



#589 Charged Up: The 5th Phase of Water To Increase Energy, Grounding + Reduce Blood Sugar With Rob Gourley

Dr. Wendy Myers

Hello, welcome to the Myers Detox Podcast. I'm Dr. Wendy Myers. On this show, we talk about everything related to heavy metal and chemical detoxification, the health issues caused by these toxins, and what to do about it. I also talk about anti-aging, bioenergetics, and more advanced topics in health than you hear about on other shows. Today we have Rob Gourley on the show, and he is the inventor of a water called Watt-Ahh. You can check it out at aquanew.com. This is amazing water. I drink it every day. My daughter's addicted to it, and there's a reason. This is a supercharged water with lots of electrons, hydrogen, and oxygen. It uses a special discovery based on the fifth phase of water, infusing a gas into the water that holds the oxygen and hydrogen, and has lots of different benefits. It has a massive number of electrons, so it helps to ground you. The extra oxygen and hydrogen are really crucial for cellular function and hydration.

We'll also talk about how even when I first started using it, my brain just lit up. It was like my brain was deprived of oxygen prior to that. I started using this water about five, six years ago, and people report feeling more energized after drinking the water. Watt-Ahh aids in detoxification, and it's really effective in shuttling heavy metals out of the body and also aids in nutrient absorption because it increases the cell voltage on the cell, so cellular metabolism works better, toxins get out, and nutrients get in.

There's recent research that suggests that the majority of the body's energy comes from the oxygen molecule.

So, this water really helps to increase the oxygen level, and that increases mitochondrial energy output. And like I said, this is really electron-rich water. The high electron content in the water grounds the body and improves cell voltage. We talk about all that. Watt-Ahh is very grounding. It combats the negative effects of EMF from Wi-fi and cell phones. Watt-Ahh also dramatically improves cellular hydration by increasing the electrical potential and reducing the physical size of water molecules for better cell wall penetration. This makes Watt-Ahh far more hydrating than any other water on the market. It's five times as hydrating as other water.

We'll talk about some really interesting case studies about diabetes and limb salvage, and how the Watt-Ahh has been used to save limbs in diabetic patients by improving blood flow and oxygenation. We'll talk about stem cell activation in the eyes. The water's energy helps to activate dormant stem cells in the eye, for eating and vision restoration. So we've got lots of really, really good info on the show today. If you're a diabetic, if you're looking to increase your energy production, or just looking for a way to increase oxygen and hydration, this blows hydrogen out of the water literally.

Our guest today, Rob Gourley, is the founder of aquanew.com. He's a mechanical engineer. He also invented WIT International. This WIT machine under this corporation is what infuses this fifth phase of water, the oxygen-hydrogen molecule, into the water. Gourley has designed and constructed at least six types of WIT machines for use in many applications, including health, beauty, and energy. It is the gas produced by the WIT machine that infuses a gas called Di Tetra Gas into his Watt-Ahh water. He started working on the energy potential of water over 30 years ago while serving as a lead shop mechanic on power systems at heavy machinery in Alaska during the Alaskan Pipeline Construction Project. You can learn more about Rob Gourley and his Watt-Ahh water, WIT applications, and all the research they've done behind this water at aquanew.com. Rob, thanks so much for joining us.

Rob Gourley

Thank you, Wendy, for inviting me. It's good to catch up on old times and get you up to date on what we're doing.

Dr. Wendy Myers

You are the developer of Watt-Ahh. It's a very special water. It's something I've been drinking for years, and I had a really interesting experience with it when I first started drinking it. I literally felt high for about four days, and I'd never had that experience before doing any kind of health protocol. I just felt so energetic. I felt super happy, a little too excited. I wasn't really sleeping all that great, but I didn't feel bad. I just felt so amazing. And you said it was because I was getting so much oxygen finally to my brain, because there's oxygen in the Watt-Ahh.

So, why don't you explain exactly what it does, like what it is exactly? It's also something I recommend to all of my patients because it helps with detoxification as well. It's very good at shuttling heavy metals out of the body and helping to absorb nutrients as well that we're taking. Why don't you explain what Watt-Ahh is exactly?

Rob Gourley

I started this in 1974, so it's a few years ago. What we've discovered is that there are actually five phases of water, and the fifth phase is the di tetra gas, which is two oxygen molecules bonded together with four hydrogens. But we've added a massive number of electrons to the oxygen molecule, and we've added electrons to the hydrogens. So, what we're seeing is that it's a true gas that we mix into the water through an infusion process. We're also seeing it just by breathing the gas itself and using eye healing with goggles. Basically, what's happening is there was an article that we just received here recently from a German student, realizing that the majority of energy for the body we used to assume came from basically sugars and fats, and he's proven that's totally wrong. It actually comes from the oxygen molecule, and the higher the potential of the oxygen molecule with electrons, the better it is.

He theorized it, but we've already proven that if you actually add enough electrons to the oxygen molecule and fulfill the rings, it'll actually donate protons, and that's why we have results where no one else has been able to have any success. And he's shown why. It's because the oxygen molecule is where the majority of electrons

come from, but it is also able to donate protons, so your synapses in the brain will work better and actually come back on. One of the things that I noticed in Alaska, and I lived there for many years, is that when the salmon come upstream, they school at the bottom of the waterfall and then they'll climb the actual waterfall and swim up to the top. But they'll actually circle in the water that's being pounded with the falling water, which is highly oxygenated to stock up on energy to harvest the electrons. So now they can swim vertically 30, 40, 50 feet. It's amazing. They just go right up. It's like it's nothing. When they first arrive, there's no way they could do that. But after 30, 40 minutes of charging, now their body's ready to take off. And boy, they just go right straight up and over the top and on their way up the stream.

Dr. Wendy Myers

And that's what I felt like when I was drinking the Watt-Ahh in the beginning. I did habituate to it. I just felt normal after I started drinking the water. But the first four days were really incredible. I felt better than I had felt in a really, really, really long time, and it just really got my attention. I realized how the water, because it has electrons in it, really grounds your body. And then it also has oxygen and hydrogen in it, which so many people are so into hydrogen water. It's almost like taking soy isolate protein. You need other things besides just hydrogen, right? You need other co-factors and things to make your cells work. Can you talk a little bit about oxygen and hydrogen and how that works in the water?

Rob Gourley

Well, basically what we've done is by adding the electrons, we're powering up the mitochondria, which is doing many things, but also the only way you hydrate a cell is to go through the cell wall is either physical size or an electrical potential. This has a massive electrical potential and it's extremely small in size. So, what we're actually doing is raising the systolic pressure within the cell, pushing out the junk, and bringing in the good stuff. What we've shown with vitamin and mineral studies, seven to ten times better uptake in a matter of minutes versus hours, or you know longer and the kidneys aren't being damaged because people don't realize that when they take an IV to try to rehydrate, you're actually putting the kidneys under some

tremendous strain and a lot of times you actually harm the kidneys. We succeed in that in about 10 minutes or less, just drinking the water.

Dr. Wendy Myers

That's great because you need a lot less nutrients and it shuttles those nutrients into the cells. I think that so many people have absorption issues. They're taking all these supplements and doing it for years and not making a lot of progress because they have absorption issues for various reasons. One of them is that their body isn't grounded. They have poor cell voltage for various reasons. EMF, the electromagnetic fields from computers and Wi-fi is very ungrounding to the body, very depleting. People need another source of electrons and there's many ways to ground yourself. The water that you create is very different. It's very special and easy to use as well, just drinking the water.

Rob Gourley

Now you mentioned the EMF area. We're seeing with the original group that came down and worked with us with the GVD cameras, the Russian visual discharge cameras, that water changes whenever you move on the planet. You can take a bottle of water from Tampa and you go up to Atlanta, it'll test differently. You go to New York, it'll test differently. What they found with our water, no matter where they went, it always tested the same no matter where they went in the world. They were explaining to me how EMF can actually make water toxic from electronic devices. They took a bottle of Watt-Ahh, placed it on top of the mainframe computer and figured if anything's gonna nail it, this is gonna nail it. And they left it there for two weeks, and when they tested it, it had not changed one iota. And then they tested our water that was almost 10 years old. It had the same exact signature as water I produced for them that day.

That's when they really got excited because they said this is the first and only permanent change to the structure that is stable that they've ever seen. One of the reasons in the medical industry we produce quite a bit of water now for the medical industry is because stabilization of drugs is very difficult and normally what they add is highly toxic and the bodies don't like it. So, there's a lot of side reactions. What we're seeing is we can use the Watt-Ahh as a base and we've had every year now, we're

able to add more time to stability. In the old days you could theorize it by heating it and doing different things to it. But now in the medical field, it has to actually be the actual number of days that it has stayed stable.

One of our doctors who owns the medical manufacturing facility started off with one year, and now he has been with us almost 10 years. He's got 10-year stability on his products and nobody can compete because you can't get 10-year stability on a product, even though it may last for 10 years until it's actually been on the shelf for 10 years and been tested. So, we're gaining in that area also. We've got a lot of very interesting products in the medical arena that have nothing in it but water and a few of their products. They're totally stable and they work like a dream because they're not foreign substances that the body's going crazy over trying to fight.

Dr. Wendy Myers

A lot of pharmaceuticals use their mercury and 400 different pharmaceuticals. Aluminum also is being used

Rob Gourley

They're used as antimicrobial agents, which is not the way to go. But I bet that's not for me to argue, but anytime you add something foreign to the body, you are gonna have a reaction. And like you mentioned, in detoxification, one of the interesting features is the di tetra gas is actually a crystal in structure. What we've seen is that it's able to pull in these heavy metals, lead, arsenic, you name it, and encapsulate it. So, when it travels through the kidney, the kidney never sees it and so there's no pain and there's no damage to the kidneys. But what comes out in the urine, in the toilet bowl is pretty exciting to look at because there's a lot of times everything from fluorescence to oils to all sorts of colors, and some really strong smells that are pretty potent.

Ads 15:22

For anyone listening who really wants to detox their body, go to heavymetalsquiz.com. I created a quiz for you. It only takes a couple of seconds and it's based on some lifestyle questions. You can get your toxicity score and get a free

video series that answers all of your frequently asked questions about how to detox your body. Check it out at heavymetalsquiz.com.

Dr. Wendy Myers

You have testimonials on your website of dentists. That's one of the most toxic jobs on the planet. For ones in the past, replacing the mercury amalgam fillings, people and dental assistants became super mercury toxic. And you've had one dentist that detoxed just from drinking the Watt-Ahh

Rob Gourley

Dr. Miller, he is 80, 82 now, and he's gonna keep practicing for at least another year. They just picked up 86 cases of water for the clinic and himself and his daughter. He is doing fine.

Dr. Wendy Myers

He came into the super, super Mercury toxic, right?

Rob Gourley

Oh, he was one of the highest they'd ever seen on somebody that was still alive. That's how much Mercury he had. He'd been doing amalgam fillings in the palm of his hand for what, 30, 40 years. So you can well imagine what he was exposed to.

Dr. Wendy Myers

That's why dentistry has one of the highest suicide rates because that how much it affects the brain and causes depression and things like that. Let's talk about some of the stories around Watt-Ahh, the stories that you've heard. You have thousands of testimonials on your website, aquanew.com, but you have research studies as well. But let's talk about some of the testimonials and applications. When we were talking earlier, you were talking about how it's helping people by restoring their vision. Can you talk about that?

Rob Gourley

We've had Dr. Campbell who used to be in Hollywood, Florida. He is over there in more, closer to Miami now, opening another clinic over there. He's been with us for a good number of years now, and he's really been concentrating on eye health. We've had just incredible turnarounds. We've had people who've been blind for 20 years and now can see. We just helped a woman recently that I mentioned to you that had irradiated. They had irradiated both eyes because of skin cancer, and I was fortunate enough to meet her and in very short order, we turned her around to where she now is fine with her vision, but she had wasted huge amounts of money.

It was over \$300,000 traveling the world for three years and had no help. She's totally light elated about the water and gas treatments, but he's done everything from cornea, DDA, to optic nerve repair and retina repair on all of them. We followed up with them and they're fine.

Dr. Wendy Myers

You have the Watt-Ahh in bottles, but you also infuse that gas into the bottles through a machine called the WIT Machine. This is what was used to do the eye treatments, correct?

Rob Gourley

Correct. They use the gas where the cells go. And then what he does to get even more absorption, he'll do an hour or two-hour treatment on the eyes and then he'll put them in a low pressure, hyperbaric for an hour to help drive it in. It shortens the time needed to do the healing. He's booked out now. He's actually moving to a much bigger clinic. He started off in a small clinic, went to a medium size about 4001st two feet. Now he is going to 8,000. He's asked for a bunch more machines because when I was over there, there were probably five or six people standing in line waiting in the office just to be treated. And so more and more word is being spread about it that the stem cells in the eye don't die. They just go into hibernation. The trick is to provide them energy and nutrients and allow them to detoxify the eye and then the eye magically will start to heal.

That's one of the downfalls on a lot of the assumptions that were made that the stem cells die. Most of them just go into hibernation. They become bystanders, but if you

jack them up on energy, all of a sudden, they're right in the mix and things start to get repaired. And we've seen large holes in the retina where they have a big blind spot of vision, big spot and very quickly within like eight or ten days, that's gone. Now they can see completely. We've learned a lot more about the eye through Dr. Campbell than most eye doctors. I hate to say it, but most of them really understand because he's rebuffed a lot of the theories on how the eye functions.

The first two thirds of the eye is completely nourished through the oil and the tear ducts. So, people with dry eyes, you're killing the eye. It'll start to fail. Only the back third of the eye has blood flow to it. Hmm. What we've realized is that the front two thirds is very critical to get the gas in there, which is the highest form of energy, and charge these guys up and then allow them because they're little guys in the eye that eat all the dead material and get it out so you don't have floaters. Floaters are a sign that the eye is running low on energy because there's a group in there of like little packmen that run around and eat up all the bad stuff and then flush it out of the eye. When they start to go on vacation, now you suddenly see these chunks floating in your eye. When you tilt your head, you can make them wander around.

Well, that's because you're slowly killing that. You're slowly damaging the eye because you don't have sufficient energy for these guys to function. So, there's a lot we've learned and we're learning all the time. What we've also seen in neurological health is that we prove to ourselves that it's not just the electrons that we're doing, helping the brain deal with, but it's also protons. The synapsis needs both electrons and protons. But to pull a proton out of an oxygen molecule, a standard oxygen molecule, is almost impossible because you don't have enough negative charge to pull a positive proton outta the center. There's eight of them wrapped up like a nut in there. But we have one ring of six electrons and one of two.

Until you fill in the other four or more electrons on the oxygen, you don't have enough energy to pull one of the protons. We've seen a turnaround in people who haven't spoken in four years, 30, 40 minutes on a WIT machine. All of a sudden, they'll signal to somebody and they come over and they go, what can we keep doing this? I really like it. And they haven't spoken in four years. So, you wanna see a neurologist do a quick spin around, it's amazing. And at the end of the month, they're out of the wheelchair and they're really on their way to recovery,

Dr. Wendy Myers

That really blows water out of a lot of theories that people have, like that you can't repair nerves

Rob Gourley

Oh, yes you can. It's pretty exciting. But also, this latest thing with the German, we're trying to get a hold of him right now. I've outreach to him a couple times, but I think he is a professor, and I think he's been doing the graduation, the terms and all that stuff, but we feel very confident that his work completely validifies ours, and we validify his work because he was seeing things that the oxygen molecule is the actual powerhouse for the mitochondria. We've seen that all along, but we didn't wanna fly totally in the face of the medical community, but he has, and now everyone that's reviewed his work, no one has totally debunked it. They've all finally caved in and said, well, wow, I guess he is right. So, we wanna meet with him in person and show him what we've been doing because it solidifies his work as oxygen is the key component for carrying the number of electrons. Hydrogen can carry two or three additional electrons, but it can't carry the number that you can put on an oxygen molecule. That's the big donor.

Dr. Wendy Myers

Can you talk about any other things that come to mind? I remember one time we were talking about diabetics and how people are saving their limbs because they're able to infuse oxygen to that limb. Can you talk about that and anything else?

Rob Gourley

We've got not only testimonials, but actual physical photos and of the wounds gangrene, which is normally set in when they have diabetes or trauma where you lose the blood flow to an extremity. What we feel is happening is that once you weaken the immune system, you'll end up with a fungal and the fungal actually goes in and starts shutting down the little veins and arteries and then atrophies the flesh and eats it. It's very much like the flesh feeding bacteria. We've been very successful in stopping that and getting full regeneration. But what we're seeing is the color, like

you'll see toes that all look like they're made out of charcoal and the big toe is purple. And after soaking the toe numerous hours a day for four or five days, the big toe is nice and pink now.

We've gotten the blood little veins and arteries to come back and start to get good blood flow and then you'll see the other wounds actually start to regenerate. We've had just incredible results with that and it's all energy. One of the comments I made years ago is that healing requires energy. I had more than one doctor look at me like I fell off the wagon. It's like, what are you talking about?

Ads 26:15

This show is brought to you by Bon Charge, and I wanna take a minute to tell you about one of their amazing products that I'm absolutely in love with. So, there's something I've been doing for about 10 minutes a day, and it's wearing a face mask. But it's not just any face mask. It's this Bon charge red light face mask, and it's essential to my nightly skincare routine now. Believe me, red light therapy really works. It's well established in the research to improve the appearance of your skin. How it does that is it penetrates deep into the skin to boost collagen production. It reduces the size of your pores, it reduces inflammation, and it eases the signs of aging.

Bon Charge's red light face mask makes it so easy to take care of your skin. It's like a mini spa session every night that I'm doing. It can be used easily at home. There's no cord, so you can wear it while you're doing other tasks. Plus, the mask is totally painless and it doesn't heat up. Unlike some other beauty, anti-aging treatments, Bon Charge's red light face mask has been a game changer and it's part of my everyday skincare routine now. I'm seeing such great results already from using this mask. My skin is clearer, it seems more plump and fresh and juicy, and my redness and dark blemishes are fading. So, there's a very special offer for all of my listeners right now. My listeners get 15% off when you order from boncharge.com and use my promo code, Wendy at checkout.

This discount applies sitewide, that is, boncharge.com and you'll also get free shipping and a 12-month warranty. So go now to get this exclusive offer. That's boncharge.com and with promo code, Wendy, you get 15% off. This is one of my

secrets to super healthy, young-looking skin. I'm trying to reverse the clock. I'm trying to do everything I can to anti-age, and this is one of the secrets in my toolkit, so nothing's gonna happen.

Dr. Wendy Myers

That's the name of the game. That's why I talk so much about mitochondria functioning and different ways, right? To feed energy to the mitochondria. There's a lot of different ways to do that, but you're right. You do have to have energy to sleep, detox, repair and regenerate. So many people don't get better simply because they don't have the energy to do so, right? It's just that simple.

Rob Gourley

I described life as a garden hose. When it's new, the water flows out the end fine. But as you age, you damage this, you damage that. It's like punching holes in it, and eventually you don't have much water coming out the end. The only way you're gonna repair that is to plug all the holes, and that's where providing the energy comes in. The body then starts to repair things, and now it's not using up that energy. So now it can continue to get better and better and better. I visited my math teacher on my 50th high school reunion, and he was in. A year later they put him in hospice. He was 94 at that time. He's getting ready in November to turn a hundred now. But he has the use of a breathing machine. He's out fly fishing. He golfs. He's doing all sorts of stuff, but that's so possible. They'd written him off. They rode him off. But he charges himself up every day. He's on the WIT machine, probably an hour or two hours every day and he's fine. He's doing great.

Dr. Wendy Myers

There are not that many of these WT machines around, so you have a hand. There are a few lucky doctors that have access to one of these, but there's not that many. You said there's just maybe less than 10?

Rob Gourley

There are about 14 out there right now with different doctors

Dr. Wendy Myers

I'm sure there's a list of those on your website, correct?

Rob Gourley

Yes on aquanew.com

Dr. Wendy Myers

If you can't get hold of a WIT machine, you could buy the water, and so you can get that on your website, on aquanew.com or on Amazon as well. Makes it really easier for people to order it. So, tell us a little bit more about some applications, some different ways that people can use the water, or benefits or stories that people enjoyed drinking the Watt-Ahh.

Rob Gourley

Okay, here's one that comes to mind. We all saw that plane crash recently. They feel the plane lost pressurization. The pilot and the people internally basically died from hypoxia. What we've seen with the Watt-Ahh, and this was taught to us by several of our jet friends who have their own private jets, was they were able to fly at 30,000 feet for three hours on one liter of Watt-Ahh. So, we mentioned this to one of their skydiver friends who lives in Miami, and he is an adrenaline junkie. He decides he wants to test it out for himself. He gets his buddies and they all jump in one of the airplane craft and they take off. And at about 8,000, 9,000 feet, everyone's sucking oxygen. He's got his blood ox meter on his finger and he is drinking Watt-Ahh. It's at a hundred percent. He tells the pilot, keep going until I tell you to stop. The pilot gets up to 22,000 feet. He still doesn't have any supplemental oxygen. He's drinking Watt-Ahh. His blood ox is a hundred percent. He goes, hell, I'm gonna jump.

So, he bails out of the airplane, 22,000 feet without oxygen, he has a bottle of Watt-Ahh strapped to his chest with a sippy straw. And he says, I just wash my blood and drop a little, take a sip, and it comes right back up. So, he is now really enjoying skydiving. He has a bat suit. He was supposed to get it within our colors. He says now he is jumping three times higher than they did before, which makes skydiving a lot more fun. So, instead of jumping at seven or 8,000 feet, he's jumping at over 22,000

and he says, man, you've changed the whole sport for us. So, one of his buddies is a mountain climber and also a sky diver. He takes the water and goes to Russia and climbs the second highest peak in Russia, which is about 600 feet less than Everest. He lives in Miami. He flew in from Miami, landed at base camp in Russia. The Sherpas told him it'd be three to four weeks of acclimation time.

The next morning he was there for nine hours total. Now he wakes up and it's a beautiful day. There's not a cloud in the sky. The mountain's clear. It's a beautiful day to climb. So, he gets to Sherpa and he says, what's the climb time? He says, 12 to 14 hours. He goes, okay, let's go. And then Sherpa goes, you'll never make it. You've only been here nine hours and you flew in from Miami. There's no way you can breathe at that altitude. He says, let's go. So, he took two one-liter bottles of Watt-Ahh with them. Then he had also asked the Sherpa, he says, has anybody done it in six hours or less? He says, no, it's impossible. No one's ever come close to that. I said, well, we'll see. He did it in six hours and one minute. The Sherpa thinks he's Superman now because to have a guy come in who basically led the Sherpa up the mountain and never stopped climbing, the Sherpa had to stop and catch his breath. He didn't. And then he would get upset because he'd come to a junction on the trail and needed to know, go left or right and the Sherpa's back there sucking wind bands on him. He says, I was feeling fine. He says, I ran down the mountain when I could.

Dr. Wendy Myers

That's how I felt when I first started drinking the water. I was going on walks and I was skipping along because I felt so good drinking the water. But now you make me not afraid to go to Nepal

Rob Gourley

Oh, no. Just take Watt-Ahh with you.

Dr. Wendy Myers

I had thought about at some point in my life, not now, but going there. But I thought, oh, the oxygen. It seems like I have amazing applications for a lot of athletes going to

play a game at high altitude and they're at a disadvantage because of that. This has so many applications.

Rob Gourley

My two nieces just went to the ball and they took Watt-Ahh with them. They said they had no effect.

Dr. Wendy Myers

Oh, nice.

Rob Gourley

The altitude, everyone else did, but they didn't. They were fine.

Dr. Wendy Myers

I'm gonna use it for jet lag too because I'm going on a big trip this summer and I'm like, I just got back from Dubai and the jet lag is just torture. I thought I just would be so much better off if I'd brought some Watt-Ahh with me, you know? I gotta go pick somewhere up in Houston.

Rob Gourley

The other thing to do is to spray it up your nose when you're flying. Get one of the atomizers and mist your eyes and your nose on the flights about every 20 minutes and you never get sick on a long-distance flight because it's keeping the nasal cavities moist. The little veins and arteries don't dry and crack and open themselves to the bacteria.

Dr. Wendy Myers

Yes, I'm sure the oxygen it's obviously gonna kill bacteria as well.

Rob Gourley

Well, but see in the aircraft this recirculated air, which is very dry, they don't want moisture in the aircraft. That's one of the reasons you end up catching what I call the

delta disease when you fly. But if you keep your nasal cavity moist in your eyes, you'll never get sick on a plane again. But the athletes, we've had great success. I've got a nephew who's a ball player and he's hitting better than any and all of the guys in the professional league now because he sprays his eyes before he bats, which enhances the eye's ability to pick up 3D in motion and also to process it faster.

So when he came to a league here in Florida with 2200 other kids, he was on the young end. He was 15 and there were 15 to 19. At the end of the tournament, he was hitting top seven out of 2200 kids across the country. He was batting 690. He ruined a lot of pitchers' careers that were hoping to get into the majors or minor leagues or somewhere because his 15-year-old is coming up and he's killing him because he can see the ball.

Dr. Wendy Myers

Well, I gotta do that really well. I gotta do that before I play tennis. I can't see the ball.

Rob Gourley

You should. We're having a lot of fun in the sports. The endurance of the cyclists is way up. But on this, I had a friend who's got their own private jet and I just supplied their pilots with it. And I said, if you lose pressurization, you've got this water. It'll give you plenty of time to get down to an elevation you can survive at. That's a sad thing we saw on this plane because you can have a gradual depressurization and you don't notice it. And when you do, it's kind of too late. You can't grab yourself back out of it. But if they'd had Watt-Ahh on the plane and were consuming it, it would not have been a fatal issue that they ran into.

Dr. Wendy Myers

Can you talk about hope for dementia and Alzheimer's and Parkinson's with Watt-Ahh?

Rob Gourley

We've had good, good success with dementia and also Parkinson's because what we're doing is enabling the brain to function by providing electrons and protons. But

that's also, I believe, a fungal driven arena, especially with Parkinson's, and it solely keeps spreading throughout the brain. Through the use of the breathing machines and consuming the water, we've had some just incredible turnarounds on people who were, oh my God, I mean, they were ready to commit suicide. They were seeing ghosts and getting violent and all sorts of things. And now they're normal people, and their doctors are shocked because they said if you meet them now, you'd never know they had Parkinson's and they could barely walk and talk. But now we've got them back. That's a hard one to get into because it's controlled so heavily by the drug industry. I tried to get a hold of Michael J. Fox people and all they wanna do is sell me drugs. And I said, I'm trying to help you all. I said, I'm not here to buy drugs. And I said, I think you're approaching this in the wrong way, but they weren't interested.

Ads 39:01

If you're taking protein powder, you need to stop and listen to this. The Clean Label Project recently tested 160 of the top selling protein powders in the US. They tested 83% of the market, which is 70 different brands and 40% of the products tested exceeded Prop 65 safety thresholds for lead. 21% had more than two times the Prop 65 safety thresholds for other heavy metals and toxins. 65% of chocolate protein powders tested over the Prop 65 safety thresholds, and 77% of plant-based protein powders tested above these thresholds as well. That's definitely not what you want from products that are supposed to support your health particularly. It's something that you're consuming daily.

What the study found was that Puori PW1 protein powder was awarded the number one cleanest protein powder out of 130 different brands. The choice is clear. That's why I love Puori's PW1 Wave protein powder. Every batch is third-party tested against 200 plus contaminants. They don't sell any product unless it passes these tests, and they make all of their third-party tests available via a QR code. You can scan this QR code and see exactly what is in this product and what this batch tested for. No other brand is doing that because they won't pass the test. Each serving gives you 21 grams of minimally-processed, clean, high quality whey protein powder from pasture-raised cows milk. So, no hormones, no GMOs, no pesticides, nothing to worry about. I personally love the bourbon vanilla flavor. You get real vanilla seeds from bourbon, vanilla from Madagascar, which is known as the best vanilla in the world. It's

high quality. It tastes amazing. Even my daughter mentioned how she loves the vanilla flavor in it.

I worked with Puori on an amazing deal for you. You can get 20% off, or if you choose the already discounted subscription, you get almost a third off the price. But you're only gonna get this deal if you visit my exclusive link at puori.com/wendy and use coupon code Wendy. That's P-u-o-r-i.com/w-e-n-d-y, and just use my code, Wendy, to get 20% off this amazing deal of the highest quality whey protein powder that's been tested for 200 plus contaminants. You can bet this for quality. This is my number one recommendation for protein powder because the results are in. Puori is the number one cleanest testing protein powder on the market.

Dr. Wendy Myers

Can you talk a little bit about the way in which the Watt-Ahh works, how it helps to essentially raise the voltage of the cell and helps to detox the cell and give it oxygen? It just really generally helps the cells work better, whether it's brain cell, kidney cell, et cetera.

Rob Gourley

Basically, the cell has a membrane, which limits what can come into it. What makes it hard for stuff to come out of it. By adding the electrons to the hydrogen and also the oxygen, we've made it bond in a linear rather than the clumping. So the structural size of the molecule is extremely small. Even when you make tea with it, a lot of times it'll start seeping down the string on the side of the pot because it'll wick right up and come down. It's that different structure. What's actually happening is you're providing, as I mentioned before, not only electrons, but also protons, which is very important. I think that has been highly overlooked because the medical field as of today has no real way to replenish protons. That's one of the reasons in surgery we're seeing, especially extended surgeries with so many issues that they can't get the patient back because what they're doing is depleting the protons in the brain so it can't function.

They can operate on a foot or a leg or cut you open anywhere, but the problem is how do you get them back? And that's something I don't think they really thought

through because it's not fatal drug-wise, like the original anesthesia, but they're losing a lot of patients who've been under for six, eight hours. I had one lady friend we helped. She was under 16 hours of surgery and she damned their diet afterwards because they couldn't get her gut to come back. They couldn't get her to eat. They couldn't get anything to work. And in less than an hour we had her functioning. She was dying. They would've killed her. I'm sorry, but you know, the surgery was a success, but the process was not one that was friendly to the body and we helped her with the nerve regeneration. They basically removed half her lymphatic system, so she looked like Frankenstein's bride. When they got done, they had her cut up from the neck all the way down to past the crotch, removing all these lymphatic drains due to the cancer.

She took one look at herself and she said, I'm never coming out of the hospital though. She says, my God. They told her it'd be two years or longer before she had any feeling sensation in the majority of her body. And so, we convinced her by getting her to drink the water where she could actually eat and function to soak all her bandages. The doctors went crazy over that, but she did it from the waist up and within a day and a half she had full sensation, which completely stunned the doctors. She said, "at that point, I soaked everything from the waist down." She continued to do it. Now she looks good in the thong. She's out running around. She's not all scared up. The wounds firstly disappeared and she's a very happy lady.

Dr. Wendy Myers

It seems like this would be really amazing for edema as well. A lot of people have poor liver function. They have a lot of interstitial fluid collecting in their legs and ankles and things of that nature. It seems like it'd have a lot of hope. It seems like it would have a lot of hope for people with lymphatic issues and with liver issues and just edema in general.

Rob Gourley

We've seen a dramatic uptick in the lymphatic system on people who are consuming the water. It really seems to help it flush itself and, and have more lymphatic drainage, which is another way the body removes toxins.

Dr. Wendy Myers

I had so many people that one of their bottlenecks in detoxification is their lymphatics is sluggish. There are just too many toxins floating around. They just can't excrete it fast enough or their lymphatics are very sluggish. The lymphatic fluid is thick, or they just have other issues going on that literally prevents them from being able to do any type of detoxification program. Their bodies can't take on any more workload.

Rob Gourley

Well, I agree. You're hitting on a point there that you've gotta work with the body and work with nature instead of fighting it. But when they add more drugs to try to make it work, you're compounding the problem. The beauty of Watt-Ahh I feel it's the water that was on the planet to begin with during the dinosaur age, because we've seen much quicker cellular regeneration and growth. We've seen more bio uptake of foods and minerals. We've seen all sorts of things. The water is pretty tired now in this country and the world as whole due to numerous reasons. As Mother Earth has played her role, the number of volcanic eruptions and typhoons and everything else has scramble things and tsunamis that wash 20, 30 miles inland, tearing everything up. So, to find a pristine water that actually is one that the body recognizes, I think is really remarkable on our side. It's not what we were trying to do, but I mean, what we ultimately figured out is that how the body will help you differently than somebody else.

Somebody will have some issue and the water will go there and help them. It can be anything from calcium oxalates build up in a joint that doesn't work. Then within a month, all of a sudden, the wrist is moving again. It's not clicking. It's not thumping. But then the other person had a liver issue or a kidney issue and that got better, or somebody has an eye issue or a skin issue and that got better. The body is very intelligent because it recognizes the water and I don't have a good word for it, but it doesn't get all bent outta shape and then have a massive amount of reactions. The worst reaction we've had is people say initially they end up eliminating more than normal. And I said, yeah, because there's a lot of garbage built up in your cells and you're raising systolic pressure and pushing that stuff out and the kidneys are

helping get rid of all this stuff. Then they find that the quantity of water they're drinking actually starts to come down. Our water hydrates more than four times better than standard water. We've shown that with a special ops guys that five liters of regular water the brain is not hydrated. One liter of our water and the brain's fully hydrated.

Dr. Wendy Myers

I noticed that as well. When I would drink water, say I drink like half a liter of it, and then the next day, I'd do little experiments. The next day I just drank regular spring water. There was a world of difference in the thirst that you have. You can totally tell the difference without question, without looking at a study. Or you can just do this, experiment yourself in your hydration levels and your thirst levels.

Rob Gourley

Oh, surely. Then cooking makes all the difference in the world too. We do coffees and teas. We don't take them to a full boil. We take them up to like 170, 175. The Watt-Ahh has the ability to pull the oils out of the tea and the coffee and give you the flavors because it will emulsify those oils or standard water won't. We've got a friend whose parents have owned, or actually it's her family have owned a tea plantation in Japan that goes back over 900 years and it's all been in the family and they grow the emperor's tea, which is like \$400 a gram, but she won't sell it to them without a bottle of Watt-Ahh. She says, you're not gonna get what this is about unless you have something that can actually go in there and extract what needs to be extracted.

She had great luck with herself on her first pregnancy. She spent nine months in the hospital sick as a dog, and the second child she gave birth to, she said, I didn't miss a day, but she was on the Watt-Ahh and she's just a little person. She's probably four foot, maybe nine, four foot 10, just a cute little Japanese. Her parents are little too. I met them. I explained to her that morning sickness is a toxin. I said, you're a little person and you're trying to grow and develop a baby. There's a lot of toxins being given off and your body just can't handle it. That's why you were sick, really badly sick the whole time. And she said the second go round, she didn't have a better problem. She said, I was drinking a bottle of a liter a day or more. And she said, that was fine. I

never had a minutes' problem. And the child came out much happier and she said there's a big difference in the development of the child also. So it's fun.

Dr. Wendy Myers

You have a lot of studies too. There's a medical study on vitamin and mineral absorption at the University of Florida, correct? Can you talk a little about that and the nutrient absorption increase? That for me is also one of the biggest challenges in working with patients. These supplements will help them, but most people, they're just not absorbing them. They just aren't. They're taking tons of pills. Their vitamin D levels aren't going up. Their magnesium levels aren't going up or whatever. They're trying to improve. They're just taking tons of the supplement. It just is not working. And there are so many different things working against our absorption levels. It's not just our gut. That's a big part of it, but it's our energy levels, our body, oxygen levels, and so many other things.

Rob Gourley

We did a long study up there on vitamin C and iron. Iron is a tough one to absorb and normally it's absorbed in the small intestine, which is very painful for women when they give them an iron supplement and then it's hard to control the quantities. It's hard to get the iron out if you end up with too much. What we found in the study was that the iron levels came up in three and a half minutes without any inflammation of the gut, and the Watt-Ahh is able to carry out any excess. We weren't having the problems of seeing massive overdoses, so anemic women, especially when women who became pregnant and then found themselves anemic for three or four days on the Watt-Ahh with a light supplement.

They were fine. Everything came back into order. We were seeing almost a tenfold uptake difference in three and a half minutes into the blood. What we saw with the vitamin C was actually over 500% more uptake, which is another hard substance to get into the body, especially during covid, everybody was fighting, trying to get zinc and vitamin C and vitamin D and some other stuff in. But there we also did, we shined pretty bright during that time too, because what we're able to do, which we've shown with the high altitude, is to consume a liquid, extract the oxygen and backdoor

the lungs. What's happening, like with the skydivers and the mountain climbers, they're not absorbing it through the lungs.

You're not pouring the bottle of water in your lungs. You're drinking it, but yet the blood oxygen is coming up immediately. So, what we've learned during Covid was that we could backdoor, even though the lungs are full of phlegm and in trouble, by either using the breathing machine to go into the tissues or drinking the water, we were backdoor the oxygen into the tissue, into the blood, not going into the lung to go to the Ebola, which then went into the blood and then went to the tissue. We actually could flood it through the tissue into the blood and have it travel throughout the body. It was a strong enough arena where we were seeing that in the lungs, especially the gas machines were able to create an environment the virus didn't like and wouldn't prosper. It would die very quickly.

It wasn't toxic. It was just that it was an environment or a form of oxygen that they didn't like. The rest of the cells were happier than all. But the viruses don't like oxidative stress. This is a little different from standard oxidative stress because our oxygen is more balanced. So, it's not trying to tear things up, ozone, which is very aggressive, will solve more problems than basically anything it comes in contact with. We're not seeing that, even though we have more energy in it than ozone, but it's a different structure and it's a more balanced structure where it's not aggressive in trying to tear up everything. So Covid was probably one of our best years. We were selling water like crazy. The nurses were treating covid patients with just a facial steamer and we were doing just incredibly well. We turned around patients that were hours away from dying and we never lost anybody in our group.

Dr. Wendy Myers

That's amazing because that was just a very scary time for sure for so many.

Rob Gourley

A lot of the clinics were actually treating patients sitting in their car in the parking lot. They would run a hose out with the gas and put a nasal can on them while they sat in their car, tilted the seat back for two hours, listened to the radio and they were able to treat Covid successfully that way.

Ads 56:56

I wanna take a minute to give a shout out to one of our sponsors, True Energy Skincare. They have an amazing serum that I am cuckoo about. I've been using their facial serum here for well over a year for a reason. This is just bar none my favorite product. It's very, very light. It's just a serum you'll put on under your moisturizer. And the reason I use it is because it's a frequency-based skincare. They have frequencies imprinted on this serum that improve collagen, improve elastin. Collagen is that support matrix in your skin that makes it look firm and juicy and we lose that as we age. That accelerates rapidly after we hit menopause. You lose 30% of your collagen within two years after menopause. I'm using everything I can get to improve collagen. This has over 2000 frequencies imprinted on it for skin nutrition, to help the appearance of your skin, the fine lines, the age spots, and it will smooth out the texture of your skin as well.

This has been my secret weapon that I've been using to improve my skin, look and feel healthy, like I said, for well over a year. And so, I'm not promoting this because they're a podcast sponsor. I'm promoting this because this is one of my secret weapons. I love this product and I use it every single night under my moisturizer. This has no toxic ingredients in it whatsoever. It has lots of nutritive ingredients as well. It's got fruit, enzyme extracts. It's got oat kernel extract. It's got oat beta glucans. It's got beach bud extract and it's got algae and chlorella in it as well. It has lots of great nutrition in this as well as the frequency enhancing aspects of it. Any old product can moisturize your skin. That doesn't impress me, but the results you get from this are bar none, and that is why I highly recommend it. They have a very good offer for my listeners. Go to trytrueenergy.com/wendy. That's T-R-Y-T-R-U-E-N-E-R-G-Y.com/wendy and get a very special deal for my listeners.

Dr. Wendy Myers

Rob, is there anything else that you wanted to communicate to the listeners about Watt-Ahh, what it can do for them?

Rob Gourley

Watt-Ahh is probably the simplest, most efficient way to help your body deal with the toxins and the environment that you're living in today. It's a better red, I call it a little red wagon that can carry in the nutrients and carry the garbage out. A lot of health is not just getting nutrients in, which people think it is. It's getting the toxins out because if you don't eat, you can live for several weeks. If you don't have a bowel movement for two weeks, you're not gonna go for two weeks. In two or three days, you're gonna die. Those are the toxins building up in the body and then killing it. So, it's more important to get the toxins out than concentrate solely on getting stuff in because you've gotta make room in the cell for things to be there.

If it's already full of garbage, I don't care how much good stuff you eat, it's not gonna do you any benefit. You've gotta get the garbage out to get the good stuff in, and this is probably the cheapest, fastest, most effective way, and the least painful way to start to turn the tide on your health.

Dr. Wendy Myers

So many people started to do detox programs and have a lot of detox symptoms because their detox pathways aren't open. They don't have any energy. They are not grounded and they're not hydrated. There are so many different things that contribute to people not being able to detox when that's the absolute thing that they need. It's the very thing that they need, but they've just got the deck stacked against them. I think Watt-Ahh solves a lot of these issues to facilitate detoxification.

Rob Gourley

That's a good way to put it. It's very true.

Dr. Wendy Myers

I think also health can be very, very simple. Where people look for, they go to like the genetic, get their genetics tested. They go do all these different functional medical tests, and they do all these different protocols for this and that, and even detox protocols and whatnot. I think people need to get and really think about the basics, about proper hydration, oxygenation, minerals, detoxification and things like that and then see what's left over grounding the body, fix those things, the very basics, how

the body works, and then see what's left over that you still need to work on. I think people just overcomplicate things before getting to the basics.

Rob Gourley

Well, when you're born, you're almost 80% water. When you die, you're probably in the seventies, but water is what is the base. The majority of you is water, and if you don't build it out of a good quality water, I can see where there's gonna be problems. It's like building a fountain or a house on sand. It's not gonna sit level. The sand's gonna continue to move. So, you have to have a good foundation, which is basically an energized form of water, which works with the cells and that's the base foundation. Now you can do all the other things to make it really super special, but until you can get rid of the garbage and get it cleaned back up, I don't care what supplements you take, you're not gonna really benefit from them because they're not gonna go anywhere other than overload your kidneys and your liver trying to get rid of these things.

Dr. Wendy Myers

Well, Rob, tell us where we can get some Watt-Ahh and also tell us the dosage. Where should people start and how much should they drink per day, like a maintenance dose?

Rob Gourley

Basically, what we're finding is somewhere around a liter a day. If you're an extreme athlete, we see them consuming more because they're pulling a lot of energy from the oxygen that's in the water. I recommend somewhere between if somebody's older and pretty sedentary at least a half liter a day. Bob who's gonna turn a hundred here, November 17th, he's consuming probably at least a liter a day, and then he is off to the races. He is like you. You tank him up on that and on the breathing machine, he is ready to go. He wants to know where everybody's going. Let's go, you know? But, the other thing I recommend is start slow, because if you're highly toxic and you suddenly try to pull it all out at one time, you can have one hell of a headache and it'll go away fairly quickly. But you wanna start slow and see how you adjust to the detoxification. And you may, for the first week have to drink a quarter of a liter and

half a liter and, and work your way up. But once your body gets used to it, I can drink three or four liters and it doesn't affect me that way.

Dr. Wendy Myers

When I first started drinking, it was very stimulating because you're getting lots of oxygen and electrons and things like that, right? And so I had a little bit of trouble sleeping, but I didn't feel bad at all. Normally I think I was getting like maybe four or five hours a night because I was so stimulated. But I didn't feel bad at all. I felt incredible.

Rob Gourley

Your body has been energized through an external force. The breathing machines, I describe it as plugging someone's tail on the wall. We've dealt with patients and sometime I'll have to show you some of the photos of these patients that were brought to us that were on death's doorstep. And then through the use of the breathing machine, at the end of the first week, the second week and the third week, they're out dancing. But the first week they're looking in their face and their eyes, they're hours away from dying. Then as you build the body back up, all of a sudden you see a partial smile and then finally a full-blown smile and the guy's ready to go out and party.

It's basically plugging you in instead of trying to make the body break down foods and supplements to get energy, this is free energy. It's very different on the breathing machine. You're plugging their tail in the wall and just stand back and watch what happens. It's pretty exciting too.

Dr. Wendy Myers

I live in Mexico, so I go through periods where I don't have Watt-Ahh because I've got to go to the US and pick up some from my mom's in Houston or from my friends in Los Angeles. I'll pick up Watt-Ahh in different places, but sometimes I run out and I really do feel the difference and I feel that I'm energized again. For me, I don't need it all the time. I've been drinking it for quite some time, and I do a lot of other things, but I have a lot of very expensive equipment that I use to get energy from various

sources. I still use Watt-Ahh on a regular basis as part of my health regime. I just said it's indispensable for me because of all the things we talked about on the show today.

Rob Gourley

You can go to aquanew.com or amazon.com. You can type in Watt-Ahh or Aqua New, and it'll come up. And then there's a phone number where you can order directly from Dana here, which is 8 8 8 9 3 6. Aqua or that's 2 7 8 2 is the last number.

Dr. Wendy Myers

Okay, fantastic. Wata is spelled like W-A-T-T dash A-H-H. That's exactly what it is. It gives you some wattage. Rob, thanks so much for joining us on the Myers Detox Podcast. I'm Dr. Wendy Myers. You can look at all my work at myersdetox.com, follow me on social media at all the social media platforms @myersdetox. You can find me on YouTube at Wendy Myers. Every week, it's such a pleasure to bring all of these amazing speakers and experts in health from all over the globe to really help you upgrade your health. That's why I'm doing this show. I love searching for all these different health applications, health protocols, and systems, and things for myself to upgrade my own health. I'm always looking for things to get that edge on anti-aging, longevity, and beauty. I just want to feel good, and I want you to feel good too. So, thanks for tuning in, and I hope this show will give you some ideas to help your health.

Disclaimer

The Myers Detox Podcast is created and hosted by Wendy Myers. This podcast is for information purposes only. Statements and views expressed on this podcast are not medical advice. This podcast, including Wendy Myers and the producers, disclaim responsibility for any possible adverse effects from the use of information contained herein. The opinions of guests are their own, and this podcast does not endorse or accept responsibility for statements made by guests. This podcast does not make any representations or warranties about guest qualifications or credibility. Individuals on this podcast may have a direct or indirect financial interest in products or

services referred to herein. If you think you have a medical problem, consult a licensed physician.