20 percent iodine and consume it. It destroys your digestive system. You can take iodoral, which is why they created iodoral. You take iodoral and an ATP cofactor. You can get your iodine that way. It's extremely expensive. It's like 200 for a bottle, and then the ATP cofactor is about 50. You can take topical iodine and apply it topically to your legs, to your inguinal lymphatic area, to the side of the breast, and things like that.

The other one that I really like is sitting on the PMF device and then doing a foot bath, either with a hydrogen foot bath, which I really like. In the hydrogen foot bath, we have them take methylene blue, we have them take 10 cc's of Ivermectin called Normectin. It comes from Ireland. It is very good, clear, clean Ivermectin and 20 percent iodine and put that in the foot bath. Now you should be working with somebody to test you to what your dosages should be, but the patients I'm working with, that's what they use and they benefit tremendously. When you use the hydrogen bubbler with those solutions in the water, it causes your body to absorb them more, and it literally gets rid of spider veins.

Dr Wendy Myers

Yeah, that's a good idea. I hadn't really thought about putting the substances into my foot baths when I do them. I do those at least a couple of times a week. I hadn't really thought about adding those substances to it. That's a fantastic idea because the biggest pores in your body are on your feet. So, you're going to naturally absorb things through your feet.

Michael Rankin Sr

Yes, you stimulate your feet with those substances. The other thing that women really like is they lose all this excessive skin off of their feet. Most of that excessive skin is actually a fungus. When that fungus builds up, which you can actually see in bunions, a bunion is a fungus growth. So, you could put castor oil on your feet and put it into a sock, a nice cotton sock after you've done your foot bath and just let your feet soak

with a tremendous amount of castor oil. And then just let it sit with your feet in there. It gives you just magnificent looking feet.

Dr Wendy Myers

Oh, that's a really good idea too. I've done like lotion, like tallow, and put a sock on, but the castor oil would be an upgrade there.

Michael Rankin Sr

Oh yeah, it would be tremendous. The other thing castor oil is very good for is to put it on your eyes. You put it all over your face, which gives you a found of youth face. I'm 73 and my skin is as soft as yours. What are you, 40? Are you 30?

Dr Wendy Myers

I am 52.

Michael Rankin Sr

You are, okay. I'm always under guessing your age because you're so young, energetically but yeah, castor oil in your face causes all of your collagen to build up. Then you just do facial exercises at the same time. And as you put the castor oil on your face, you can also put it on your hair. It actually makes your hair thicken, which is tremendous. Hair loss and lack of hair thickening is often because of fungal or parasitic growth and the castor oil eliminates both of those things.

Dr Wendy Myers

Interesting. There's so many benefits to castor oil. Oh my God. We're doing a webinar in January about castor oil. I just love castor oil.

Michael Rankin Sr

Oh really? Oh, I can't wait.

Dr Wendy Myers

And it's so sad. The FDA in Canada is really cracking down on castor oil. The claims made around castor oil make me so angry because it's such a beneficial tool for detoxification, for nourishing your liver, beauty, and just for so many different uses for your health. It's just like anything that the government goes after, that needs to spark your attention like, oh, I need to do that.

Michael Rankin Sr

Yeah, if they don't like it, you better get it.

Dr Wendy Myers

Like with peptides, castor oil, or other things, ivermectin, you need to rush to the store and get that stuff because that's what is what works. That's why it's being attacked, censored, videos deleted off YouTube, et cetera.

Michael Rankin Sr

That's right. One of these I've noticed over the past couple of years, especially when we're monitoring the stress in people's bodies, wherever their emotional stress is, that's where the stress is for the shot. But it's reversible. When I first heard about all this fiasco going on, I don't have television. I don't have a radio. I don't look at the internet for news. I don't listen to this stuff.

Dr Wendy Myers

Like what? You don't subscribe to fear porn?

Michael Rankin Sr

No, it's so funny because when all this fiasco first started happening, I had just moved up from Texas. I had this inclination. I need to move from my place in Texas, which I really loved. It was right next to White Rock Lake. It was a beautiful place to be, a wonderful place to ride a bike. It was safe to ride my bike and I just felt like I needed to be on my farm. I moved up to my farm again. I have no internet. I barely had a cell phone out there because they had no towers there at the time, and I walk into a store and I'm getting attacked because I don't have a mask. And when she stopped

screaming, I couldn't understand what she was saying. I said, ma'am, you realize when you scream that people normally can't hear you? And I said, I have no idea what you're talking about. She goes, mask. And then she started to scream the word mask. I said, oh my God, you have me confused. You think I'm a surgeon. I'm not a surgeon anymore. I stopped doing surgery back in the seventies. And then she'd scream a little louder. I thought, she's going to tackle me. I better get out of here, but what I discovered when I left there and I called Michael.

Michael started telling me about what was coming, and because he listens to all this stuff. I thought, I got a message, a real strong, what appeared to be a negative download, that 47 percent of the population will succumb to something. It wasn't the thing they were talking about. It's the thing that they were sticking to you. And I thought, God, I said, you wouldn't leave without an answer. And sure enough, he has not left us without an answer. One of the beautiful things is I've had this QRS for probably 12 years, 15 years.

Dr Wendy Myers

Yeah, because they have the original patent in the 80s. They're like the first.

Michael Rankin Sr

Oh, yeah. The first ones. Everything else is just a copy of that and a bad copy, and that's why they don't work. But the reason they can't do a good copy is if they do a good copy, then they break the patent. They have to do some derivation of that, which ends up being a bad copy. But when I started using it to reverse the intensity of the damage that people were receiving, it was stunning. You could literally see on the chief fractal, you could see their energy change. You could see their spinal energy change, 20, 30, 40 percent improvement in a matter of minutes. It's really remarkable. When I would do the bowel resonance, that's like my favorite tool of all time. I said, if everybody had a bowel resonance, they would need nothing else except to call me and ask me how to use it. The bowel resonance is having a doctor in a box. You literally know more than any doctor or practitioner you've ever known in your lifetime. I'm 73 going to be 74. I promise you I've never met anybody who can see more than what you can see with this device.

Dr Wendy Myers

I agree

Michael Rankin Sr

Now you can literally see when you do something, you go back and see if that something you did actually had a benefit because you can literally see it. When I started doing that and doing the chief factor on the bioresonance and then doing the interactions with the QRS and all these different protocols, you can literally see where the calcium cascade was. You could literally see energy patterns change along the meridians. If someone had a loss where they've got stress in their lungs, you can literally see the stress change in their lungs when they're on the QRS. If someone had heartache because they've had, and I had, I've had a couple of those where they have the most potentially catastrophic looking heart issues. One of them said ischemia with 2 percent chance of survival after this shot. And I said, oh my goodness. I found out he had a terrible loss, a lot of heartache. He said, and what's the word he used all the time? This is where we got to be careful. The words, it just breaks my heart. It just breaks my heart. I think about my mom and she's in her eighties and when she passed away, it just breaks my heart to think about it. I said, stop doing that because your heart's worse than hers.

Dr Wendy Myers

Yeah, well your body is listening. Your body follows exactly what you say and you think.

Michael Rankin Sr

It is. Exactly.

Dr Wendy Myers

You have to be so careful with your words

Michael Rankin Sr

We tell people when you're lying on the QRS, for example, I have them lay on the QRS and I tell them to say some words like, I'm so grateful that my entire body receives this exactly where I need it. They hold their breath as programming the alpha cycle, which is where all programming comes from the moment of birth and from generations before. Did I tell you about my most recent paper about generational traumas? I got to send that to you.

Dr Wendy Myers

No, no.

Michael Rankin Sr

We'll talk about that one anyway. So, I just have them lay there and I'm so grateful that the only thing in my body is love, pure love and wherever I need it, it goes to where I need it the most. I have the QRS going to where it's needed because they're speaking of it. I'm so grateful for that. That's the words. I'm so grateful for that. I'm not asking for it. I'm so grateful, okay? I had someone who had not seen their daughter in 10 years because of some trauma that had happened in the family and she showed up last weekend. All from this, I'm so grateful that this person is so healthy and happy. Everything is so magnificently joyful, this person and everything resolved, just like that. So, as we say, I'm so grateful for, we can impart whatever love we want, whatever we want to have for ourselves and for our children. Anybody who's listening and has a child, we can do that for the child.

If a child's struggling, don't talk about their struggles. Don't journal all the negative stuff. Say, I'm so grateful my child is so full of joy, I'm so grateful my child feels so good every day. I'm so grateful my child and I have such a good relationship. I'm so grateful as I sleep. I know my child is sleeping with such peace. And after a short period of time, that's what happened.

Ads 01:20:04

I want to introduce you to one of my favorite podcasts. It's from Dr. Jockers and he hosts the Dr. Jockers Functional Nutrition Podcast. It's such a wealth of knowledge, and I just love how thorough he is with every podcast and blog post that he

produces. His Instagram has amazing infographics that make learning about health so clear and easy. I just love his content, and I know that you are going to also. He's got over 400 podcast episodes where he shares practical tips around topics like fasting, disease prevention, brain health, and so much more. He's so thorough. Dr. Jockers has hundreds of five-star reviews for his podcast. So, if you're looking to continue to grow on your health journey, just search for Dr. Jockers on whatever podcast platform you're listening to. You won't regret it. I highly recommend his show.

Dr Wendy Myers

That has such a powerful way to engage with life and engage with things you're trying to resolve versus worry, fear, guilt and all these ways we essentially torture ourselves and make the problem worse, even in regards to your health and to your mental health. It's such a powerful way to just flip that script and essentially like you can call it praying, manifestation, whatever you want to call it, and sending that message out there are so much more powerful than the alternatives.

Michael Rankin Sr

The other book I wanted to mention before we leave today is Virus Mania. People think that viruses just fly into the air and everybody's gonna get it. It doesn't work like that. Read the book Virus Mania. It's actually a scientific book about viruses and about any kind of viruses and it's extremely well done. The other one is the Invisible Rainbow. It's a very long book, my goodness. I drove out to California because I drive to see people. I drove to Wyoming, and then I drove to Utah, and then I drove to California, and then I drove and saw people on the way back. So, on the way out and the way back, I listened to Invisible Rainbow. It's like I don't know, 900 pages or something. It's a very long book. But it's so detailed, and it talks about the influence of electricity on our bodies. The nice thing about when you're laying on the QRS, it literally puts a cloud of joy around you. So, none of the negative electricity touches you.

Dr Wendy Myers

Yeah, and it cleans, I'll say, for instance, you're exposed to EMF all day, all different kinds, sources, it's only getting worse. You just clear all that up. You detox your body every day when you do that. You charge up the cell voltage, anything that might have been positively impacted, which is negative for your body. So, you're enacting a positive charge on the body when you're exposed to EMF and this puts that negative grounding charge back in you and you just do a reset when doing the QRS so that you don't suffer those negative effects of EMF like everyone else walking around.

Michael Rankin Sr

That's right. If you look at every type of health challenge, thyroid is an electrical pollution problem, exacerbated by lack of iodine. If you have your cell phone up here where your thyroid is, you're constantly bludgeoning your thyroid. That's why you don't do that. You also don't put your phone in your hand where all your meridians are unless you have one of those cards that we made, because otherwise you're stimulating your meridians in your hand, which is every organ in your body. Thyroid is an energy organ. When the thyroid starts to go down, then the brain function goes down. Dementia and Alzheimer's is grossly over diagnosed. It's often a thyroid issue. I had somebody that told me that she thought she was developing a stroke. A very angry lady. And, let's just say a very angry lady. She's driving to the emergency room and she calls me and she says, oh, I'm having a stroke and a ball. I said, no. I said, you're having anger and a thyroid problem. And she told me some nice words, which are not repeatable.

She had a really challenged liver, which then overwhelms the heart, which then overwhelms the thyroid. She was very dehydrated. She gets to the emergency room and I get this sheepish little apology going. I'm so sorry that I said those things to you. The people in the emergency room say, well, it's no wonder you're angry. Your liver is so messed up from the drugs you're on for the gut issues that you had 20 years ago. If you keep doing that, you have an alcoholic liver that's affecting your thyroid, which then gives you the appearance of having a stroke. You're not having a stroke. You're having a thyroid issue that's exacerbated by your liver, exactly what whoever told you that, told you that and hydration is the key. Sea salt and water. Celtic sea salt and water.

Himalayan salt is not a very good salt for one primary reason. We have measured various bags of Himalayan salt and found out that 20 to 40 percent of those, what's supposed to be salt, is sand. It's Himalayan rocks. Imagine what those rocks are doing when you're consuming rocks and what they're doing when they go into your diverticuli. Not a good thing. So we love Himalayan salt baths. It's a magnificent bath to do, but it's not a very good thing to eat. So, Celtic salt is really the best salt to use for hydration and Himalayan salt is really good for the bath, but Celtic salts are also very good for the bath. We buy those in 30-pound bags and that's what we put in our bath water. You can take baking soda. We've liked people to do a foot bath with baking soda, for example, on a regular basis with the other things that I mentioned and then do the QRS afterwards. It's like you just go into Lala land because everything you just did will be absorbed more because one of the things we found with the QRS is that it causes an increase in all the nutrient minerals. It literally opens up the mitochondria to receive minerals, to receive hydration. So people will become very dehydrated, and within one hour of the mat, we'll measure the hydration again. It'll be up to 20 to 30 percent higher than when they started just by being on the mat.

Dr Wendy Myers

Oh, wow.

Michael Rankin Sr

It's really quite remarkable.

Dr Wendy Myers

Dr. Rankin, you're such a wealth of information. I always love talking to you on the podcast, in person and when I come to your clinic to be your patient as well. I really advise anyone searching for answers, that is looking for resolutions of their health issues and or what's going on with them, go see Dr. Rankin. You can go to his clinic in St. Louis or it's outside of St. Louis, Missouri in the U. S. I highly recommend you go there. I go see you a couple of times a year at least. I go to get a reset and recharge. I'm always looking to optimize my health and improve whatever I'm doing up my game and always learn so much from you. So Dr. Rankin, thank you so much for

coming on the show and tell us, where can people get in contact with you and work with you?

Michael Rankin Sr

A couple of things, Wendy, with the new book just coming out, anybody who listens to the podcast and puts in the new book and podcast I'll send them a book for free. It's a 35 book. It's a beautiful book. It's called Finding Hope and we're getting so much wonderful feedback from that. If they'll do that, I'll also just remind myself to send the energy protocol and I'll do that. So, testingcancer.com has been completely refurbished. We have the most magnificent cancer test on there now. If you do the cancer test, we'll automatically send you one of my new books, unless you tell me that you don't want it, then we won't send it. But we'll always send a PDF of the new book to you. Go to testingcancer.com, and if you want an appointment, there's an appointment link there, but if you just want to do the quiz, do the quiz. We'll take that information and send you information back, either about hydration or whatever. You can put all the details you want in there, and between Cheyenne and myself, we'll be able to respond to you and get information about that. If you decide that you want to get a QRS and you want to get a discount, I've worked at a discount with a manufacturer and just tell me that, and I get a discount from them when you purchase a QRS. That'll be a great benefit to you and then we'll support your use of it later with a mineral protocol, hydration protocol, and the proper use of the device for any family member. If one family member buys it, we'll support the whole family or a group of people using it.

Dr Wendy Myers

You're fantastic. I can't recommend the QRS mat enough. It's an amazing PEMF mat and I think it's really foundational for people's health because you've got to ground your body and that's going to take care of a lot of other symptoms and health issues and just cellular metabolism problems and that cell voltage, which imparts energy to your body. It's really in our today's world when we're bombarded with so many different frequencies, negative frequencies that harm our body, non-native frequencies. We've got to ground our bodies and we're so far removed from the earth. A lot of grounding pads are complete garbage and you have to stay away

from them. The QRS is an invaluable component. I believe for anyone looking for a health protocol to improve their health, it makes such a huge difference. I can't even speak to it or how much of a difference it's made in my life. I can't highly recommend it enough. So again, everyone reach out to Dr. Michael Rankin senior at clinic at testingcancer.com or check out his website. Again, Dr. Rankin, thanks for coming on the show.

Michael Rankin Sr

Nice seeing you, Wendy and everyone

Dr Wendy Myers

Yes, and thank you so much everyone. I'm Dr. Wendy Myers. Thank you so much for tuning in to this show every week where we bring you all the experts from around the world about bioenergetics, detoxification, anti-aging and more advanced health topics. We're not doing the basics here. We do more of the advanced stuff for the more advanced folks who are looking to take their health and their life to that next level. Thanks for tuning in.

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