



#605 How Nanoparticle Plant DNA Technology Achieves 99% Nutrient Absorption | Tina D'Angelo

Dr. Wendy Myers

Hello, I'm Dr. Wendy Myers. Welcome to the Myers Detox Podcast. On this show, we talk about everything related to heavy metal and chemical detoxification, and the health issues caused by toxins that are really surprising. We talk about bioenergetics, anti-aging, and more advanced topics on health. Today I'm gonna be talking with Tina D'Angelo. She's gonna be talking about nanoparticle technology in supplements to get the highest absorption and the problems with most supplements. I know so many people focus their health regimen on their diet, exercise, and supplementation. There are a lot of problems with supplements out there today.

We talk about how the supplement industry is very loosely regulated, with a lot of quality issues in supplements and absorption issues. Absorption can be as low as 20% for some supplements, and a lot of supplements contain synthetics. They contain fillers, or they don't even contain what they claim on the label. A lot of supplements contain binders that prevent their absorption. So the pills often just pass through the system undigested, just completely intact. We talk about a new product out, it's been out for a while. It's called DNA Drops, and they use European Accumulate SA technology to extract nanoparticle DNA from plants. That results in 99% absorption and bioavailability. This is a total game-changer in supplementation.

These are products that I personally take, and I recommend them to everyone for your basic supplementation protocol. They're 100% plant-based. They're totally

natural. They're really high-end supplements. These also bypass the digestive system for 99% absorption, and they don't contain any allergens or stimulants. They don't have side effects or medication interactions, and they're just a lozenge. They taste like candy, and they're easy to take for anyone, no matter what age or if they have pill fatigue. A lot of people are just so tired of taking one more pill. There's a whole range of products that we'll get into. There's an HPR product for liver, gallbladder, and pancreas support. There's one that's specifically for weight loss. It targets visceral fat. There's another product for blood sugar control. So we're gonna go into all of the different products, what they do, and how they're natural anti-inflammatories, et cetera. So, it is a really good show today.

Our guest, Tina D'Angelo, is a nurse. She's at BS. She has RDMS. She's an RVT, RT. She's an APLGO national director. She's a medical professional with 24 years of hospital experience. She holds degrees in medical imaging and diagnostic medical sonography. She specialized in radiology and ultrasound and served as a clinical advisor for local colleges for 17 years, dedicating time to train future healthcare professionals. With a passion for health and wellness, she's been diagnosing through real-time body imaging for 25 years, emphasizing the importance of preventative healthcare. For more info about DNA drops, the supplements we're talking about today, go to dnadrops.net. Tina, thank you so much for coming on the show.

Tina D'Angelo

Thank you for having me today. I'm super excited to be here.

Dr. Wendy Myers

Why don't you tell us a little bit about yourself, your background, and how you got into the health space?

Tina D'Angelo

I actually have just become very proactive and preventative about my own health. Of course, being a busy mom of four, I had a couple of kids. I have a son who's on this high-functioning autistic, another daughter has ADD, and of course, my own health and wellness. I grew up in a very pro-vitamin, pro-supplement home. So to me it just

seemed normal that that was the path I was gonna take. But of course, I also work at a hospital. I've been there 25 years, so I've seen the opposite. I've seen the sick system. I've also been a proponent of the health system. Through all of that, my passions have just really turned into preventative and proactive health for myself and my family, of course, trying to find the best things for my kids.

I do believe there's a time and place for modern medicine, but I didn't necessarily see it do a lot of good for myself and my children. It led me down a path of just research. That's what we all do and try to find the absolute best for myself and my kids. I kept researching and realizing that it's all about quality, high absorption genetics. Genetics plays a role in disease processes, which I clearly understand because I do unofficially diagnose for medical imaging. So yeah, that's how I just found this amazing product and company.

I always know that Europeans are way ahead of us in health and wellness. They're usually about 10 years advanced, even in the medical communities, we understand that. So to me, it just made perfect sense to start looking outside of our market and start looking at what other countries have been more holistic healers than our own selves.

Dr. Wendy Myers

Let's talk about supplementation because I think there's a big problem in the supplement industry. One with pharmaceutical companies buying up supplement brands and then reducing the quality. And there's a big problem with lower quality within the supplement industry. There's a lot of garbage out there. Can you talk a little bit about that?

Tina D'Angelo

I didn't really understand until the last couple of years how loosely regulated our supplement industry is over here. It's actually shocking. We put these high standards on our pharmaceuticals and all these tests, regulations, and studies. But when it comes to the stuff that we can buy off this shelf, it's full of fillers. I remember they did a study, I can't remember, it was many years ago, and they actually pulled so many bottles off of GNC. They actually tested to see what was in it, and they found out, first

of all, that half the ingredients that were on the label were not even in the bottle. That's insane to me, and the fact that people are buying this it's expensive. It's not quality. So again, your body is not getting the nutrition from it, and then you're taking massive amounts because even our supplements are not natural sources. They're synthetically made in a lab.

So if you're getting your vitamin Cs, calciums, and you're buying those in pill form, that was made in a lab, even though it sounds like a supplement. Of course, pharmaceuticals have their hands in that as well. I actually think that they like the fact that they can give people these low-quality supplements. They can give them the medicines, but then they also want to play a role in the supplement industry and not regulate it and be able to have control of what they put in it with the fillers, because again, it's about money.

Dr. Wendy Myers

And then they can do studies to say, Oh, yeah, supplements don't work and direct people to their doctor to get something that actually does work, full circle. I think there is a lot of manipulation and poorly done studies to try to drive people away from supplements or questioning natural health. I did a whole summit on this called the Deficiency Fix. You can go to deficiencyfix.com and check that out, as I am interviewing all these experts from around the world about the problems with supplementation. But the other end of the spectrum, you have to supplement because our food is largely devoid of nutrients, especially if it's from industrial farms. Can you talk a little bit about the problem also, not just with the synthetics and the problem within the supplement industry, but even if you're taking supplements, we're not absorbing the supplements

Tina D'Angelo

Oh, a hundred percent. This is where my medical knowledge comes in. I'm medically trained, but I literally look inside of bodies all day long, real time. I always said I wish people could see what I see, especially over the last 20 years and what our poor nutrition is doing to our bodies in the insides, that is our organs, livers, and guts. I just see the other spectrum of it is that because of our food source and our lack of nutrition, we are literally walking around malnourished all day long. It does have to tie

into absorption because if your liver can't detox, if your gut can't digest properly, if you don't have the organ functions to actually be able to absorb what you're putting in your body, it's literally going down the toilet as expensive pee.

We're lucky nowadays because I don't know anyone who doesn't have a detox problem or a gut problem for that. They're maybe getting 20%. And then you're dealing with things like genetic variants, which are now becoming more studied, especially MTHFR, which half the population has one form of it and they can't absorb it all through, again, our poorly detoxifying system or our guts. It's leading to so many things that we could always talk about, like depression, anxiety, and autoimmune disorders. Absorption is the key a hundred percent. If we can get those nutrients to the cellular level, but do it maybe in a way that we don't have to use this poorly digestive system that we all have and people are just struggling to try to correct that, then we have something like absorption for sure has to be the key.

Ads 11:29

This show is brought to you by Bon Charge, and I wanna take a minute to tell you about one of their amazing products that I'm absolutely in love with. There's something I've been doing for about 10 minutes a day, and it's wearing a face mask, but it's not just any face mask. It's this Bon Charge red light face mask, and it's essential to my nightly skincare routine now. Believe me, red light therapy really works. It's well established in the research to improve the appearance of your skin. How it does that is it penetrates deep into the skin to boost collagen production. It reduces the size of your pores, reduces inflammation, and eases the signs of aging.

Bon Charge's red light face mask makes it so easy to take care of your skin. It's like a mini spa session every night that I'm doing. It can be used easily at home. There's no cord, so you can wear it while you're doing other tasks. Plus, the mask is totally painless and it doesn't heat up. Unlike some other beauty, anti-aging treatments, Bon Charge's red light face mask has been a game changer. It's part of my everyday skincare routine now, and I'm seeing such great results already from using this mask. My skin is more clear, it seems more plump, fresh, juicy, and my redness and dark blemishes are fading.

There's a very special offer for all of my listeners right now. My listeners get 15% off when you order from boncharge.com and use my promo code, Wendy at checkout. This discount applies sitewide, and you'll also get free shipping and a 12-month warranty. Go now to get this exclusive offer. That's boncharge.com and with promo code, Wendy, you get 15% off. This is one of my secrets to super healthy young-looking skin. I'm trying to reverse the clock. I'm trying to do everything I can to anti-age and this is one of the secrets in my toolkit

Dr. Wendy Myers

Yeah, and that's why I vote more now for, we have to take products physically, but you can also get the nutrients you need with frequencies as well, which is incredibly interesting. And that's why I created my healing quantum frequency card and it is delivering all the nutrition that you need. But you still need physical supplements. We have a physical body. We need to consume proper amounts of food and macronutrients and I take physical supplements also, of course. With absorption, it's also interesting. I was really shocked to learn this, but when people are taking pills, they're pressed pills.

If you look at the porta-potties where people are going to use the bathroom, the pills come out, they go right through them and they come out whole because there are binders in those supplements. I won't take any supplements if they're a pill that's been pressed with binders, like all of the name brand products you get at the big membership stores or your drugstore. If it's a pressed pill that has these cheap binders, you're not going to digest that at all.

Tina D'Angelo

Oh no, it's really true. In fact, they test the sewer waters all the time and they say the number one thing that's in our sewer system is undissolved supplements and medication.

Dr. Wendy Myers

It's great. You have expensive poop and expensive pee, and that's about it.

Tina D'Angelo

People are wasting money.

Dr. Wendy Myers

Talk about the DNA drops. These are supplements that I personally take. I absolutely love them. Can you talk about how they overcome a lot of these problems within the supplement industry and absorption?

Tina D'Angelo

This is where I go over people's heads a little bit, even though I know you, Dr. Wendy Myers, you're just amazing with the frequency, healing the energy. People don't realize that that is actually a key to what you said, absorption and nutrient bioavailability. That's where I actually turned my head, like 360 when I heard about the negative ion plant, DNA drops because through medical imaging, it's a fact. Every cell in our body is frequency based. Every cell has a different frequency level. So a blood cell is gonna have a different frequency than a liver cell. This is actually how medical imaging produces the images, and they use different modalities to get it either through ultrasonography or MRI or radiation or nuclear isotopes.

This is how they pick up the pictures. They're targeting your cell cellular frequencies. So we know through even medical imaging, there's gonna be an abnormal and a normal shift. As cells start to change, they turn abnormal. If they go towards a disease process, it's usually because of a free radical change. Something that has affected the cell to make that frequency shift. We know cancer is the largest free radical change a cell can go through. But then there's a lot of different variations. So through this product, what I find completely unique that you won't find it anywhere else, is it actually uses the power of these negative ions.

They infuse it inside of the nanoparticles, which is the DNA part of the plant, the botanical herb, whatever they're gonna use. It gives you all the macros, micros, phytonutrients, minerals, vitamins, all the things that we know, these amazing sources like that we have that are here on the earth to heal and cure our bodies. But again, we need it to be smart. We need it to go exactly to the cells that are needing it. So we infuse it with the negative ion energy, which is basically quantum physics that comes from Nicola Tesla's work with alternating current. And by doing that, the

minute we pop it in our mouth and we're savoring it within minutes, it's finding the abnormal frequency shifts.

It's targeting the cells that have the deficiencies that are in those abnormal states and changes. That's why we are seeing results so quickly. That's why doctors are saying this is impossible. How can your blood work change? That's why people are feeling relief from things like pain and hormonal inflammation. I have lots of my own personal stories of course, but it's so easy because it tastes like candy.

Dr. Wendy Myers

That's why I wanted to just explain to people that the DNA drop supplements or the supplement line is literally like a lozenge. It's a piece of candy. It tastes really sweet. It's made from natural plant sugars and it's safe for diabetics. So it's totally fine for diabetics, which I'm concerned about as well. I don't want to take anything that's gonna raise my blood sugar. They taste amazing. I have to say, when I first started taking them, I started taking them probably almost a year ago. Within a few days I felt better. I had more energy. I just felt better. I felt less inflammation in my body.

Sometimes I'd have some lower back pain or stiffness and things like that. I just really felt a lot better and I was really surprised because usually when you take supplements, you don't always feel something. Definitely, I had a shift. I'm like, okay, you have my attention now. For most products, I'm like, I don't really feel anything. You can still be having changes, even if you don't feel anything.

Tina D'Angelo

You can't, of course because there are certain benefits you can't feel. Do you feel your liver repairing? Do you feel your kidney's function improving? Those are things that of course the doctors use the blood test for or the imaging, but we are seeing those kinds of results because obviously, it's cumulative, so the more deficiencies you repair through nutrition and cellular balancing, the frequency, you are gonna see the shift. You're gonna see the shift through these tests that you can't fill. I always tell people, your liver, just because of what I do, it can take a beating. When I scan somebody, or I'm looking at somebody through a medical imaging study, they have no idea that their livers are already changing. They're already doing damage.

I'm seeing it on kids and teenagers, because you know what teenagers live on? They live off fast food. They don't take their vitamins. It's always like the quick thing. They live on chips and soda and it is affecting the whole population. It's shocking.

Dr. Wendy Myers

I just heard a statistic the other day that 38% of children that are between the ages of 13 and 18 are considered diabetic now. I see absolutely shocking statistics and our diets are horrifying. So we have to supplement. We absolutely have to. Even me, hundred percent. I eat an amazing diet. I eat wild caught fish. I know the rancher where I buy my meat. My mom has a ranch. We eat deer that she kills and rabbits that she kills. I have a great diet, but if I don't take supplements, I'm hungry. If I don't take supplements, I'm craving food because the nutrition in the fruits and vegetables is just a fraction of what it used to be just 20, 30 years ago. So, unfortunately you can't get all your nutrition from food.

Let's talk about the DNA drops. Let's talk about how they're totally plant-based and where are the nutrients coming from? We know they're plant-based. Can you expand on that a little bit?

Tina D'Angelo

They use European technology. It's actually been around for quite some time. It's just new to this side of the world. It's called Keala SA. That's their proprietary process. They actually extract the nanoparticles. I'll just use Ashwagandha for instance. When you pick Ashwagandha, it's a plant, obviously. We grow it. When you pick it dies. It's no longer living. And so then people try to freeze dry it, crush it up, and try to put it in these capsules to go through the digestive system because Ashwagandha is a natural source. It has its amazing benefits.

You could study each herb. This is where my herbologist friends can tell you exactly how many vitamins, minerals, all the things that are in our particular herb. It's just super beneficial to our body. Our cells crave it, but instead of killing the Ashwagandha, they actually extract the nanoparticle of DNA of the Ashwagandha, which is actually the blueprint. It's like you are giving yourself a blueprint of everything that Ashwagandha can potentially give your cells at the max potency, the

max benefits. I have to go full circle with the negative ion infusion because of that negative ion energy. Once you give it that particle back, it actually becomes active and living again because frequency is energy. It's a living life force. So, instead of getting a dead Ashwagandha that we have to digest, we're getting an active living blueprint form of that. They take multiple of these proprietary blends. They've studied it and use a lot of different science and research on what blends work with certain organ systems. It's either organ system based or it's symptom-based. We have one for pain. It's an anti-inflammatory. I compare it to ibuprofen. If you're gonna use a chemical version, this is like a natural ibuprofen.

Dr. Wendy Myers

I take a lot of that one. It's slide, correct?

Tina D'Angelo

Yes, SLD. It's slide

Dr. Wendy Myers

I take quite a bit of that one. It's anti-inflammatory and it's totally natural. I am not taking NSAIDs or Tylenol or anything like that, that can damage my gut and damage my liver. I may on occasion, if it's like an emergency I will, but I wanna avoid medications at all costs. I don't think people realize how much damage they're doing to their health, especially if they're taking those every day thinking like it's not a big deal. The SLD is a great natural anti-inflammatory.

Tina D'Angelo

And that leads us to the fact that there are actually no side effects when you're using a nanoparticle DNA form. We bypass that digestive system altogether. We use the submucosal delivery system. There's no allergens because allergens come from the breakdown of the plant proteins in your digestive system. That's why people have allergies to ginger or they may be sensitive to certain herbs or foods or things like that. It actually is not coming from the food. It's coming from our digestive systems breaking down the proteins. We have no plant proteins because we have no fleshy particles. Again, there are no allergens, no stimulants, no side effects.

You can't overdose. There are no interactions with medications. Kids are taking them and we're using them among animals. It's fascinating because again, the DNA is almost a perfect match to her own DNA. It's like a genetic code, like frequency reading. It's just the next level. It's really hard to explain, but I think people are really starting to open their minds to energy healing, frequency healing, but then not forgetting the nutrition side. We eat to live, like you said, when you're craving something, it's usually because your cells are not getting the minerals, vitamins and the things they're looking for. So now you have a craving because it didn't get the right nutrients. So you're constantly looking for, that's why we overeat, that's why we eat the wrong foods. Right.

Ads 26:12

I wanna give a shout out to one of our sponsors today. It's Tru Energy Skincare, and this is the skincare line that I'm using and they have an amazing product out. It's called the Energy Optimized Body Sculpting Stone that you see right here. I also love their refreshingly revitalizing hand in body lotion. I use this every single day. This is part of my nightly routine, using the sculpting stone and the body lotion. I love Tru Energy Skincare and the sculpting system. It's called the True Energy Body Sculpting System, designed to support lymphatic detox and fascia repair.

The protocol targets the acupressure points to activate the body's natural detox pathways. So what I'm doing every night is putting the lotion on, and then I go over my whole body a few times with this stone. You go over your entire body and they have a little information kit to guide you on what to do. This stone is made of natural ion stone and it's energy-optimized with Tru Energy's proprietary biophoton frequencies. We sometimes refer to them as beauty frequencies, helping to communicate to the body at a cellular level to act as if it's young again. So it's sending new information and frequencies to your skin to improve collagen, improve elasticity, help with lymphatic flow, and help with flushing and detoxification of your skin.

When paired with the bioactive functional hand and body lotion, it enhances hydration. It combats dullness and brings out a healthy glow. The lotion is also energy optimized with the same proprietary frequencies, using a little green bead

inside it that has all the frequencies imprinted on it. This powerful combo is ideal for those dealing with premature skin aging, cellulite, feeling bloated or swollen, and all the signs often linked to stagnant lymph flow and toxin buildup. You can get this duo at trytruenergy.com/wendy2. You can get this combo at that link.

Again, I do this every single night. I'm absolutely in love with Tru Energy Skincare because everything I do in my life is frequency-based. You guys know that, if you've been listening to this show, I'm obsessed with bioenergetics. I've got bioenergetic software running, but everything I do has frequencies imprinted on it and everything that I use that includes my skincare. I cannot recommend Tru Energy highly enough

Dr. Wendy Myers

I take the DNA drops and I take the whole line as well. There's 18 of them. There might have been a couple new ones added that I'm not aware of, but there's 18 of them. You don't have to take all of them. I don't take the heart one, but for people who are worried about the heart, you can take that. I take spirulina also because it's so nutrient dense and I take bee pollen every morning. I just have a handful of things that I'll take. I like colostrum too, but I don't really get hungry very often. I have to remember to eat, which is 100, 180 what it was just a few years ago because I'm so satiated and have such high nutrition levels that I find I'm satiated. I'm not having cravings. I'm not thinking about food. I'm not like, Ooh, what do I eat? That really helps a lot with maintaining a healthy weight 'cause you're not always wanting to snack.

Tina D'Angelo

Like you said, all of our products have that, I call them natural appetite suppressants because it does exactly what you said because you're not craving. When you give yourselves what the body needs, then a lot of those things start to dissipate. You're feeling fuller. You're not having the cravings. We did come out with a new one, the LFT, which is an antioxidant. It's anti-aging. I love it. It helps with stem cells and things like that, but it has the spirulina in it that you just mentioned, which we didn't have before.

I actually went through a whole weight loss journey just using the product, and I was able to release 46 pounds. So I know what you're talking about. It's more than that. We have to do our parts. We have to watch what we eat and take our water and

watch our calorie intake, 'cause Americans are overeaters. It's a huge difference if you've ever been to Europe, how they eat, what they eat and the portions they eat.

Dr. Wendy Myers

My girlfriend's in Barcelona. She said, there's no overweight people. It's very, very rare. And they're usually tourists. When people are trying to lose weight, there's so many people who are white knuckling it or just going hungry. That's your body. It's not crying out for a hamburger. Your body's crying out for nutrition. It's not getting. I'm surprised at how little food I'm able to get by just because of the nutrition I have. And when you're trying to lose weight, biology will always overcome willpower. If you don't feed your body the minerals and the nutrition that it needs, you are going to be hungry, period. And you won't be hungry if you get the proper nutrition. I think with the DNA drops that gives you the best shot at giving you the nutrition you need without all the problems we talked about with other types of supplements.

Tina D'Angelo

Yes, I agree.

Dr. Wendy Myers

Let's talk about some of the other products in the line. I like the beauty one because it gives you silica and it gives you a lot of things that you know you need for beauty and collagen. What else can you talk about? Just some of the other product lines.

Tina D'Angelo

I love them all. Again, like you said, of course we're not taking them all, all day long and some of them are just places. We've replaced things out of our medicine cabinet. In fact, I can't remember the last time we actually took some over the counter med. If you're running for the Tylenol or the ibuprofen, we have a replacement for that right through our slide. If you're looking for a cold flu or an allergy, use ALT because those botanicals that are in there are natural decongestion, so it's gonna help.

Dr. Wendy Myers

The ALT is for immunity.

Tina D'Angelo

It's like allergies, itchy, watery eyes, helps with pet dander, seasonal allergies, anything in an upper respiratory, that's what I say. It's a huge immune booster too because what are allergies directly related to? Our immune response. Then, like you said, the BTY, which is beauty, it's like European's biggest beauty secret. It's a neutral cosmetic. Beauty shows from the inside out. We all know that, but our skin is the largest organ we have. It's full of cellular renewal, dying off and all that. So people wanna slap all the stuff on their skin, but they're not realizing that taking care of your skin comes from nutrition and collagen support.

I love that our product targets what your body needs. So there's so many collagens out there, I think they have like six or seven types now. I actually lost track. It could get very confusing and very expensive. Collagen just isn't our skin. It's in our ligaments or joints. This product just naturally works with what you are lacking. So everyone gets results, right? It may look different depending on our deficiencies and things that are going on in our bodies, but that's what I love is it's smart. There's no guessing here. You just take it and it's just so, so easy.

I could go into hormones because I'm a big proponent of hormonal health. I've personally been a sufferer of PCOS, which is polycystic ovarian syndrome. I had in my entire life thyroid, Hashimoto's cholesterol. High cholesterol, runs in both sides of my family and diabetes. It's all autoimmune inflammation, hormonal, and it's because the food we eat, the soya, the seed oils of inflammation. It's doing havoc on our hormones. I love our powers. The power apricot and power lemon. One is more geared towards females for the progesterone, estrogen. The lemon is more for prostate testosterone. Women don't realize that they neglect the testosterone component.

Our testosterone is usually what's off and doctors aren't addressing it as well with women. I take both of them and I'm completely covered and it has been a game changer for me. I am in that perimenopause stage. I'll probably be menopause here in a few years and I'm not having all the crazy symptoms and all the things that most of my friends are having right now.

Dr. Wendy Myers

It's really important for its supplement for hormonal health. I think there's so many things working against our hormones as we've covered on this podcast with how toxins interfere in your hormones. You need that nutritional support to foster them. Any other ones? I really like the RLX. It's relaxing. That can really help with cortisol management.

Tina D'Angelo

Yes.

Dr. Wendy Myers

A lot of people are really stressed out. It's something I take a few hours before bed and it can really help to just calm everything down.

Tina D'Angelo

Our minds are like overthinking because we're stimulated all day long with our devices, computers, and the positive ion poisoning. I don't even know if you go into that with your audience, but it's real. It's affecting us. So that RLX not only has just all of the chamomile and all the things that help just relax you naturally, it has the negative ion frequency as well, but it doesn't make you sleepy or foggy. I have people that take it, that are just high anxiety. They're overthinking. That's what it is. It's like they're overthinking. They take an RLX and all of a sudden, same with kids. A lot of hyperactivity, our kids' brains are actually really amazing.

People are always trying to treat their cognitive skills and not realizing that these kids are just really hyperactive, they just need to calm down. Their brains are perfect, they're smart, they're intelligent, they're trying, they're just overworking. They're overstimulated. I have people who have loved the RLX just for their kids to get them to calm down and focus. And then we have the BRN brain for cognitive and focusing, which also helps with brain fog, concentration, focusing and all the things. But sometimes you gotta figure it out. RLX can be just as good as BRN or maybe a combination of both. I love that we have natural solutions and I have a mom heart

with the four kids. That's really a big passion for me to be able to help these kids naturally instead of giving them the stimulants, the psychotics.

I saw it with my own son because he was on medication. Unfortunately we didn't know better. We tried all the pills and he literally didn't grow for the entire year. He didn't grow because the medicines were stunting his growth and nutrition. He was having psychotic episodes just to get him to just focus in school for a few hours and it wasn't worth it. It hurt my heart. That's when I started going on the natural path with him. He's six foot two now. He's tall. He is 25. I went through a lot of that, so if there's a natural solution for kids or parents, why not share that far and wide?

Ads 38:55

I want to take a minute to talk about the health benefits of olive oil and thank one of the sponsors of the Myers Detox Podcast called Fresh Press olive oil. Like many of you, I'm always trying to eat healthier, and that's why I love really good olive oil. I eat olive oil every single day for its many antioxidants and longevity benefits. Olive oil is the cornerstone of the Mediterranean diet, proven to be among the healthiest in the world. Sicilians from Italy and some islands in Greece have some of the longest-lived people in the world because they're eating olive oil every single day.

Check out this article from Life Extension Magazine: Olive Oil Markedly Extends Human Lifespan. In a long-term clinical study, those who ingested the most olive oil derived polyphenols live 9.5 years longer if they're over the age of 65. The Harvard School of Public Health has announced the results of a 28-year study showing that just over a half a teaspoon of olive oil per day is associated with a lower risk of dying from cardiovascular disease, cancer, neurodegenerative disease like Alzheimer's, and respiratory disease. It's been shown in the research to reduce high LDL cholesterol. It helps prevent type two diabetes, high blood pressure and obesity, and it may also help to prevent arthritis and osteoporosis. There are so many health benefits. So, whenever you buy olive oil, the four most important words to remember are the fresher, the better.

Olive oil packs the most flavor and the most nutrients when it's fresh from the farm, and that's the problem with supermarket olive oils. They're not fresh. They can be sitting on the shelf for months transported over sea on ships, losing the polyphenols

and antioxidants with the healthy fats even going rancid, the longer they sit in the bottle and that defeats the whole purpose. Not only that, but most olive oils sold in the US are not actually olive oil. They're mixed with canola and other unhealthy industrial GMO seed oils that you're trying to avoid by choosing olive oil in the first place. It's really shocking that this has been allowed to happen, but there just isn't much oversight in the industry. That's why I stopped buying olive oil from the grocery store years ago because you just have no idea what you're getting.

That's why I love getting my olive oil direct from someone that I trust, that is from TJ Robinson, who's known as the olive oil hunter. He has found all these artisanal small farms producing olive oil like they've done for thousands of years. I look forward to my quarterly shipment of olive oil from Spain, Italy, Australia, and other countries. This one is from Portugal, and depending on the country, the olive oils are ripe and in season. They press the olive oil and they bottle it and they send it to you right away. So, it's the freshest that you can get. And so when I tasted TJ's farm fresh oils, I fell in love with them. They're so fresh, they're so pungent. This is how olive oil is supposed to taste, and they're incredibly delicious on salad, veggies, pasta, meat, fish, you name it. Olive oil also has zero carbs, so it's ideal for low carb ketogenic and paleo lifestyles.

As an introduction to his fresh pressed olive oil club, TJ's willing to send you a full size \$39 bottle of one of the world's finest artisanal olive oils, fresh from the New Harvest for just \$1 to help them cover shipping. You can go take advantage of that at getfreshwendy.com. You get a \$39 bottle for only one dollar at getfreshwendy.com.

Dr. Wendy Myers

What are some of the other products in the line? I know there's one that's like the multivitamin, the foundational one. What is that called again?

Tina D'Angelo

MLS. It's short for multi spectrum, which is the gut one. We all know the gut is the gateway to pretty much every organ system. It's our second brain. We know up to 90% of our serotonin can be produced through the large intestine. That one is actually every botanical in that, if you go do your research, if you love your herbs, I

always tell people to do their own research on the herbs because it actually makes them a believer. They're like, wow, I can't believe what's in this. But those are all natural prebiotics, and we know prebiotics are key to balancing our gut biome. We need the prebiotics, and I love that people will go take their probiotics or maybe they love sauerkraut, kimchi, yogurt, whatever. It's a fermented process. It doesn't really happen in nature. So we do need that.

I always tell people, if you're taking a probiotic, it's pretty much useless unless you take a pre because the pro feeds off the pre. MLS completely covers you. So to me it's like a must have like one a day. If you're taking your probiotics or anything else that you're putting inside your body, your gut is trying to work at its optimal best. That was a great one to bring up. It's not really a multivitamin, but I do feel like gut health is for everyone, kids and adults especially since our guts are erect. I don't know if I could tie it into HPR or HEPA because again, I know how you're so passionate about detox and toxins, and our liver is our largest filtering organ and every bit of blood.

Anything that you expose yourself goes into your bloodstream at some point. It has to filter through your liver. What happens when the liver isn't detoxifying correctly? Or you've got too much fat in your bloodstream? That it's gonna cause high cholesterol. Cholesterol is produced in the liver. You're not gonna detoxify. It's gonna back up into the gallbladder. This is where people get gallstones. They're bile ducts. And what happens is that the bile ducts are interconnected to the pancreas. So then you're putting pressure on the pancreas. People are getting diabetes through low insulin production. But people don't realize that the pancreas produces all your digestive enzymes. So guess what? To work really well together, HPR and the MLS, they're power buddies because those two organs are communicating with each other. And when you have a good detoxifying system going, then your gut is gonna be happy too, and you're gonna be able to digest those things and absorb better. It's gonna help with mood, energy, anxiety, and depression. I could go on and on about how our gut is really what's killing mental health right now.

The HPR is for liver support, essentially liver support, detoxification, gallbladder, and pancreas. I have to say people don't see the damage they do to their liver because the liver is the last organ you'll feel. People won't feel their liver function. They won't feel their liver until it's too late because it's an organ that can take a beating over and

over and over again, and it's a regenerative organ. So, people just don't tend to wanna fix it until it's broken, until they feel it or see it, which is unfortunate. 'cause usually that means , it's probably too late in some cases.

Dr. Wendy Myers

I knew a friend of mine, the neighbor died of liver failure at 42 years old with crazy young children. Unfortunately I think there's a hundred million people with non-alcoholic fatty liver disease in the United States alone

Tina D'Angelo

I see it all day long and these people think they're healthy. They come in, oh, there's nothing wrong with me. They come in for something completely random and like, I'm looking at their livers and gallbladders, and I'm like, oh, you have no idea.

Dr. Wendy Myers

I think people have this idea like, oh, I don't have any diagnosis or major illness. I'm young. People are overconfident in their health, and they just think it's not gonna happen to them. It's very common thinking. That's why I do this show to really educate people about the strategies that they need to have to prevent illness, optimize health and do preventive care because once you have those symptoms and diagnosis, there's a lot of damage you have that may be or may not be reversible.

Prevention's not very sexy, but that's where it's at. People don't wanna, start addressing a problem before they actually have a problem. You have to start thinking about these things. And it begins with nutrition. Let's talk about each product, each of the DNA drops. They've limited it to about eight nutrients for each product. So it's very easy to see what you're getting and to do some little research on what each of the eight nutrients and each product is doing.

Tina D'Angelo

Yeah, it really depends on the organ system and whatever they're trying to target. Some like the MLS and beauty I think have 20 different botanical herbs and different

blends in there. One of the things that I don't think people realize is because it is a European product and they have the patented technology, they actually have a proprietary blend on top of what they put in as like their main ingredients. I always tell people, go research that stuff because you can't even buy a bottle of wine on Amazon for less than 25 bucks. And half of these products on wholesale pricing, you're getting for \$25 and it's full of amazing goodness. I'm blown away, honestly, because like you said, people don't wanna do preventative health because there's a cost.

People look at it as, well, I may get my medicines paid for, I may get this paid for, but you're gonna pay for sickness or you're gonna pay for wellness. You gotta make a choice, because I know people that would give anything, any amount of money to get their health back. I have people that are outta work. How much money are you losing because you had to call in sick that day. And so I always say, you're picking one or the other. You're literally making a choice for your future self. You're saying, I would rather spend the money now so I'm not sick than spending the money down the road because I guarantee you're gonna pay 10 times more down the road for being sick.

Dr. Wendy Myers

It's not free. If you guys wanna learn more about the DNA drops, go to dnadrops.net. There's a lot of information videos on there, but there're links, so you can click through and purchase them right away. Or you can contact Mark Axelson. His number and email is on the page as well. You can call him up and ask all the questions you want. Can you talk about some of the testimonials and things you've seen with the clients that you've worked with and how they've had a turnaround in their health after taking the DNA drops?

Tina D'Angelo

I get so many. They're just coming and going. A lot of it is the pain receptors. I know people that live in chronic pain. When they're on all the things and they're taking some of these drops, within a couple days or whatever, they're like, oh my gosh, my pain went away. How did that happen? That always makes people big believers. There's a lot of great immediate benefits like our ice drop, which we didn't talk about,

but it actually helps with the upper digestion. So if you've nausea, vomiting, heartburn, people are taking that and in like five minutes, it's gone.

Like literally you could throw the tums in Pepto in the garbage we did a long time ago. There's no use to it, especially when you're using the chemicals. People don't understand that chemicals are just chemical band-aids. All they do is turn off cell receptors so that you don't feel it. But that's also why you get all the side effects because all the cells around it freak out. So it's actually not the chemical, it's the side effect. But through nutrition, instead of turning off that cell receptor there, it's filling in with deficiencies so that every cell and ones around it are very happy.

Dr. Wendy Myers

I have to say I love the digestion product. I love, love, love that one. It works amazing. It's so good. And it has fennel in it, and it has carrot and other nutrients in it that help with digestion. It's fantastic.

Tina D'Angelo

It works really quickly. And then there's always like the big wow ones. When you see people lose weight, when you see pre-diabetics, type ones are type twos. I have moms who have type one diabetic children and of course they're insulin dependent. With type one, usually you really can't get off insulin, but insulin is expensive. During the pandemic they had a shortage of it. You couldn't even get it. That was scary. Just knowing she had a normal blood sugar, which tastes like candy because it's amazing. The kids love it and crave it and she didn't have to use as much insulin on them. So it was, again, a \$25 box. Her boys were taking it throughout the day, loving it. She was watching their blood sugar and she was using less insulin and saving a ton of money and giving the kids something that they wanted, which was just to them, a piece of candy.

I could go into Glyco biology because I'm a big proponent of the right sugars, not the wrong sugars that everyone freaks out about sugar. Our product is all the right sugar. How our cell uses the TB cycle is through glycol biology and cellular function. But yeah, there are so many, like the hormonal and the blood works. I'm thinking of the AC ones that are dropping the cholesterol. My stepdad is 83. He was on four heart

meds. His doctor took him off three. He's only on one. He takes some other ones, but it's just so impressive that even these doctors are like, I don't know what you're doing, but just keep doing it because obviously it's working.

And they can't even deny it because they wanna run the test. I get it. They wanna run the test. They wanna make sure, and that's why I'm always saying, always check with your healthcare provider. Usually a lot of them are really open-minded now, thankfully. They're making a little more of a shift to supplementation, alternative and holistic medicine. You just gotta be an advocate for yourself. You gotta find the right people to work with.

Ads 54:22

For anyone listening who really wants to detox their body, go to heavymetalsquiz.com. I created a quiz for you. It only takes a couple of seconds and it's based on some lifestyle questions. You can get your toxicity score and get a free video series that answers all of your frequently asked questions about how to detox your body. Check it out at heavymetalsquiz.com.

Dr. Wendy Myers

I love the NRM that helps with blood sugar control. I think that's really important, especially if you're relatively healthy but you're in your forties. I think it's really important to get a continuous glucose monitor and just check in. Do it for two weeks. They're not that expensive and you can check in on your blood sugar levels. Some people are really surprised that maybe they don't have a formal diagnosis. Maybe they're not doing the fasting glucose measurement when maybe the doctor's not checking that or they're not going for regular physicals or whatever.

Plus, that fasting glucose is a moment in time. It's much more useful to see how your body is reacting to meals and if you're having higher or low blood sugar late at night. But in any event, if you do find your blood sugars higher than on average than it really should be, it's really helpful to take the NRM to help with managing your blood sugar and insulin resistance.

Tina D'Angelo

I've actually had the question of if you have low blood sugar. It does the opposite. It brings it up. So all it's doing is using your cellular function to do a balancing act. It's not gonna over-correct or under-correct. It just tries to bring everything into a perfect balance. It works both ways. But you're right, blood sugar can spike any time. It could be from dehydration. People don't realize that, and of course our blood sugar's gonna go up after we eat. That's what it's supposed to do. But you know, again, if you're checking it and starting to just really listen to your body, you start to figure out what your needs are and where you can fill it in. And that's what I love about having this product. It's not only affordable, so it's also stuff you can place in your missing cabinet, but you actually can be a healer in your own home in a lot of ways.

Dr. Wendy Myers

And with the blood sugar management, that's key to weight loss. You have to have even blood sugar to lose weight. Like you said, anything that's stressful, like lack of sleep one night, you got four or five hours, you're gonna have high blood sugar and be on a blood sugar roller coaster the whole next day and be snacking more, et cetera. I think blood sugar control is so important in whatever you can take to facilitate that is again really, really key. I forget exactly, but was the NRM the one where they did a study and they showed that people on average lost two to three pounds more taking that than without it? There was some study on it that was done, but I forget if it was the NRM or if it was another one.

Tina D'Angelo

That one definitely, I know that a lot of doctors have done a lot of studies. A lot of different other countries have different rules and regulations and have done some of their own studies. PFT, for me, I know that one just came out, I think it's been a little over a year.

Dr. Wendy Myers

That's the weight loss one.

Tina D'Angelo

Yeah, the PTF because it's got the herbs that are natural thermogenics. So again, it puts your body into that fat-burning state. And then they have things like brown algae and some stuff that they're realizing target visceral fat and visceral fat we know is the hardest fat to lose for one thing, but it surrounds your intestines, heart, and liver. So it is the most crucial fat. It's like the worst fat for your overall health. We are seeing people lose inches and it's one of those things where it's a gradual change. You've gotta do your part, but incorporate it into your everyday life. I would take about two or three times a day because of course, that's where we're eating to live.

So every four to five hours you're gonna want to eat. That's where you're gonna wanna take it. But I personally think a lot of women, because it's hormonal, we're late night snackers, we want something fatty. We want something salty. We want the chips. We want ice cream. I'll be good all day long and then I'd have this dumb craving at night. And what I found is that just by taking the PFT and drinking a big glass of water, the craving is gone. It was a big game changer for me, just having that extra help, it wasn't a big loss, four or five pounds a month, but over eight months, it made a huge difference. And now I've kept it off.

That's what I'm saying. It's not coming back right because my cells are happy. I'm happy and it was just a balancing act for me and my body, what I needed, my own genetics, some of the disorders and things that I have to deal with symptom wise. So, it can help for sure.

Dr. Wendy Myers

I love the PFT. I'd just forgotten what the actual name was. I was thinking it was the NRM, but yeah, the PFT is fantastic. I take that also and definitely notice a difference when I have periods where I'll stop taking stuff, but when I'm right, I'm on it.

I definitely like it. I've run out of it a couple of times, but when I'm taking it, I do notice a difference. What are some of the other ones? There's a heart one, there's a brain one, there's a lot of different products that address different organ systems. Can you talk about that?

Tina D'Angelo

We actually have a kit. It's called a Metabolic Reset that has a lot of the ones that people can just buy wholesale. Some people are just like, I wanna get that whole metabolic reset going and optimize anything else you're doing. I always say you can't overdo health, so I'm never negative on other things people wanna do because it's all a choice. It's all beneficial. Uh, but we definitely promote that kit. It has a lot of good ones in them. Some of the ones we didn't highlight that I love are the HPY Happy. It's got hemp, the ginkgo, the devil's claw, which, I found out some countries are even trying to ban, which is crazy.

That one's gonna help with mood anxiety. It also helps with addiction, which a lot of people don't realize is a mood chemical imbalance. We've had great results with just anything addictive. And then it also helps with female cramps, like peeing. There's some pain receptors in there. I take that one every day. I do tend to be on the little low side for me. I'll get seasonable depression or just depending how my hormones are going for that time. So that one tends to really help me, just keep me overall happy, just that overwhelmed feeling of wellbeing. It's great for kids.

The other one is air. It's like a lower respiratory one. It is actually infused with extra vitamin C, D3 and zinc. I call it the antiviral antifungal, antibacterial drop, because again, there's so many different variations of viruses. We just came out of a pandemic where people were COVID haulers of lung health. It actually increases the plasma levels in the blood. That helps with oxygenation. So it's really great for lung health, but then it has like all those amazing benefits that the minute you're feeling sick, aches, you're exposed to that two days probably prior. When you're exposed, you don't feel it till a couple days to later and then it's already in your system. So then people run and grab all the things, which is fine, but that takes 24 to 36 hours just to go through your digestive track.

So you're lessening the symptoms, but you're usually so many days late. That's what I love about the air. Again, we talk about the immediate benefits, so you have a better chance when you're immediately dosing up on that therapeutic dosing to really just cut it like that. We never get sick in our house. I work at a hospital. I work around patients all day long. I haven't called out sick in years. My kids are healthy. They go to school, and we deal with that during the cold and flu season. We can't get away from it.

Dr. Wendy Myers

I can report the same thing because my daughter will get something or my boyfriend will get something and I don't get sick. I might get a little bit of something, but it's never the severity that they're experiencing. I attribute it to just all the detox that I'm doing and the DNA drops. All the stuff that I've been doing fosters good immunity. If you guys want to learn more about the DNA drops and get them, go to dnadrops.net. That's the place to go to check these out. This is the third podcast I've done on these not because I'm trying to get you guys under my downline or anything like that.

I'm not really making any money off of these. I do it because of the technology with these supplements, with the absorption, it's like 99% absorbability. You're not even getting close to that with a typical multivitamin or supplement, which is mostly synthetic anyway. And how pleasurable they are to take, I don't like taking a ton of pills, just like a lot of people, like kids aren't gonna be taking a ton of pills or, say like my mom's husband, he's taking all kinds of medications and even though we try to talk him out of it, he's just wants to do what he is he's gonna do. He doesn't want to take a bunch of pills and supplements on top of his medications that he's taking. There are a lot of people who can't swallow the pills or what have you. Taking a lozenge like this is so easy. It's literally like you're eating candy. I love it.

Tina D'Angelo

It's really true. I've never had someone say, ick, don't give that to me. In fact, everyone's like, give me more. It's the complete opposite, and you're really spot on. Pill fatigue is real. I work with a lot of doctors, and they're always saying the number one thing their patients are saying is, please, doctor, don't prescribe me one more pill. I can't take one more pill. Like you said, even as you get the younger generation, even the elderly, they can't get down all those pills, they can't swallow. This is actually a perfect solution for so many of the problems of traditional supplementation. That's again why I love it so much.

Dr. Wendy Myers

Again, go to dnadrops.net and check that out. Just dive into all the information there. I can answer all of your questions. Well, Tina, thank you so much for coming on the

show and explaining all the benefits of this great product line. That's why I keep talking about it, because I think these are far superior to most of the products out on the market. They have the proprietary technology for the extraction and preservation of the nutrients. I think the results will speak for themselves. So definitely, I encourage people to try them for themselves. Again, Tina, thanks for coming on the show.

Everyone, I'm Dr. Wendy Myers. Thanks for tuning into the Myers Detox Podcast. Every week, I'm bringing you experts around the world. My hope is for you to just get one little tidbit, one little idea, or try something new. I really hope that the information that you're learning on this show makes a big difference in your life. Thanks for tuning in every week.

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